

Year 9 (2023, Cohort 11) Outcomes Tracker to Date

(Prepared and Submitted by Karma E. Edwards, MSPH – NACDD Walkability Project Lead)

Year 9 (2023, Cohort 11) National Walkability Virtual Academy (WVA) Specifics:

- Official Course Title: Active People, Healthy NationSM National Walkability Virtual Academy
- Course Implemented: February 27 May 1, 2023, via the Zoom Meeting platform
- Target Audience: Interdisciplinary local teams
- Course Attendees: Four Total Teams
 - Included four local interdisciplinary teams
 - All four teams (100%) received mini-grants in the amount of \$10,000 each to use as starter implementation grants.
- Total Course Participants: 23 interdisciplinary local team participants

Year 9 (2023, Cohort 11) Local Teams:

- 1) Genesee County, New York
- 2) Linn County, Iowa
- 3) Nibley City, Utah
- 4) Schuyler County, New York

Year 9 (2023, Cohort 11) Individual Outcomes to Date:

Genesee County, New York:

- Original WVA team is still meeting quarterly.
- New Environmental Changes:
 - The WAI team implemented a pop-up demonstration project on Bank Street that included two crosswalks and several curb bulb-outs (n=1).
- Total Estimated Reach Provided = Not Provided
- Total of one new environmental improvement. (one total outcome).
- Reported total funds leveraged since attending the WAI = Not Provided





Linn County, Iowa:

 Original WVA team is no longer meeting regularly but do interact routinely with interdisciplinary partners.

New Policy Changes:

A new <u>Safe Routes to School Plan</u> is now in place within the Linn-Mar School District, with potential to reach 2,232 students at four participating schools (n=1).

New Environmental Changes:

 New wayfinding signs are now in place along Linn County Trails, courtesy of the local MPO (n=1; counted as n=1 since the number and locations of wayfinding trails were not specified).

New Non-PSE Outcomes:

- A fact sheet was developed for four schools included in the Safe Routes to School Plan that lists out areas-of-improvement and solution projects for each location (n=4).
- A <u>You Tube story video</u> was developed to introduce the Safe Routes to School Plan (n=1).
- The Chain Reaction Bike Hub program was established to repurpose bicycles from landfills and provide to at-risk youth and unhoused populations, where mentor/mentee relationships are being formed to teach life skills and bicycle maintenance skills (n=1).
- Total Estimated Reach Provided = 2,232
- Total of one new policy change, one new environmental improvement, and six new non-PSE outcomes. (eight total outcomes).
- Reported total funds leveraged since attending the WAI = Not Provided

Nibley City, Utah:

 Original WVA team is no longer meeting regularly but do interact routinely with interdisciplinary partners.

New Systems Changes:

 The jurisdictions of Nibley City and Logan City engaged in join budget allocation for a future trail connection between Firefly Park and Strata Apartment complex (n=1).



 Nibley City successfully achieved budget allocation for future development of an Active Transportation Plan (n=1).

New Non-PSE Outcomes:

- The WAI partners coordinated with Nibley Elementary School Administration to identify barriers of walking/biking to school in preparation for upcoming Safe Routes programs and projects (n=1).
- Total Estimated Reach Provided = Not Provided
- Total of two new system changes and one new non-PSE outcomes. (three total outcomes).
- Reported total funds leveraged since attending the WAI = \$35,000 from the following sources:
 - Received \$35,000 from the Utah DOT to assist with future Active Transportation
 Plan development.

Schuyler County, New York:

 Original WVA team is no longer meeting regularly but do interact routinely with interdisciplinary partners.

New Systems Changes:

- A new Memorandum of Understanding (MOU) was established between Schuyler County and the Village of Odessa as agreement to jointly pursue a Complete Streets Plan/Policy (n=1).
- A Walking School Bus was established for the Watkins Glen School District (n=1).

New Environmental Changes:

 After years of planning and land and fund acquisition, the 2.5-mile Odessa-Hector Rail Trail within the Village of Odessa officially opened in September 2023 for pedestrians, bicyclists, and horse riders at no cost to taxpayers (n=1).

New Non-PSE Outcomes:

- Members of the WAI team conducted a presentation to the Odessa Montour School Board on Safe Routes to School policies (n=1).
- The Step On It Walking Group Power Up Your Strides! is now in place for residents who enjoy walking and who want to participate in a trail walking group (n=1).
- Total Estimated Reach Provided = Not Provided



- Total of two new system changes, one new environmental improvement, and two new non-PSE outcomes. (five total outcomes).
- Reported total funds leveraged since attending the WAI = Not Provided

Year 9 (2023, Cohort 11) Collective Outcomes to Date:

- The breakdown of the outcomes is detailed in Chart 1 below in the following outcome categories:
 - New Policy Changes;
 - New System Changes;
 - New Environmental Changes;
 - New Non-PSE Outcomes;
 - New Resources;
 - New Tools; and
 - Additional Outcomes in Progress (not yet accomplished)

Chart 1: Year 9 (2023, Cohort 11) Total Number of Outcomes per Team

Year 9/Cohort 11 Teams:	New Policy Changes:	New System Changes:	New Environ- mental Changes:	New Non-PSE Changes:	New Tools:	New Resources:	Additional Outcomes in Progress:	Totals:
Genesee County, New York:	0	0	1	0	0	0	0	1
Linn County,	1	0	1	6	0	0	0	8
Nibley City, Utah	0	2	0	1	0	0	0	3
Schuyler County, New York	0	2	1	2	0	0	0	5
TOTALS	1	4	3	9	0	0	0	17



- Collectively, the Year 9/Cohort 11 has achieved 17 total outcomes (as of November 2023), affecting 2,232 estimated individuals.
- The breakdown of total estimated reach and funds leveraged per Year 9/Cohort 11 team is reflected in **Chart 2**.

Chart 2: Year 9 (2023, Cohort 11) Team Estimated Reach and Leveraged Funds

Team:	Reported Funds Leveraged:	Reported Estimated Reach:		
Genesee County, New York				
Linn County, Iowa		2,232		
Nibley City, Utah	\$35,000			
Schuyler County, New York				
TOTALS	\$35,000	2,232		

- Collectively to date, the Year 9/Cohort 11 has leveraged a total of \$35,000 since attending the NACDD WVA to implement walkability and active transportation efforts in their respective locations.
- A total project budget of \$720,000 in 2023 was invested by CDC Division of Nutrition Physical Activity and Obesity (DNPAO) to NACDD for the ninth annual WVA event.
 - This total amount reflects all funds involved in the planning, implementation, and evaluation of the WAI course.
 - Since this amount provides for three Year 9 Cohorts (National WVA, Louisiana, and South Carolina) and an additional Island Walkability Action Institute (WAI) in the Commonwealth of the Northern Mariana Islands (CNMI), the total annual funding will be divided evenly between the four groups, representing an estimated investment of \$180,000 for each of the three Year 9 cohorts for WAI planning, implementation, and evaluation and for the CNMI WAI.
 - The amount of funds collectively leveraged via self-reported voluntary progress reports of \$35,000 divided by the total Cohort 11 project budget of \$180,000 to determine an estimated <u>project</u> return on investment (ROI) ratio of <u>0.2:1</u>.

^{*}Please note that these outcomes are provided through voluntary annual online progress reports. We only have outcomes documented for those teams that complete the progress



reports. Because the outcome and fiscal data are voluntarily self-reported by Team Leads, outcomes are likely underreported.

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