

Vermont Food and Nutrition Security State Profile

Purpose

The purpose of the Food and Nutrition Security Profile (Profile) is to provide an overview of state and regional efforts and infrastructure to advance food and nutrition security. Although not exhaustive, the Profile serves as a resource to support greater collaboration across disciplines and sectors to improve equitable access to food. The intended audience includes public health practitioners, food policy councils, community-based organizations, food banks and pantries, school district wellness councils, food sovereignty organizations including Indigenous groups and coalitions, and others with a mission to improve food and nutrition security.

The Profile serves as a companion to the [National Food and Nutrition Security Profile](#) and will be reviewed and updated biennially. If you have any questions or comments about your Profile, please contact the Center for Advancing Healthy Communities at CAHCinfo@chronicdisease.org.

Food Banks, Pantries, and Feeding Programs

The following food bank is a member of Feeding America's [network](#).

- [Vermont Food Bank](#)
 - View the [programs offered](#).
 - Serves the entire state of Vermont.
 - View the [partner agencies](#).

Select Food and Nutrition Security Programs

Food Is Medicine Programs

- Find the [Double Up Food Bucks](#) program in your state.

Community Nutrition Education Programs

- [Expanded Food and Nutrition Education Program](#) (EFNEP)
 - The implementing agency is the University of Vermont Cooperative Extension.
- [Supplemental Nutrition Assistance Program Education](#) (SNAP-Ed)
 - The Vermont Department for Children and Families is the state agency responsible for VT SNAP-Ed. The SNAP-Ed implementing agency is the Vermont Department of Health.
- [Supplemental Nutrition Assistant Program](#) (SNAP)
 - [Vermont SNAP Directory](#)



Senior Nutrition Programs

- [Elderly Nutrition Program](#) led by Vermont Department of Disabilities, Aging & Independent Living.
- [Senior Farmers Market Nutrition Program](#) led by the Vermont Agency of Human Services.

Child Nutrition Programs

[United States Department of Agriculture \(USDA\) Child Nutrition Programs](#) contacts for implementing agencies of programs listed below:

- Child and Adult Care Food Program
- Fresh Fruit and Vegetable Program
- National School Lunch Program (Universal School Lunch)
- School Breakfast Program (Universal School Breakfast)
- Special Milk Program
- Summer Food Service Program (SUN Meals)
- The Patrick Leahy Farm to School Program
- USDA Foods in Schools

Emergency Food Response

- USDA Food and Nutrition Service [State COVID-19 Waivers and Flexibilities](#)
- [Vermont State Emergency Management Plan](#)
- [Federal Emergency Management Agency Regional Contact](#) – Region 1
- [Emergency Food Assistance Program \(TEFAP\) Contacts](#)

Food (Policy) Coalitions and Councils

- View [list of food policy councils](#) in each state through the John Hopkins Center for Livable Future's 2021 Food Policy Network Map.
- [Hunger Councils of Vermont](#) organized by Hunger Free Vermont.

Other Key Food and Nutrition Security Organizations

- [Hunger Free Vermont](#) aims to end the injustice of hunger and malnutrition for all Vermonters.
- [The Farm to Plate Network](#) is responsible for implementing the 15 Strategic Goals of Vermont's 2021-2030 food system plan and the [Food Security in Vermont Roadmap to 2035](#).
- [National Farm to School Network – Vermont](#) increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.
- [Northeast Organic Farming Association of Vermont](#) promotes a more verdant, viable, and just Vermont food system.

- [Vermont FEED](#) is a collaborative farm to school project of the Northeast Organic Farming Association of Vermont and Shelburne Farms Institute for Sustainable Schools.
- [Village Hydroponics](#) is an organization dedicated to nourishing its community when other farms cannot, championing food justice, and promoting environmental sustainability.
- [Intervale Center](#) aims to transform the food system and foster a local food economy that is good for people and the planet.
- [Green Mountain Farm-to-School](#) is a leader in the growing farm-to-school movement in Vermont.
- [Northwestern VT Healthy Roots Collaborative](#) is a regional food systems program supporting the growers, producers, and consumers in northwest Vermont.
- [Vermont Farmers Market Association](#) supports farmers markets in Vermont while building direct connections between vendors and local consumers.
- [Abenaki Nation of Missisquoi](#) nourishes its community via an onsite food pantry created in response to the critical need for healthy and nutritious food among Abenaki Elders, children and families.
- [Nulhegan Band of the Coosuk Abenaki Nation](#) offers a myriad of food security and food sovereignty programming including food pantries, a bison herd, and a native seed program.
- [USDA Local Food Directories](#)

Data Sources and Resources

- [Vermont Profile of Hunger, Poverty and Federal Nutrition Programs](#) – Food Research and Action Center
- [The Vermont Agriculture and Food System Strategic Plan](#) – Vermont Farm to Plate
- [Food Security in Vermont: Road Map to 2035](#) – Vermont Sustainable Jobs Fund and Vermont Farm to Plate
- [15 Farm to Plate Goals](#) – Vermont Farm to Plate
- [Food Security in the U.S.](#) – USDA
- [Child Nutrition Programs Dashboard](#) – USDA
- [Food Environment Atlas](#) – USDA
- [Map the Meal Gap](#) – Feeding America

State Public Health Contacts for Food and Nutrition Security

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Women, Infants, and Children Program

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The Improving Food Security, Access to Safe Physical Activity, and Social Connectedness project, commonly known as Building Resilient Inclusive Communities (BRIC), was a national project of the National Association of Chronic Disease Directors that was supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) Cooperative Agreement #OT18-1802, Strengthening Public Health Systems and Services through National Partnerships to Improve and Protect the Nation's Health, in response to the COVID-19 pandemic. The contents of this profile are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS, or the U.S. Government.

The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit chronicdisease.org.