

HEALTHY EYES.

HEALTHY BRAIN.

About 12 million Americans age 40 and over have some form of visual impairment, including one million people with blindness.¹



12 MILLION

Visual impairment has been linked to higher risk and greater severity of Alzheimer's Disease.²



Among adults older than 50 years old, 12% have experienced visual impairment or blindness that could have been avoided.³



Around 93 million adults in the United States have a high risk for serious visual impairment, but only half have visited an eye doctor in the past 12 months.¹



Having a chronic health condition, such as diabetes, high blood pressure, or heart disease, can increase the risk of eye disease.⁴



Smoking and being physically inactive can also increase the risk of visual impairment.⁴



Visual impairment can cause a substantial social and economic toll, which includes significant disability, loss of productivity, and decreased quality of life.¹



Early detection and treatment can prevent visual impairment and help reduce the risk of dementia.^{3, 5}



References

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Since 1988, the National Association of Chronic Disease Directors and its more than 7,000 Members have worked to strengthen state-based leadership and expertise for chronic disease prevention and control in all states, territories, and nationally.

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