



# COLORECTAL CANCER IS PREVENTABLE

## A simple test could save your life

**M**y name is Robert, and I am a colorectal cancer survivor. Living on the reservation, I'd never heard about colorectal cancer until I was told that I had it. I didn't know there was something we could do to protect ourselves, our family, and our community from colorectal cancer. That was 10 years ago and now I know much more about it. All Native American people are at risk. If you are between the ages of 45 and 75, talk to your doctor about getting screened. Honor the gift of health we have been given.

**Colorectal cancer doesn't always have symptoms—that's why getting screened is so important.**

*Adapted from the Albuquerque Area Southwest Tribal Epidemiology Center.*



**For more information, call 800-745-3466**