



NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS Public Health AmeriCorps South Carolina Service Opportunity III

POSITION OVERVIEW:

Position Name: NACDD Public Health AmeriCorps Service Member

Position Type/Hours: Three Quarter Time/1200 hours

Service Location: Upper Palmetto YMCA
151 S Oakland Ave, Rock Hill, SC 29730

Living Allowance: \$7,144.00

Education Award: \$5,176.50

Total Award: \$12,320.50

PROGRAM PURPOSE:

The National Association of Chronic Disease Directors (NACDD) is a national public health non-profit agency focused on improving the health of the public by strengthening state and national leadership and expertise for chronic disease prevention and control. NACDD's core membership is composed of the 59 State and Territorial Health Department Chronic Disease Directors and their staff who protect the health of the public through primary and secondary prevention efforts and work "upstream" on root causes of chronic conditions. NACDD promotes health and reduces the burden of chronic disease through various programs and initiatives in collaboration with the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity, and Obesity and the Division of Population Health, and a team of nationally recognized experts.

To enhance public health resources across the country and support state and local public health settings respond to and recover from the COVID-19 pandemic, the Public Health AmeriCorps (PHA) program supports the recruitment, training, and development of the next generation of public health leaders. In partnership with State Health Departments, local health departments, other community-based organizations, and/or local YMCAs or YMCA State Alliances, Service Members will be placed across twenty states to advance existing efforts around food and nutrition security, safe physical activity access, social connectedness, and health equity, all within the context of the impact of the COVID-19 pandemic.

SPECIFIC SERVICE FUNCTIONS AND RESPONSIBILITIES:

The Service Member will support community health and wellness initiatives and programs such as the Medical Referral Program (50 for \$50), Corporate Wellness and any evidence-based initiatives such as the YMCA Diabetes Prevention Program, Healthy Weight and Your Child, LiveSTRONG at the YMCA and Blood Pressure Self-Monitoring under direct supervision of the Community Health Director. Key activities include:

- Deliver curriculum to program participants in effective, meaningful, and compelling ways.
- Encourage group participation and interaction through open-ended questions and other facilitation skills.
- Cultivate participant commitment and support retention of participants.
- Create a safe, judgment-free, and encouraging environment that is friendly and non-competitive for participants.
- Foster relationships with and between participants.
- Make learning a shared responsibility for the group.
- Support and encourage participant goal setting at each session.
- Travel to community locations for program delivery.
- Prepare for each session (e.g., review session content, develop facilitation outline, review notes and participant food and activity trackers, conduct participant reminder call/send participant reminder email).
- Follow requirements for all classes. i.e. (Weigh participants at each DPP session.)
- Be accessible to participants before and after sessions to answer questions and provide follow-up.
- Follow-up with participants outside of class as needed.
- Schedule and conduct in-person make-up sessions for programs in which they are required

- Record weekly data for each participant (for example: attendance, weight, physical activity minutes, food tracker completion) in electronic database according to data entry timing requirements.
- Arrive for class on time and dressed appropriately.
- Participate in all required Lifestyle Coach team discussions (meetings, emails, or conference calls) and professional development opportunities, offering ideas and tools for facilitation to other team members and remaining engaged at all times.
- Connect with Program Coordinator on a regular basis to update on program status and progress and as per any additional expectations outlines.
- Shadow fellow Lifestyle Coaches for continued learning opportunities
- Complete necessary training to maintain active Lifestyle Coach certification
- Assist Program Coordinator with program outreach on need basis

DESCRIPTION OF ANTICIPATED SERVICE SCHEDULE:

- Hybrid service hours; 50% teleservice, 50% in-person
- Service hours are to be completed Monday-Friday between the hours of 8:00am and 5:00pm time. However, depending on the project at the time, there may be a need to work two days a week between the hours of 12:00pm to 9:00pm.
- A maximum of 20% of service hours may be training, education, or other similar approved activities
- A maximum of 10% of service hours may be fundraising activities

DESIRED SKILLS & COMPETENCIES

- Knowledge and interest in public health/community integrated health and evidence based initiatives preferred.
- Must be able to remain on feet for extended periods of time.
- Means and ability to travel to UPYMCA branches
- Physical Requirements; carrying, seeing, hearing, speaking, running, crouching, lifting (25lbs) and walking.
- Strong problem solving skills.
- Strong verbal and written communication skills.
- Highly motivated and a “Can-Do” attitude.
- Ability to speak concisely and effectively communicate.
- Ability to speak in front of a group conveying information with enthusiasm.
- Ability to work a flexible schedule including some nights and weekends.
- YMCA Group Fitness/Personal Trainer Certification or equivalent preferred (if required) (The certification is only required if the Service Member and the Director decide the Service Member will teach the EBHI classes. Otherwise, the candidate can assist without the certification under the guidance of the Director.
- The Service Member will be required to be HIPAA certified on the job and to keep the certification active throughout the course of the service term.

NON-DISCRIMINATION NOTICE

- NACDD provides equal employment opportunities to applicants and employees without regard to race, color, national origin, gender identity, age, religion, sex, sexual orientation, disability, political affiliation, marital status, parental status, reprisal, genetic information, military service, protected veteran status, pregnancy, or submission of a complaint.

REQUIRED COMMITMENT

- Service members are expected to complete 1200 service hours within a one (1) year timeframe.
 - The service year begins 09/30/2024 and ends 09/29/2025.

ORIENTATION AND TRAINING

Members must participate in

- Pre-service orientation
- PHA-specific training
- Program-specific training
- Any other trainings deemed necessary by the Host Site supervisor

Note: Trainings will be limited to 20% or less of PHA Service Members service hours

EVALUATION AND REPORTING

PHA Service Members will:

- Complete quarterly assessments of the PHA Program including their Host Site experience, trainings, sense of belongingness and inclusivity, interest in pursuing a career in public health, etc.
- Complete monthly reflection forms
- Participate in quarterly performance evaluation and reviews with their Host Site supervisor
- Be required to submit service timesheets biweekly

PUBLIC HEALTH AMERICORPS ELIGIBILITY AND REQUIREMENTS

PHA Service Members must:

- Be at least 18 years of age at the commencement of service
- Have a high diploma or its equivalent
- Be a citizen, national, or lawful permanent resident alien of the United States
- Satisfy the National Service Criminal History Check eligibility criteria pursuant to [45 CFR 2540.202](#)
- Live within commutable distance of the Host Site to accommodate a hybrid service schedule

OTHER PROGRAM ELIGIBILITY AND REQUIREMENTS

- Must be willing to comply with all Host Site vaccination requirements, including for COVID-19
- Successful completion of one or more of the rigorous YMCA of the USA Lifestyle Coach training programs and pre-requisites may be required should the Service Member and the Director decide the Service Member is a good candidate to deliver EBHI training. This training certification will be completed on the job at the cost of the Host Site.

PUBLIC HEALTH AMERICORPS PROGRAM BENEFITS

- Living allowance of \$7,144.00 over the course of the term of service
- \$5,176.50 Segal Education Award at the end of a successful service term
- Student loan deferment and interest forbearance
- Increased professional awareness and accumulated real-world experience to enhance job competence following completion of service year
- Join a network of like-minded leaders who are passionate about improving communities and the health and wellbeing of community members

HOW TO APPLY

- **Submit Your Application by 8/30/24:** Complete and submit the NACDD Public Health AmeriCorps Program Application through the following Smartsheet link:
<https://app.smartsheet.com/b/form/766fd3822c5942aa909458fef11dd12a>

FOR MORE INFORMATION

- Tierney Thomison, Public Health AmeriCorps Program Manager, National Association of Chronic Disease Directors (tthomison@chronicdisease.org) and Chelsea Cole, Public Health AmeriCorps Senior Program Coordinator (ccole@chronicdisease.org)
- [NACDD Public Health AmeriCorps](#)
- [National Association of Chronic Disease Directors \(NACDD\)](#)