



NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS Public Health AmeriCorps South Carolina Service Opportunity IV

POSITION OVERVIEW:

Position Name: NACDD Public Health AmeriCorps Service Member

Position Type/Hours: Three Quarter Time/1200 hours

Service Location: South Carolina Alliance of YMCAs

Living Allowance: \$8,074.00

Education Award: \$5,176.50

Total Award: \$13,250.50

Candidates should be located in one of the counties listed below to support a hybrid service schedule at a YMCA site in one of these locations:

Oconee County/Pickens County, Darlington County, Dorchester County, Richland County, Sumter County

PROGRAM PURPOSE:

The National Association of Chronic Disease Directors (NACDD) is a national public health non-profit agency focused on improving the health of the public by strengthening state and national leadership and expertise for chronic disease prevention and control. NACDD's core membership is composed of the 59 State and Territorial Health Department Chronic Disease Directors and their staff who protect the health of the public through primary and secondary prevention efforts and work "upstream" on root causes of chronic conditions. NACDD promotes health and reduces the burden of chronic disease through various programs and initiatives in collaboration with the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity, and Obesity and the Division of Population Health, and a team of nationally recognized experts.

To enhance public health resources across the country and support state and local public health settings respond to and recover from the COVID-19 pandemic, the Public Health AmeriCorps (PHA) program supports the recruitment, training, and development of the next generation of public health leaders. In partnership with State Health Departments, local health departments, other community-based organizations, and/or local YMCAs or YMCA State Alliances, Service Members will be placed across twenty states to advance existing efforts around food and nutrition security, safe physical activity access, social connectedness, and health equity, all within the context of the impact of the COVID-19 pandemic.

SPECIFIC SERVICE FUNCTIONS AND RESPONSIBILITIES:

The Service Member will support community health and wellness initiatives such as the YMCA of the USA's evidence-based health interventions which include the YMCA Diabetes Prevention Program, Healthy Weight and Your Child, LIVESTRONG at the YMCA and Blood Pressure Self-Monitoring Program under direct supervision of the Community Health Director. Key activities include:

- Work with the SC Alliance of YMCAs Community Health Director to examine statewide Community Health Impact via reviewing raw programmatic data, grant reports, and analyzing SC YMCA's Community Health Programming Infrastructure to develop an improvement plan. Based on the student's interest, other assignments related to health and wellness will be assigned.
- Connect with Alliance Community Health Director weekly to update on program status and progress and as per any additional expectations outlines.
- Complete self-paced eLearning's for each Y-USA Evidence Based Health Intervention to better understand program background, requirements, and expected outcomes.
- Identify 1-2 courses to become fully certified in within 2 months of starting position

- Travel to the local YMCA weekly to spend a minimum of 12 hours per week onsite assisting with various duties in the health and wellness department such as shadowing Wellness Floor attendants and EBHI Staff, conducting blood pressure checks, providing wellness seminars, leading EBHI Program (as applicable), and observing operations for better understanding of services provided.
- Participate in all required Community Health team discussions (meetings, emails, or conference calls) and professional development opportunities, offering ideas and tools for facilitation to other team members and remaining engaged at all times.
- Complete necessary training to maintain active certifications
- Assist onsite Program Coordinator with program outreach on need basis

DESCRIPTION OF ANTICIPATED SERVICE SCHEDULE:

- Hybrid service hours; 50% teleservice, 50% in-person
- Service hours are to be completed Monday-Friday between the hours of 8:00am and 5:00pm time. However, depending on the project at the time, there may be a need to work two days a week between the hours of 12:00pm to 9:00pm.
- A maximum of 20% of service hours may be training, education, or other similar approved activities
- A maximum of 10% of service hours may be fundraising activities

DESIRED SKILLS & COMPETENCIES

- Knowledge and interest in public health/community integrated health and evidence-based initiatives preferred.
- Must be able to remain on feet for extended periods of time.
- Means and ability to travel to UPYMCA branches
- Physical Requirements; carrying, seeing, hearing, speaking, running, crouching, lifting (25lbs) and walking.
- Strong problem-solving skills.
- Strong verbal and written communication skills.
- Highly motivated and a “Can-Do” attitude.
- Ability to speak concisely and effectively communicate.
- Ability to speak in front of a group conveying information with enthusiasm.
- Ability to work a flexible schedule including some nights and weekends.
- YMCA Group Fitness/Personal Trainer Certification or equivalent preferred (if required) (The certification is only required if the Service Member and the Director decide the Service Member will teach the EBHI classes. Otherwise, the candidate can assist without the certification under the guidance of the Director.
- The Service Member will be required to be HIPAA certified on the job and to keep the certification active throughout the course of the service term.

NON-DISCRIMINATION NOTICE

- The NACDD PHA program operates in accordance with federal and AmeriCorps program requirements on non-discrimination. In accordance with applicable laws and regulations, the NACDD PHA program prohibits all forms of discrimination and harassment based on the protected categories of race, color, national origin, sex, age, religion, sexual orientation, disability (mental or physical), gender identity or expression, political affiliation, marital or parental status, reprisal, pregnancy, genetic information (including family medical history), military service, or their submission of a complaint. NACDD’s compliance history is available upon request.

REQUIRED COMMITMENT

- Service members are expected to complete 1200 service hours within a one (1) year timeframe.
 - The service year begins 02/03/2025 and ends 02/02/2026.

ORIENTATION AND TRAINING

Members must participate in

- Pre-service orientation
- PHA-specific training
- Program-specific training
- Any other trainings deemed necessary by the Host Site supervisor

Note: Trainings will be limited to 20% or less of PHA Service Members service hours

EVALUATION AND REPORTING

PHA Service Members will:

- Complete quarterly assessments of the PHA Program including their Host Site experience, trainings, sense of belongingness and inclusivity, interest in pursuing a career in public health, etc.
- Complete monthly reflection forms
- Participate in quarterly performance evaluation and reviews with their Host Site supervisor
- Be required to submit service timesheets biweekly

PUBLIC HEALTH AMERICORPS ELIGIBILITY AND REQUIREMENTS

PHA Service Members must:

- Be at least 18 years of age at the commencement of service
- Have a high diploma or its equivalent
- Be a citizen, national, or lawful permanent resident alien of the United States
- Satisfy the National Service Criminal History Check eligibility criteria pursuant to [45 CFR 2540.202](#)
- Live within commutable distance of the Host Site to accommodate a hybrid service schedule

OTHER PROGRAM ELIGIBILITY AND REQUIREMENTS

- Must be willing to comply with all Host Site vaccination requirements, including for COVID-19
- Successful completion of one or more of the rigorous YMCA of the USA Lifestyle Coach training programs and pre-requisites may be required should the Service Member and the Director decide the Service Member is a good candidate to deliver EBHI training. This training certification will be completed on the job at the cost of the Host Site.

PUBLIC HEALTH AMERICORPS PROGRAM BENEFITS

- Living allowance of \$8,074.00 over the course of the term of service
- \$5,176.50 Segal Education Award at the end of a successful service term
- Student loan deferment and interest forbearance
- Increased professional awareness and accumulated real-world experience to enhance job competence following completion of service year
- Join a network of like-minded leaders who are passionate about improving communities and the health and wellbeing of community members

HOW TO APPLY

- **Submit Your Application by 12/20/24:** Complete and submit the NACDD Public Health AmeriCorps Program Application through the following Smartsheet link:
<https://app.smartsheet.com/b/form/766fd3822c5942aa909458fef11dd12a>

FOR MORE INFORMATION

- Tierney Thomison, Public Health AmeriCorps Program Manager, National Association of Chronic Disease Directors (tthomison@chronicdisease.org) and Chelsea Cole, Public Health AmeriCorps Senior Program Coordinator (ccole@chronicdisease.org)
- [NACDD Public Health AmeriCorps](#)
- [National Association of Chronic Disease Directors \(NACDD\)](#)

