



## NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS Public Health AmeriCorps Arizona Service Opportunity I

### POSITION OVERVIEW:

**Position Name:** NACDD Public Health AmeriCorps Service Member

**Position Type/Hours:** Three Quarter Time/1200 hours

**Service Location:** Valley of the Sun YMCA  
350 N 1<sup>st</sup> Ave, Phoenix AZ, 85003

<https://valleymca.org/locations/> various with exception of Flagstaff

**Living Allowance:** \$7,144.00

**Education Award:** \$5,176.50

**Total Award:** \$12,320.50

### PROGRAM PURPOSE:

The National Association of Chronic Disease Directors (NACDD) is a national public health non-profit agency focused on improving the health of the public by strengthening state and national leadership and expertise for chronic disease prevention and control. NACDD's core membership is composed of the 59 State and Territorial Health Department Chronic Disease Directors and their staff who protect the health of the public through primary and secondary prevention efforts and work "upstream" on root causes of chronic conditions. NACDD promotes health and reduces the burden of chronic disease through various programs and initiatives in collaboration with the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity, and Obesity and the Division of Population Health, and a team of nationally recognized experts.

To enhance public health resources across the country and support state and local public health settings respond to and recover from the COVID-19 pandemic, the Public Health AmeriCorps (PHA) program supports the recruitment, training, and development of the next generation of public health leaders. In partnership with State Health Departments, local health departments, other community-based organizations, and/or local YMCAs or YMCA State Alliances, Service Members will be placed across twenty states to advance existing efforts around food and nutrition security, safe physical activity access, social connectedness, and health equity, all within the context of the impact of the COVID-19 pandemic.

### SPECIFIC SERVICE FUNCTIONS AND RESPONSIBILITIES:

The Service Member will support the Valley of the Sun YMCA programs and initiatives related to food and nutrition security, safe physical activity access, and social connectedness. Reports directly to the Program Director, the Service Member will:

- Provide direct support for outreach and promotion of health services.
- Conduct Health Related Social Needs or Social Determinants of Health assessments and coordinates referrals to social service agencies including food and nutrition security, safe physical activity access, and social connectedness
- Design whole-person health plan for individuals and families, coordinate referrals to social service agencies, with goal to integrate families into YMCA programs and services as needed.
- Support client enrollment in medical and/or behavioral health services, as needed.
- Serve as an advocate, role model and guide in individual's journey for more stability and wellness.
- Implement and host social engagements which promote senior and family social connectivity.
- Provides culturally appropriate and accessible health education and information, often by using popular evidenced based education methods.
- Provides direct services for physical activities, education and administering health screening tests (such as blood pressure self-monitoring).
- Support individualized goal setting.
- Educating individuals and their families on the importance of lifestyle changes. Maintain accurate records, statistical data and program reports as required.
- Attends staff meetings and trainings as required.
- Follows all YMCA policies, rules, regulations, and procedures, including emergency procedures.

## DESCRIPTION OF ANTICIPATED SERVICE SCHEDULE:

- In-person service hours; .Must have availability on evenings and weekends as needed.
- Service hours are to be completed Monday-Sunday, typically between the hours of 8:00am-5:00pm time.
- A maximum of 20% of service hours may be training, education, or other similar approved activities.
- A maximum of 10% of service hours may be fundraising activities.

## DESIRED SKILLS & COMPETENCIES

- Multi-Lingual candidates preferred.
- Possesses the experience necessary to collaborate with a wide variety of community service providers in the delivery of culturally sensitive and developmentally appropriate services for older adults and families.
- Prefer knowledge of, and previous experience with, diverse populations.

## NON-DISCRIMINATION NOTICE

- NACDD provides equal employment opportunities to applicants and employees without regard to race, color, national origin, gender identity, age, religion, sex, sexual orientation, disability, political affiliation, marital status, parental status, reprisal, genetic information, military service, protected veteran status, pregnancy, or submission of a complaint.

## REQUIRED COMMITMENT

- Service members are expected to complete 1200 service hours within a one (1) year timeframe.
  - The service year begins 09/30/2024 and ends 09/29/2025.

## ORIENTATION AND TRAINING

Members must participate in

- Pre-service orientation
- PHA-specific training
- Program-specific training
- Any other trainings deemed necessary by the Host Site supervisor

Note: Trainings will be limited to 20% or less of PHA Service Members service hours

## EVALUATION AND REPORTING

PHA Service Members will:

- Complete quarterly assessments of the PHA Program including their Host Site experience, trainings, sense of belongingness and inclusivity, interest in pursuing a career in public health, etc.
- Complete monthly reflection forms
- Participate in quarterly performance evaluation and reviews with their Host Site supervisor
- Be required to submit service timesheets biweekly

## PUBLIC HEALTH AMERICORPS ELIGIBILITY AND REQUIREMENTS

PHA Service Members must:

- Be at least 18 years of age at the commencement of service.
- Have a high diploma or its equivalent.
- Be a citizen, national, or lawful permanent resident alien of the United States.
- Satisfy the National Service Criminal History Check eligibility criteria pursuant to [45 CFR 2540.202](#).
- Live within commutable distance of the Host Site to accommodate a hybrid service schedule.

## OTHER PROGRAM ELIGIBILITY AND REQUIREMENTS

- Must be willing to comply with all Host Site vaccination requirements, including for COVID-19.
- Complete all safety and compliance trainings within 90 days of hire date.

## PUBLIC HEALTH AMERICORPS PROGRAM BENEFITS

- Living allowance of \$7,144.00 over the course of the term of service.
- \$5,176.50 Segal Education Award at the end of a successful service term.
- Student loan deferment and interest forbearance.
- Increased professional awareness and accumulated real-world experience to enhance job competence following completion of service year.
- Join a network of like-minded leaders who are passionate about improving communities and the health and wellbeing of community members.

## HOW TO APPLY

- **Submit Your Application by 8/30/24:** Complete and submit the NACDD Public Health AmeriCorps Program Application through the following Smartsheet link:  
<https://app.smartsheet.com/b/form/766fd3822c5942aa909458fef11dd12a>

## FOR MORE INFORMATION

- Tierney Thomison, Public Health AmeriCorps Program Manager, National Association of Chronic Disease Directors ([tthomison@chronicdisease.org](mailto:tthomison@chronicdisease.org)) and Chelsea Cole, Public Health AmeriCorps Senior Program Coordinator ([ccole@chronicdisease.org](mailto:ccole@chronicdisease.org))
- [NACDD Public Health AmeriCorps](#)
- [National Association of Chronic Disease Directors \(NACDD\)](#)