



Advancing Emotional Well-Being in Schools

Training Series Overview



Advancing Emotional Well-Being in Schools Training Series



School Health 501:
Maximizing Impact:
Effective
Implementation



School Health 402:
From Insights to
Impact



School Health 401:
Foundations of Data-
Driven Decision-
Making



School Health 301:
Teaming Best Practices



School Health 201:
WSCC & School-Based
Mental Health



School Health 101:
NACDD
Process

**Asynchronous
and On-Demand**



Acknowledgements

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Training Goals

The Advancing Emotional Well-Being in Schools training series is designed to build the confidence, knowledge, and skills of education leaders. Participants deepen their understanding of effective practices, strengthen their ability to support schools, and gain practical tools to guide meaningful systems change.

Skill Development



Build technical knowledge and facilitation skills to guide LEAs through evidence-informed planning and implementation.

Alignment



Connect emotional well-being strategies to broader state goals and the WSCC framework to ensure systemic impact.

Leadership Preparation



Equip state leaders to serve as facilitators, coaches, and changemakers in advancing emotional well-being in schools.

Learner Experience

Interactive Lessons



Short, on-demand videos paired with school-based case examples and self-paced reflection.

Practical Tools



Downloadable facilitation resources and activity templates to support implementation.

Recognition and Access



Participants can earn digital badges or certificates based on completion. Those who complete the full series unlock access to the full facilitator toolkit to train others within their school community.



What's Inside?

The Advancing Emotional Well-Being in Schools training series includes nine courses (with one additional course planned but not yet launched) organized across five key learning tracks.

A learning track is a themed collection of trainings that build knowledge and skills around a central topic. These tracks help participants progress from foundational understanding to more advanced application within a particular focus area of school health and emotional well-being.

Across the series, learners build practical skills such as:

- Mapping resources and identifying needs
- Analyzing and acting on data
- Designing and sustaining effective programs
- Leading with clarity and engaging youth voice

Upon completion, learners will be better prepared to support emotional well-being in schools using a strategic, team-based, and data-informed approach.



Foundations

Introduces NACDD's 5-step process for school health and sets the stage for deeper learning.



Aligning Frameworks

Helps participants connect school health efforts with mental health systems using the WSCC model.



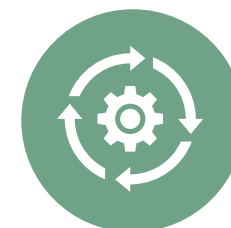
Teaming for Success

Focuses on how to build and sustain effective school health teams, including student leadership.



Data-Driven Decision-Making

Equips participants to use data meaningfully to guide strategy, including screening, assessment, and continuous improvement.



Effective Implementation

Teaches how to apply implementation science, develop strategic plans, choose evidence-based programs, and sustain impact over time.

Getting Started

Become an NACDD member to unlock access to the Learning Library and a wide range of courses designed to support your professional growth.

This Quick Start Guide walks you step by step through creating an account, registering for courses, navigating the Online Learning Center, and more.

[View the NACDD Learner Quick Start Guide](#)



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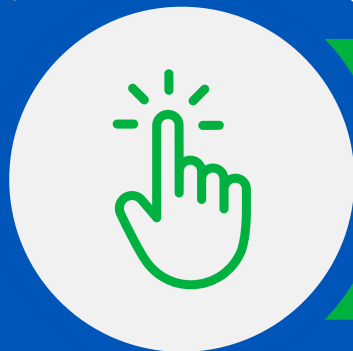


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Learn more at



<https://chronicdisease.org/cahc/school-health/>