

North Carolina Food and Nutrition Security State Profile

Purpose

The purpose of the Food and Nutrition Security Profile (Profile) is to provide an overview of state and regional efforts and infrastructure to advance food and nutrition security. Although not exhaustive, the Profile serves as a resource to support greater collaboration across disciplines and sectors to improve equitable access to food. The intended audience includes public health practitioners, food policy councils, community-based organizations, food banks and pantries, school district wellness councils, food sovereignty organizations including Indigenous groups and coalitions, and others with a mission to improve food and nutrition security.

The Profile serves as a companion to the [National Food and Nutrition Security Profile](#) and will be reviewed and updated biennially. If you have any questions or comments about your Profile, please contact the Center for Advancing Healthy Communities at CAHCinfo@chronicdisease.org.

Food Banks, Pantries and Feeding Programs

[Feeding the Carolinas](#) is the state association supporting both North and South Carolina food banks. The following food banks are members of Feeding America's [network](#).

- [Food Bank of the Albemarle](#)
 - View the [programs offered](#).
 - Serves Northampton County.
 - View the [partner agencies](#).

- [Food Bank of Central & Eastern North Carolina](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Inter-Faith Food Shuttle](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [MANNA Food Bank](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Second Harvest Food Bank of Metrolina](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).



- [Second Harvest Food Bank of Northwest North Carolina](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

- [Second Harvest Food Bank Southeast North Carolina](#)
 - View the [programs offered](#).
 - View the [counties served](#).
 - View the [partner agencies](#).

For a list of food banks in your state that operate independently from Feeding America, see [listing](#) compiled by Food Bank News.

Select Food and Nutrition Security Programs

Food Is Medicine Programs

- Find the [Double Up Food Bucks](#) program in your state.
- Locate the [Gus Schumacher Nutrition Incentive Program](#) (GusNIP) grantees in your state:
 - *Current Nutrition Incentive Funding:*
 - [Appalachian Sustainable Agriculture Project](#) (2023-2026)
 - [Reinvestment Partners](#) (2021-2024)
 - *Current Nutrition Incentive Funding:*
 - [Appalachian Sustainable Agriculture Project](#) (2021-2024 and 2022-2025)
 - [Reinvestment Partners](#) (2021-2024)
 - [YMCA of Northwest North Carolina](#) (2022-2025)

Community Nutrition Education Programs

- [Expanded Food and Nutrition Education Program](#) (EFNEP)
 - The implementation agency is the North Carolina Cooperative Extension.

- [Supplemental Nutrition Assistance Program Education](#) (SNAP-Ed)
 - The North Carolina Division of Social Services is the state agency responsible for the NC SNAP-Ed program known as Durham's Innovative Nutrition Education (DINE). View a [list](#) of the SNAP-Ed implementing agencies.

- [Supplemental Nutrition Assistant Program](#) (SNAP)
 - [North Carolina SNAP Directory](#)

Senior Nutrition Programs

- [Elderly Nutrition Program](#) led by the North Carolina Department of Health and Human Services.
- [Senior Farmers Market Nutrition Program](#) led by the North Carolina Department of Health and Human Services.

Child Nutrition Programs

[United States Department of Agriculture \(USDA\) Child Nutrition Programs](#) contacts for implementing agencies of programs listed below:

- Child and Adult Care Food Program



- Fresh Fruit and Vegetable Program
- National School Lunch Program
- School Breakfast Program
- Special Milk Program
- Summer Food Service Program (SUN Meals)
- The Patrick Leahy Farm to School Program
- USDA Foods in Schools

Food Distribution Program on Indian Reservations

[Food Distribution Program on Indian Reservation](#) program provides USDA Foods to income-eligible households living on Indian reservations and to Native American households residing in designated areas near reservations. [State program contacts](#)

Emergency Food Response

- USDA Food and Nutrition Service [State/Territory COVID-19 Waivers and Flexibilities](#)
- [State Emergency Preparedness Plan](#)
- [Federal Emergency Management Agency Regional Contact](#) – Region 4
- [Emergency Food Assistance Program \(TEFAP\) Contacts](#)

Food (Policy) Coalitions and Councils

- View [list of food policy councils](#) in each state through the John Hopkins Center for Livable Future's 2021 Food Policy Network Map.

Other Key Food and Nutrition Security Organizations

- [National Farm to School Network - North Carolina](#) increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.
- [North Carolina Alliance for Health](#) convenes partners to advance equitable policies that reduce health disparities, prevent chronic disease, and promote health.
- [Society of St. Andrew - North Carolina](#) brings people together to harvest and share healthy food, reduce food waste, and build caring communities by offering nourishment to hungry neighbors.
- [Meals on Wheels Association of North Carolina](#) coordinates home-delivered and congregate meal member programs across the state.
- [USDA Local Food Directories](#)



Data Sources and Resources

- [NC Profile for Hunger, Poverty, and Federal Nutrition Programs](#) – Food Research and Action Center
- [North Carolina Community Food Assessments](#) – North Carolina Cooperative Extension
- [Food Security in the U.S.](#) – USDA
- [Child Nutrition Programs Dashboard](#) – USDA
- [Food Environment Atlas](#) – USDA
- [Map the Meal Gap](#) – Feeding America

State Public Health Contacts for Food and Nutrition Security

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For additional information or questions about this Profile, please contact the Center for Advancing Healthy Communities at CAHCinfo@chronicdisease.org.

The Improving Food Security, Access to Safe Physical Activity, and Social Connectedness project, commonly known as Building Resilient Inclusive Communities (BRIC), was a national project of the National Association of Chronic Disease Directors that was supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) Cooperative Agreement #OT18-1802, Strengthening Public Health Systems and Services through National Partnerships to Improve and Protect the Nation's Health, in response to the COVID-19 pandemic. The contents of this profile are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS, or the U.S. Government.

The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit chronicdisease.org.