



NATIONAL ASSOCIATION OF  
**CHRONIC DISEASE DIRECTORS**

Promoting Health. Preventing Disease.



# ORIENTATION PACKET

Cardiovascular Health (CVH) Council



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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. Established in 1988, in partnership with the U.S. Centers for Disease Control and Prevention, NACDD is the only membership association of its kind to serve and represent every chronic disease division in all states and U.S. territories. For more information, visit [chronicdisease.org](http://chronicdisease.org).

## Welcome to the CVH Council

Thank you for your interest in the Cardiovascular Health Council (CVH Council)! The CVH Council is a network of *all* CDC-funded state and local partners and their contractors addressing cardiovascular disease prevention and management. The CVH Council supports training, identifies learning opportunities, and facilitates meaningful connections among state and local health departments. The CVH Council also provides the cardiovascular health perspective to other NACDD councils, CDC leadership, and national partners.

## What is the purpose of the CVH Council?

The Purpose of the CVH Council is to:

1. Connect CDC-funded health departments working on heart disease and stroke prevention with each other in meaningful ways to share best practices, ideas, challenges, and solutions.
2. Identify synergies and emerging issues that arise from the CVH Peer to Peer Regional Calls and other NACDD related councils to overlapping priority areas, such as: • health equity and racial justice; • enhancing collaboration with community health workers; and • working with pharmacists, hospitals and health systems.
3. Provide learning opportunities across the CVH Peer to Peer Regional Calls by contributing to webinars, podcasts, and other innovative learning opportunities.

## CVH Council Meetings

**CVH Council Quarterly Calls:** The CVH Council meets quarterly. These calls are open to all members of the CVH Council and includes presentations by national and federal partners on new and emerging topics, updates from state liaisons on related resources and technical assistance, and related information from CDC leadership. Registration information is shared through *Off the Cuff*.

**Peer-to-Peer (P2P) Calls:** P2P Regional Calls build connections within geographic areas through calls every other month, facilitated by state health department staff who have volunteered to serve as P2P CVH Regional Liaisons. The intent of these calls is to facilitate the sharing of promising ideas and state-developed resources among those working on cardiovascular health programs. Based on information shared during the regional meetings, the leadership team will help inform and improve the CVH Council, NACDD, and CDC support for cardiovascular efforts.

## CVH Council Communication

*Off the Cuff*, our weekly e-newsletter, is a compilation of timely information and announcements that are relevant to those working on CDC's Division for Heart Disease and Stroke Prevention funded programs. *Off the Cuff* is distributed weekly and includes:

- updates from the CVH Council, including peer sharing opportunities such as CVH Peer-to-Peer Regional Calls
- upcoming webinars
- useful resources from national and state partners
- sections pertinent to the CDC-funded programs
- section for health department staff questions for their colleagues
- podcast episodes from *The Heart of the Matter* Podcast series ([listen here](#))



### Subscribe to Off the Cuff (OTC)

To subscribe to our newsletter, [click here](#). You will begin receiving OTC within two weeks.

[Learn more](#) about the CVH Council from past and present members.

## Quotes from CVH Members

“You are going to find a partner that’s going to help you get the best possible outcome for the problem.”

“Outside of the CVH Council I would not have had....a forum or network of people for me to be able to connect to different states and what they’re doing.”

“The Council can provide a network for that state to ask questions to be able to show off their highlights to address potential challenges they’re having.”

“It’s nice because there’s just so much sharing and opportunity to learn and move back and forth with each other.”



## CVH Council Roles

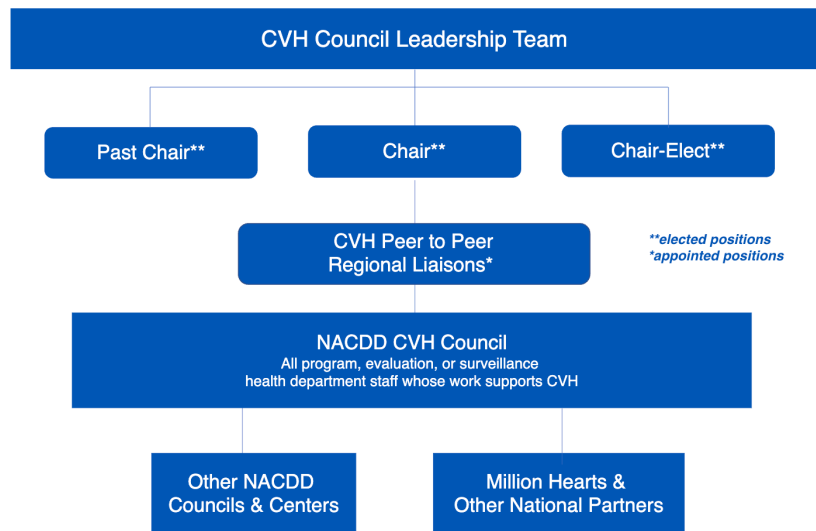
- [CVH Council Leadership Team Members](#) are elected or appointed by members of the NACDD CVH Council. The CVH Council Leadership Team meets monthly and develops agendas for meetings every other month, identifies synergies, and suggests topics for webinars and other methods to enhance sharing information among funded sites. The Leadership Team is made up of the following positions:
  - Chair
  - Chair-Elect
  - Past Chair
  - Health Equity Liaison (Liaison to NACDD’s Health Equity Council)
  - P2P CVH Regional Liaisons
  -
- **NACDD** provides training, learning opportunities, and peer-to-peer networking through the CVH Council.
- **CDC** provides program funding and technical assistance to members of the CVH Council.

**National Association of Chronic Disease Directors (NACDD) Cardiovascular (CVH) Team**  
 Training, Learning Opportunities, and Peer-to-Peer Networking

*in partnership with*

**Centers for Disease Control and Prevention (CDC) Division for Heart Disease and Stroke Prevention (DHDSP)**  
 Funding and Technical Assistance

### CVH Council Organizational Chart



## Contact Information

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|--|--|
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## NACDD Membership

We encourage you to check out the [NACDD 2024 Member Guide here](#), which includes an enhanced collection of resources on racial and health equity to help Members respond more effectively to chronic disease burdens in the United States.

For more information about the Cardiovascular portfolio at NACDD, please visit the [CVH website](#). If you have any questions, please let us know! Our CVH team is happy to assist in any way that we can. We look forward to working with you.

## Helpful Links

To learn more about NACDD, we encourage you to view these current resources:

- **NACDD CVH Webpage:** [chronicdisease.org/page/cardiovascularhealth](https://chronicdisease.org/page/cardiovascularhealth)
- **NACDD At-A-Glance Factsheet:** [chronicdisease.org/nacdd-2021-at-a-glance-fact-sheet](https://chronicdisease.org/nacdd-2021-at-a-glance-fact-sheet)
- **NACDD 2024 Member Guide:** <https://chronicdisease.org/2024-the-future-is-now/>
- **NACDD Social Justice Framework:** [chronicdisease.org/nacdd-social-justice-framework](https://chronicdisease.org/nacdd-social-justice-framework)