



## NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS

### Public Health AmeriCorps Utah Service Opportunity I

#### POSITION OVERVIEW:

**Position Name:** NACDD Public Health AmeriCorps Service Member

**Position Type/Hours:** Three Quarter Time/1200 hours

**Service Location:** Utah Department of Health and Human Services.  
288 N. 1460 W. Salt Lake City, Utah 84116.

**Living Allowance:** \$8,074.00

**Education Award:** \$5,176.50

**Total Award:** \$13,250.50

#### PROGRAM PURPOSE:

The National Association of Chronic Disease Directors (NACDD) is a national public health non-profit agency focused on improving the health of the public by strengthening state and national leadership and expertise for chronic disease prevention and control. NACDD's core membership is composed of the 59 State and Territorial Health Department Chronic Disease Directors and their staff who protect the health of the public through primary and secondary prevention efforts and work "upstream" on root causes of chronic conditions. NACDD promotes health and reduces the burden of chronic disease through various programs and initiatives in collaboration with the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity, and Obesity and the Division of Population Health, and a team of nationally recognized experts.

To enhance public health resources across the country and support state and local public health settings respond to and recover from the COVID-19 pandemic, the Public Health AmeriCorps (PHA) program supports the recruitment, training, and development of the next generation of public health leaders. In partnership with State Health Departments, local health departments, other community-based organizations, and/or local YMCAs or YMCA State Alliances, Service Members will be placed across twenty states to advance existing efforts around food and nutrition security, safe physical activity access, social connectedness, and health equity, all within the context of the impact of the COVID-19 pandemic.

#### SPECIFIC SERVICE FUNCTIONS AND RESPONSIBILITIES:

The PHA Service Member will support the Utah Department of Health and Human Services, Division of Population Health, Office of Health Promotion and Prevention, Healthy Aging Program. The Healthy Aging Program receives federal and state funds to address arthritis, disability and health, falls prevention, and Parkinson's disease. Our vision is to empower adults to age well. Our mission is to make a sustainable age-friendly public health system to improve the lives of those living with chronic conditions through the following activities: Enhance and develop partnerships, regularly conduct surveillance and evaluation, promote the use of best practices, share resources, and facilitate open communication.

This PHA Service Member will primarily support work that addresses the growing public health problems of arthritis and its related limitations and impacts among Utah adults and underserved communities by helping our network of partners 1) Expand on sustainably disseminating Arthritis-Approved Evidence Based Interventions (AAEBIs), including program(s) available for remote delivery intended to help increase outreach to our selected disproportionately impacted rural communities, 2) Expand on strategies to increase physical activity assessments and physical activity counseling and sustainable referral pathways to AAEBIs among healthcare providers and other organizations. Secondary projects may include supporting falls prevention initiatives, which focus on increasing safe and accessible places and programs for adults to be physically active and socially connect with others in their community. The service may also help support individuals with disabilities and the Utah Health Improvement Plan. Work will focus on building connections and increasing access to

healthcare and other community-based programs for individuals with disabilities through strategic partnerships, community engagement, policy advocacy, and education.

The PHA Service Member will fulfill a Health Program Specialist role. Activities that support the above work may include leadership roles (planning, developing, coordinating a specific project), linkages with partners (supporting implementation through meetings, contract development and monitoring, providing resources, outreach, planning activities), reporting and evaluation (report on progress, use data to showcase progress or gaps in service), and marketing and outreach (developing factsheets and social media posts that align with our communication plan and promote programming).

#### **DESCRIPTION OF ANTICIPATED SERVICE SCHEDULE:**

- Hybrid service hours. In person service hours will vary depending on the living location and number of hours a week an employee works. Employees may be required to come in a minimum of twice a month up to two times a week.
- Service hours are to be completed Monday-Friday between the hours of 8:00am and 5:00pm time. Any flexed schedules will be approved in conversation with the team manager.
- A maximum of 20% of service hours may be training, education, or other similar approved activities
- A maximum of 10% of service hours may be fundraising activities

#### **DESIRED SKILLS & COMPETENCIES**

Ideal Candidate:

- Self-starter, independent worker.
- Experience working with adults ages 18+.
- Knows how to pay close attention-to-detail.
- Has the ability to plan ahead and has otherwise impeccable time management skills.
- Possesses a collaborative and positive attitude.
- Has great communication and interpersonal skills.
- Can be flexible, is willing to learn, and has empathy for others.

Candidates will experience more success if they:

- Have project management experience.
- Understand and possess the needed skills to build websites using WordPress.
- Have experience writing grants and managing grant activities.
- Have evaluation experience.
- Have strong administrative and clerical skills.

#### **NON-DISCRIMINATION NOTICE**

- The NACDD PHA program operates in accordance with federal and AmeriCorps program requirements on non-discrimination. In accordance with applicable laws and regulations, the NACDD PHA program prohibits all forms of discrimination and harassment based on the protected categories of race, color, national origin, sex, age, religion, sexual orientation, disability (mental or physical), gender identity or expression, political affiliation, marital or parental status, reprisal, pregnancy, genetic information (including family medical history), military service, or their submission of a complaint. NACDD's compliance history is available upon request

#### **REQUIRED COMMITMENT**

- Service members are expected to complete 1200 service hours within a one (1) year timeframe.
  - The service year begins 10/07/2024 and ends 10/06/2025

#### **ORIENTATION AND TRAINING**

Members must participate in

- Pre-service orientation
- PHA-specific training

- Program-specific training
- Any other trainings deemed necessary by the Host Site supervisor

Note: Trainings will be limited to 20% or less of PHA Service Members service hours

## EVALUATION AND REPORTING

PHA Service Members will:

- Complete quarterly assessments of the PHA Program to include their Host Site experience, trainings, sense of belongingness and inclusivity, interest in pursuing a career in public health, etc.
- Complete monthly reflection forms
- Participate in quarterly performance evaluation and reviews with their Host Site supervisor
- Be required to submit service timesheets biweekly

## PUBLIC HEALTH AMERICORPS ELIGIBILITY AND REQUIREMENTS

PHA Service Members must:

- Be at least 18 years of age at the commencement of service
- Have a high diploma or its equivalent
- Be a citizen, national, or lawful permanent resident alien of the United States
- Satisfy the National Service Criminal History Check eligibility criteria pursuant to [45 CFR 2540.202](#)
- Live within commutable distance of the Host Site to accommodate a hybrid service schedule

## OTHER PROGRAM ELIGIBILITY AND REQUIREMENTS

- Must be willing to comply with all Host Site vaccination requirements, including for COVID-19

## PUBLIC HEALTH AMERICORPS PROGRAM BENEFITS

- Living allowance of \$7,144.00 over the course of the term of service
- \$5,176.50 Segal Education Award at the end of a successful service term
- Student loan deferment and interest forbearance
- Increased professional awareness and accumulated real-world experience to enhance job competence following completion of service year
- Join a network of like-minded leaders who are passionate about improving communities and the health and wellbeing of community members

## HOW TO APPLY

- **Submit Your Application by 8/30/24:** Complete and submit the NACDD Public Health AmeriCorps Program Application through the following Smartsheet link:  
<https://app.smartsheet.com/b/form/766fd3822c5942aa909458fef11dd12a>

## FOR MORE INFORMATION

- Tierney Thomison, Public Health AmeriCorps Program Manager, National Association of Chronic Disease Directors ([tthomison@chronicdisease.org](mailto:tthomison@chronicdisease.org)) and Chelsea Cole, Public Health AmeriCorps Senior Program Coordinator ([ccole@chronicdisease.org](mailto:ccole@chronicdisease.org))
- [NACDD Public Health AmeriCorps](#)
- [National Association of Chronic Disease Directors \(NACDD\)](#)

