



Shane P. Thomas, Shoalwater Bay Indian Tribe



COLORECTAL CANCER IS PREVENTABLE

Pray to live stronger

My name is Shane, and I have lost family to colorectal cancer. The pain of losing a loved one to colorectal cancer has driven me to make healthier choices and get screened for colorectal cancer. I'm a family man and I want to be around for the special moments in life and that means taking care of myself.

Take the right steps today so that you can live a healthy tomorrow. **If you're between the ages of 45 and 75, talk to your provider about colorectal cancer screening.**



For more information, visit [cancer.org](https://www.cancer.org) or call (360) 426-3990.

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