



NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS

Public Health AmeriCorps New York I Service Opportunity

POSITION OVERVIEW:

Position Name: NACDD Public Health AmeriCorps Service Member
Position Type/Hours: Three Quarter Time/1200 hours
Service Location: YMCA of Ithaca and Tompkins County
50 Graham Rd W, Ithaca, NY 14850

Living Allowance: \$8,074.00
Education Award: \$5,176.50
Total Award: \$13,250.50

PROGRAM PURPOSE:

The National Association of Chronic Disease Directors (NACDD) is a national public health non-profit agency focused on improving the health of the public by strengthening state and national leadership and expertise for chronic disease prevention and control. NACDD's core membership is composed of the 59 State and Territorial Health Department Chronic Disease Directors and their staff who protect the health of the public through primary and secondary prevention efforts and work "upstream" on root causes of chronic conditions. NACDD promotes health and reduces the burden of chronic disease through various programs and initiatives in collaboration with the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity, and Obesity and the Division of Population Health, and a team of nationally recognized experts.

To enhance public health resources across the country and support state and local public health settings respond to and recover from the COVID-19 pandemic, the Public Health AmeriCorps (PHA) program supports the recruitment, training, and development of the next generation of public health leaders. In partnership with State Health Departments, local health departments, other community-based organizations, and/or local YMCAs or YMCA State Alliances, Service Members will be placed across twenty states to advance existing efforts around food and nutrition security, safe physical activity access, social connectedness, and health equity, all within the context of the impact of the COVID-19 pandemic.

SPECIFIC SERVICE FUNCTIONS AND RESPONSIBILITIES:

The YMCA of Ithaca & Tompkins County is committed to improving community health through education, offering health promotion programs and advocacy. Our team is dedicated to addressing public health challenges and implementing innovative solutions that promote health equity and well-being for individuals across the lifespan. The Public Health AmeriCorps Service Member will support various initiatives aimed at enhancing community health outcomes. This role offers an excellent opportunity for recent graduates or early-career professionals to gain hands-on experience in public health program facilitation, program implementation, and data analysis. The Service Member will work closely with the Health & Wellness Director, and other Health Promotion staff to design, implement, and evaluate public health programs and initiatives. Key responsibilities include:

- Program Support: Assist in the development, implementation, and evaluation of public health programs and interventions.
- Program Facilitation: Help facilitate different evidence-based or evidence-informed health initiative programs within the YMCA or the community.
- Community Engagement: Collaborate with community stakeholders to assess health needs and promote health programs.
- Data Management: Collect, manage, and analyze data using statistical software and tools.
- Communication: Prepare reports, presentations, and promotional materials to communicate findings and recommendations.
- Training & Workshops: Support the planning and facilitation of training sessions and workshops for community members and stakeholders.

DESCRIPTION OF ANTICIPATED SERVICE SCHEDULE:

- In-person service hours
- Service hours are to be completed during YMCA business hours: Monday-Friday 6am-8pm; Saturdays 8am-5pm, Sundays 9am-3pm. Program and work times will vary and can be flexible.
- A maximum of 20% of service hours may be training, education, or other similar approved activities
- A maximum of 10% of service hours may be fundraising activities

DESIRED SKILLS & COMPETENCIES

- Strong analytical and problem-solving abilities.
- Excellent written and verbal communication skills.
- Ability to learn how to manage data within our software systems (Daxko, WellD, Google Suite or Products).
- Ability to work independently and collaboratively in a team environment.
- Experience in public health, community health, health promotion is a plus, but not required.
- A strong commitment to improving health outcomes and advancing health equity.

NON-DISCRIMINATION NOTICE

- The NACDD PHA program operates in accordance with federal and AmeriCorps program requirements on non-discrimination. In accordance with applicable laws and regulations, the NACDD PHA program prohibits all forms of discrimination and harassment based on the protected categories of race, color, national origin, sex, age, religion, sexual orientation, disability (mental or physical), gender identity or expression, political affiliation, marital or parental status, reprisal, pregnancy, genetic information (including family medical history), military service, or their submission of a complaint. NACDD's compliance history is available upon request.

REQUIRED COMMITMENT

- Service members are expected to complete 1200 service hours within a one (1) year timeframe.
 - The service year begins 02/03/2025 and ends 02/02/2026.

ORIENTATION AND TRAINING

Members must participate in

- Pre-service orientation
- PHA-specific training
- Program-specific training
- Any other trainings deemed necessary by the Host Site supervisor

Note: Trainings will be limited to 20% or less of PHA Service Members service hours

EVALUATION AND REPORTING

PHA Service Members will:

- Complete quarterly assessments of the PHA Program including their Host Site experience, trainings, sense of belongingness and inclusivity, interest in pursuing a career in public health, etc.
- Complete monthly reflection forms
- Participate in quarterly performance evaluation and reviews with their Host Site supervisor
- Be required to submit service timesheets biweekly

PUBLIC HEALTH AMERICORPS ELIGIBILITY AND REQUIREMENTS

PHA Service Members must:

- Be at least 18 years of age at the commencement of service
- Have a high diploma or its equivalent
- Be a citizen, national, or lawful permanent resident alien of the United States
- Satisfy the National Service Criminal History Check eligibility criteria pursuant to [45 CFR 2540.202](#)
- Live within commutable distance of the Host Site to accommodate a hybrid service schedule

OTHER PROGRAM ELIGIBILITY AND REQUIREMENTS

- Must be willing to comply with all Host Site vaccination requirements, including for COVID-19
- Recent graduate or current student in a public health, or public health related field.

PUBLIC HEALTH AMERICORPS PROGRAM BENEFITS

- Living allowance of \$8,074.00 over the course of the term of service
- \$5,176.50 Segal Education Award at the end of a successful service term
- Student loan deferment and interest forbearance
- Increased professional awareness and accumulated real-world experience to enhance job competence following completion of service year
- Join a network of like-minded leaders who are passionate about improving communities and the health and wellbeing of community members
- Professional development opportunities, including training and mentorship.
- Networking opportunities within the public health and wellness community.
- Included membership to the YMCA of Ithaca & Tompkins County.
- Ability to work within multiple sub areas of public health and health promotion including evidence-based health initiatives, group exercise, personal training, and small group training

HOW TO APPLY

- **Submit Your Application by 12/20/24:** Complete and submit the NACDD Public Health AmeriCorps Program Application through the following Smartsheet link:
<https://app.smartsheet.com/b/form/766fd3822c5942aa909458fef11dd12a>

FOR MORE INFORMATION

- Tierney Thomison, Public Health AmeriCorps Program Manager, National Association of Chronic Disease Directors (tthomison@chronicdisease.org) and Chelsea Cole, Public Health AmeriCorps Senior Program Coordinator (ccole@chronicdisease.org)
- [NACDD Public Health AmeriCorps](#)
- [National Association of Chronic Disease Directors \(NACDD\)](#)