

Reduce your risk for colorectal cancer by getting screened regularly. Screening can find small growths (polyps) so they can be removed before they turn into cancer.

Most people should begin screening for colorectal cancer beginning at age 45. However, you may need to be screened earlier than 45, if you have a:

- Personal history of colorectal cancer or certain polyps
- Family history of colorectal cancer or certain polyps, or genetic syndromes

A simple test can save your life. Talk to your provider about colorectal cancer screening.

For more information, visit cancer.org or call (360) 426-3990.

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