

## Do it for you. Do it for them.

Colorectal cancer is a leading cause of cancer death in American Indian and Alaska Native communities. **If you're 45 or older,** talk to your provider about colorectal cancer screening and learn more about ways to lower your risk.

Talk to your loved ones about the importance of early detection and encourage them to get screened. Losing friends and family to cancer is a pain we don't want future generations to know.

## Get screened for colorectal cancer today.

For more information, visit cancer.org or call (360) 426-3990.

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