

More than a decade on the move!



Walkability Action Institute

Physical activity is essential to improving the nation's health. It prevents several chronic diseases, saves healthcare costs, and supports national security through military readiness.

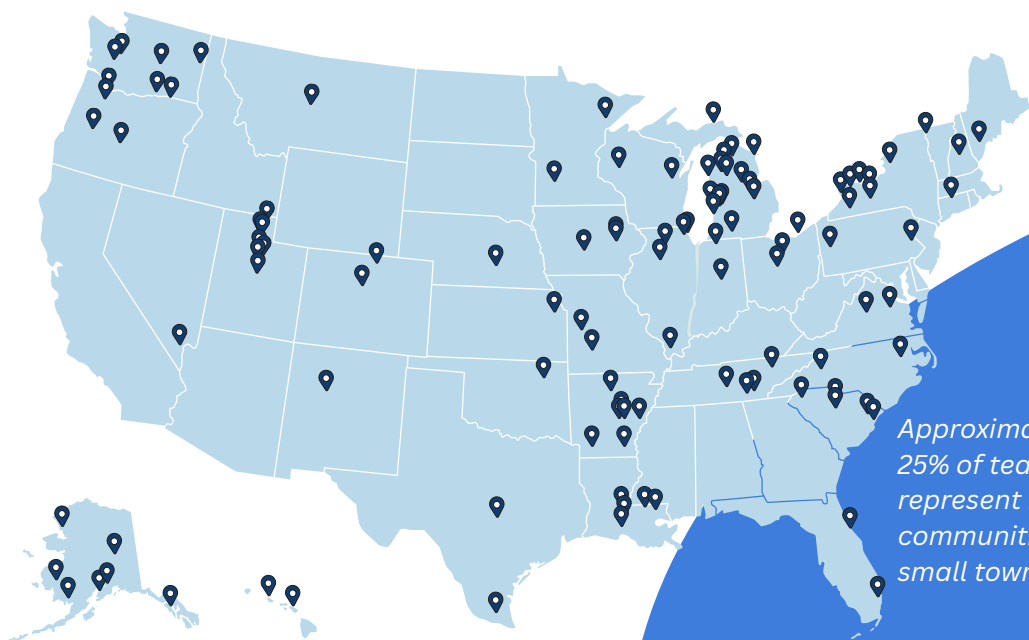
The Centers for Disease Control and Prevention's (CDC) Active People, Healthy NationSM initiative aims to help 27 million Americans become more active by 2027. To support this goal, CDC advances physical activity science and collaborates with states and communities to expand family-friendly opportunities for active, healthy living.

Since 2014, CDC has funded the National Association of Chronic Disease Directors to lead the Walkability Action Institute (WAI). The WAI convenes national experts and interdisciplinary teams to develop action plans that create environments where families can move more and live healthier lives.

1,400
family-friendly community
improvements (like safer streets for
walking and biking to school)
helped over
60 million
Americans

\$540 Million
from various funding sources was
invested to create communities
where families can be active

Every
\$1
CDC spent led to
\$177
invested to create communities
where families can be active



112 Teams

758 People
Trained

34 States

2 U.S.
Territories

11 Years