

## NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS

### Public Health AmeriCorps Minnesota Service Opportunity I

#### POSITION OVERVIEW:

**Position Name:** NACDD Public Health AmeriCorps Service Member

**Position Type/Hours:** Three Quarter time / 1200 hours

**Service Location:** YMCA of the North

St. Paul Midway and Minneapolis Dayton Y locations

1761 University Avenue West, St. Paul, MN 55104 &

651 Nicollet Mall, downtown Minneapolis. 55402

**Living Allowance:** \$8,074.00

**Education Award:** \$5,176.50

**Total Award:** \$13,250.50

#### PROGRAM PURPOSE:

The National Association of Chronic Disease Directors (NACDD) is a national public health non-profit agency focused on improving the health of the public by strengthening state and national leadership and expertise for chronic disease prevention and control. NACDD's core membership is composed of the 59 State and Territorial Health Department Chronic Disease Directors and their staff who protect the health of the public through primary and secondary prevention efforts and work "upstream" on root causes of chronic conditions. NACDD promotes health and reduces the burden of chronic disease through various programs and initiatives in collaboration with the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity, and Obesity and the Division of Population Health, and a team of nationally recognized experts.

To enhance public health resources across the country and support state and local public health settings respond to and recover from the COVID-19 pandemic, the Public Health AmeriCorps (PHA) program supports the recruitment, training, and development of the next generation of public health leaders. In partnership with State Health Departments, local health departments, other community-based organizations, and/or local YMCAs or YMCA State Alliances, Service Members will be placed across twenty states to advance existing efforts around food and nutrition security, safe physical activity access, social connectedness, and health equity, all within the context of the impact of the COVID-19 pandemic.

#### SPECIFIC SERVICE FUNCTIONS AND RESPONSIBILITIES:

The Service Member will support physical activity and wellness programs at the St. Paul Midway and Minneapolis Dayton YMCA locations. Specific functions of the position include:

- ForeverWell Programs; Wellness Programs | promoting events to community & members.
- Implement ForeverWell member engagement strategy | making phone calls to inactive members.
- Create and lead ForeverWell events | example: lunch and learn programs or healthy living seminars
- Increase member awareness of Midway and Dayton Community Wellbeing Programs | promotion through flyers, newsletters, table displays etc.
- Lead new member orientations: share complimentary services, tour of facility; discussion of program opps.
- Conduct eGym orientations: Promote and schedule orientations with Personal Trainer.
- Create Community Health Fair: Invite organizations to come set up informational tables about their services and programs; promote event to community at large and members.
- Design Fall 2025 Wellbeing event : could be a social gathering; educational event (examples)

- Develop community partners: identify community partners and engage in ForeverWell work.

## DESIRED SKILLS & COMPETENCIES

- Engaging community & members
- Communication and Influence
- Inclusion
- Proficient computer skills
- Project Management skills

## NON-DISCRIMINATION NOTICE

- The NACDD PHA program operates in accordance with federal and AmeriCorps program requirements on non-discrimination. In accordance with applicable laws and regulations, the NACDD PHA program prohibits all forms of discrimination and harassment based on the protected categories of race, color, national origin, sex, age, religion, sexual orientation, disability (mental or physical), gender identity or expression, political affiliation, marital or parental status, reprisal, pregnancy, genetic information (including family medical history), military service, or their submission of a complaint. NACDD's compliance history is available upon request.

## REQUIRED COMMITMENT

- Service members are expected to complete 1200 service hours within a one (1) year timeframe.
  - The service year is anticipated to begin 02/03/2025 and end 02/02/2026.

## DESCRIPTION OF ANTICIPATED SERVICE SCHEDULE:

- In person service hours at Midway YMCA and Dayton YMCA
- Four days a week at 6 hours per day (flexible) with ability to flex days and work possibly one Saturday per month with "Self Care Saturdays" when possible.

## ORIENTATION AND TRAINING

Members must participate in

- Pre-service orientation
- PHA-specific training
- Program-specific training
- Any other trainings deemed necessary by the Host Site supervisor

Note: Trainings will be limited to 20% or less of PHA Service Members total service hours

## EVALUATION AND REPORTING

PHA Service Members will:

- Complete quarterly assessments of the PHA Program including their Host Site experience, trainings, sense of belongingness and inclusivity, interest in pursuing a career in public health, etc.

- Complete monthly reflection forms
- Participate in quarterly performance evaluation and reviews with their Host Site supervisor
- Be required to submit service timesheets biweekly

## **PUBLIC HEALTH AMERICORPS ELIGIBILITY AND REQUIREMENTS**

PHA Service Members must:

- Be at least 18 years of age at the commencement of service
- Have a high diploma or its equivalent
- Be a citizen, national, or lawful permanent resident alien of the United States
- Satisfy the National Service Criminal History Check eligibility criteria pursuant to [45 CFR 2540.202](#)
- Live within commutable distance of the Host Site to accommodate a hybrid service schedule

## **OTHER PROGRAM ELIGIBILITY AND REQUIREMENTS**

- Must be willing to comply with all Host Site vaccination requirements, including for COVID-19

## **PUBLIC HEALTH AMERICORPS PROGRAM BENEFITS**

- Living allowance of \$8,074.00 over the course of the term of service
- \$5,176.50 Segal Education Award at the end of a successful service term
- Student loan deferment and interest forbearance
- Increased professional awareness and accumulated real-world experience to enhance job competence following completion of service year
- Join a network of like-minded leaders who are passionate about improving communities and the health and wellbeing of community members

## **HOW TO APPLY**

- **Submit Your Application by 12/20/24:** Complete and submit the NACDD Public Health AmeriCorps Program Application through the following Smartsheet link:
  - <https://app.smartsheet.com/b/form/766fd3822c5942aa909458fef11dd12a>

## **FOR MORE INFORMATION**

- Tierney Thomison, Public Health AmeriCorps Program Manager, National Association of Chronic Disease Directors ([tthomison@chronicdisease.org](mailto:tthomison@chronicdisease.org)) and Chelsea Cole, Public Health AmeriCorps Senior Program Coordinator ([ccole@chronicdisease.org](mailto:ccole@chronicdisease.org))
- [NACDD Public Health AmeriCorps](#)
- [National Association of Chronic Disease Directors \(NACDD\)](#)