

Connecticut Food and Nutrition Security State Profile

Purpose

The purpose of the Food and Nutrition Security Profile (Profile) is to provide an overview of state and regional efforts and infrastructure to advance food and nutrition security. Although not exhaustive, the Profile serves as a resource to support greater collaboration across disciplines and sectors to improve equitable access to food. The intended audience includes public health practitioners, food policy councils, community-based organizations, food banks and pantries, school district wellness councils, food sovereignty organizations including Indigenous groups and coalitions, and others with a mission to improve food and nutrition security.

The Profile serves as a companion to the [National Food and Nutrition Security Profile](#) and will be reviewed and updated biennially. If you have any questions or comments about your Profile, please contact the Center for Advancing Healthy Communities at CAHCinfo@chronicdisease.org.

Food Banks, Pantries and Feeding Programs

The following food bank is a member of Feeding America's [network](#).

- [Connecticut Foodshare](#)
 - View [programs offered](#).
 - Serves all 8 counties in Connecticut.
 - View list of [partner agencies](#).

For a list of food banks in your state that operate independently from Feeding America, see [listing](#) compiled by Food Bank News.

Select Food and Nutrition Security Programs

Food Is Medicine Programs

- Find the [Double Up Food Bucks](#) program in your state.
- [Connecticut Fresh Match program](#) led by End Hunger Connecticut.
- Locate the [Gus Schumacher Nutrition Incentive Program](#) (GusNIP) grantees in your state:
 - *Current Produce Prescription Funding:*
 - [The Griffin Hospital](#) (2022-2025)
 - [Wholesome Wave Connecticut](#) (2022-2025 and 2021-2024)

Community Nutrition Education Programs

- [Expanded Food and Nutrition Education Program](#) (EFNEP)
 - The implementation agency is the University of Connecticut.
- [Supplemental Nutrition Assistance Program Education](#) (SNAP-ED)
 - The Connecticut Department of Social Services is the state agency responsible



for the Connecticut SNAP-Ed program. SNAP-Ed implementing agencies include the Connecticut Department of Public Health, Hispanic Health Council, University of Connecticut College of Agriculture, Health, and Natural Resources, and University of Connecticut Neag School of Education.

- [Supplemental Nutrition Assistance Program \(SNAP\)](#)
 - [Connecticut SNAP Directory](#)

Senior Nutrition Programs

- [Senior Nutrition Program](#) led by the Connecticut State Department of Aging and Disability Services.
- [Senior Farmers Market Nutrition Program](#) led by the Connecticut Department of Agriculture.

Child Nutrition Programs

[United States Department of Agriculture \(USDA\) Child Nutrition Programs](#) contacts for implementing agencies of programs listed below:

- Child and Adult Care Food Program
- Fresh Fruit and Vegetables Program
- National School Lunch Program
- Patrick Leahy Farm to School Program
- School Breakfast Program
- Special Milk Program
- Summer Food Service Program (SUN Meals)
- USDA Foods in Schools

Emergency Food Response

- USDA Food and Nutrition Service [State COVID-19 Waivers and Flexibilities](#)
- [Connecticut Disaster Supplemental Nutrition Assistance Program](#)
- [Connecticut Disaster Recovery Framework](#)
- [Federal Emergency Management Regional Contact](#) – Region 1
- [Emergency Food Assistance Program \(TEFAP\) Contacts](#)

Food (Policy) Coalitions and Councils

- View [list of food policy councils](#) in each state through the John Hopkins Center for Livable Future's 2021 Food Policy Network Map.
- [City of Bridgeport Food Policy Council](#)
- [Connecticut Food Policy Council](#)
- [Connecticut Food System Alliance](#)
- [Hartford Advisory Commission of Food Policy](#)
- [New Haven Food Policy Council](#)

Other Key Food and Nutrition Security Organizations

- [Connecticut FarmLink](#) links farm owners and farm seekers.

- [End Hunger Connecticut!](#) is a statewide anti-hunger nonprofit that is dedicated to eliminating hunger and promoting healthy nutrition.
- [Forge Community Works](#) provides job training, food access, and creates sustainable social enterprises to help people change their lives.
- [Gather New Haven](#) is a nonprofit organization committed to social and environmental justice.
- [Connecticut Breastfeeding Coalition](#) is dedicated to improving Connecticut's health by working collaboratively to protect and promote breastfeeding.
- [USDA Local Food Directories](#)

Data Sources and Resources

- [Connecticut Profile of Hunger, Poverty, and Federal Nutrition Programs](#) – Food Research and Action Center
- [Food Security in the U.S.](#) – USDA
- [Child Nutrition Programs Dashboard](#) – USDA
- [Food Environment Atlas](#) – USDA
- [Map the Meal Gap](#) – Feeding America

State Public Health Contacts for Food and Nutrition Security

[Chronic Disease Prevention and Health Promotion](#)

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[Maternal and Child Health Program](#)

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[Women, Infants, and Children Program](#)

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For additional information or questions about this profile, please contact the Center for Advancing Healthy Communities at CAHCinfo@chronicdisease.org.

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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit chronicdisease.org.