

Texas Food and Nutrition Security State Profile

Overview

The purpose of the Food and Nutrition Security Profile (Profile) is to provide an overview of state and regional efforts and infrastructure to advance food and nutrition security. Although not exhaustive, the Profile serves as a resource to support greater collaboration across disciplines and sectors to improve equitable access to food. The intended audience includes public health practitioners, food policy councils, community-based organizations, food banks and pantries, school district wellness councils, food sovereignty organizations including Indigenous groups and coalitions, and others with a mission to improve food and nutrition security.

The Profile serves as a companion to the [National Food and Nutrition Security Profile](#) and will be reviewed and updated biennially. If you have any questions or comments about your Profile, please contact the Center for Advancing Healthy Communities at CAHCinfo@chronicdisease.org.

Food Banks, Pantries and Feeding Programs

[Feeding Texas](#) is the state's food bank association, supporting the following 20 food banks, the majority of which are also a member of Feeding America's [network](#).

- [Brazos Valley Food Bank](#) (not a member of Feeding America)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).
- [Central Texas Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).
- [Coastal Bend Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).
- [Concho Valley Regional Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).
- [East Texas Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).



- [El Pasoans Fighting Hunger Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Food Bank of West Central Texas](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Food Bank of the Rio Grande Valley](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Food Bank of the Golden Crescent](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Galveston County Food Bank](#) (not a member of Feeding America)
 - View the [programs offered](#).
 - Serves Galveston County.
 - View the [partner agencies](#).

- [Harvest Regional Food Bank](#) (not a member of Feeding Texas)
 - View the [programs offered](#).
 - Serves Bowie County.
 - View the [partner agencies](#).

- [High Plains Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Houston Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Montgomery County Food Bank](#) (not a member of Feeding America)
 - View the [programs offered](#).
 - Serves Montgomery County.
 - View the [partner agencies](#).

- [North Texas Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).



- [San Antonio Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Southeast Texas Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [South Plains Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [South Texas Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Tarrant Area Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [West Texas Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Wichita Falls Area Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

For a list of food banks in your state that operate independently from Feeding America, see [this listing](#) compiled by Food Bank News.

Select Food and Nutrition Security Programs

Food as Medicine Programs

- Find the [Double Up Food Bucks](#) program in your state.
- Locate the [Gus Schumacher Nutrition Incentive Program](#) (GusNIP) grantees in your state:
 - *Current Produce Prescription Funding:*
 - [Ascension Seton](#) (2023-2026)
 - [Brighter Bites](#) (2023-2025)
 - [Texas A&M AgriLife Research](#) (2022-2025)
 - *Current Nutrition Incentive Funding:*
 - [Sustainable Food Center](#) (2022-2025)

Community Nutrition Education Programs

- [Expanded Food and Nutrition Education Program](#) (EFNEP)
 - The implementing agencies are the Texas A&M University Cooperative Extension and Prairie View A&M University.
- [Supplemental Nutrition Assistance Program Education](#) (SNAP-Ed)
 - The Texas Health and Human Services Commission is the state agency responsible for the TX SNAP-Ed program called Good Food, Good Move. The implementing agencies include Brighter Bites and Feeding Texas.
- [Supplemental Nutrition Assistant Program](#) (SNAP)
 - [Texas SNAP Directory](#)

Senior Nutrition Programs

- [Elderly Nutrition Program](#) led by the Texas Department of Health and Human Services, and Texas 211.
- [Senior Farmers Market Nutrition Program](#) led by the Texas Department of Agriculture.

Child Nutrition Programs

[United States Department of Agriculture \(USDA\) Child Nutrition Programs](#) contacts for implementing agencies of programs listed below:

- Child and Adult Care Food Program
- Fresh Fruit and Vegetable Program
- National School Lunch Program
- School Breakfast Program
- Special Milk Program
- Summer Food Service Program (SUN Meals)
- The Patrick Leahy Farm to School Program
- USDA Foods in Schools

Food Distribution Program on Indian Reservations

[Food Distribution Program on Indian Reservation](#) program provides USDA Foods to income-eligible households living on Indian reservations and to Native American households residing in designated areas near reservations. [State program contacts](#)

Emergency Food Response

- USDA Food and Nutrition Service [State COVID-19 Waivers and Flexibilities](#)
- [State of Texas Emergency Management Plan](#)
- [Federal Emergency Management Agency Regional Contact](#) – Region 6
- [Emergency Food Assistance Program \(TEFAP\) Contacts](#)

Food (Policy) Coalitions and Councils

- View [list of food policy councils](#) in each state through the John Hopkins Center for Livable Future's 2021 Food Policy Network Map.

Other Key Food and Nutrition Security Organizations

- [National Farm to School Network - Texas](#) increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.
- [Every Texan](#) strengthens public policy to expand opportunity and equity for all Texans.
- [Healthier Texas](#) is a nonprofit committed to addressing health inequities across the state of Texas through health & civic education, school capacity building and grassroots organizing & advocacy.
- [Texas Association of Community Action Agencies](#) operates programs to increase the capacity of organizations to serve low-income Texans.
- [Baylor University Collaborative on Hunger and Poverty](#) brings together efforts to address hunger in Texas and beyond.
- [Meals on Wheels Association of Texas](#) coordinates home-delivered and congregate meal programs across the state.
- [USDA Local Food Directories](#)

Data Sources and Resources

- [TX Profile of Hunger, Poverty and Federal Nutrition Programs](#) – Food Research and Action Center
- [Food Insecurity and Consumption in Texas](#) – Texas State University
- [Food Security in the U.S.](#) – USDA
- [Child Nutrition Programs Dashboard](#) – USDA
- [Food Environment Atlas](#) – USDA
- [Map the Meal Gap](#) – Feeding America

State Public Health Contacts for Food and Nutrition Security

Chronic Disease Prevention and Health Promotion

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Maternal and Child Health Program

Lori Gabbert Charney, Maternal and Child Health Section Director
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Women, Infants, and Children Program

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For additional information or questions about this Profile, please contact the Center for Advancing Healthy Communities at CAHCinfo@chronicdisease.org.

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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit chronicdisease.org.