

CENTER FOR ADVANCING  
**HEALTHY**  
COMMUNITIES



NATIONAL ASSOCIATION OF  
**CHRONIC DISEASE DIRECTORS**  
Promoting Health. Preventing Disease.

# Supports to Advance Emotional Well-Being in Schools Learning Collaborative Cohort

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All SEA + LEA Quarterly Call

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May 8, 2024  
12-1p.m. ET



# Funding Acknowledgement

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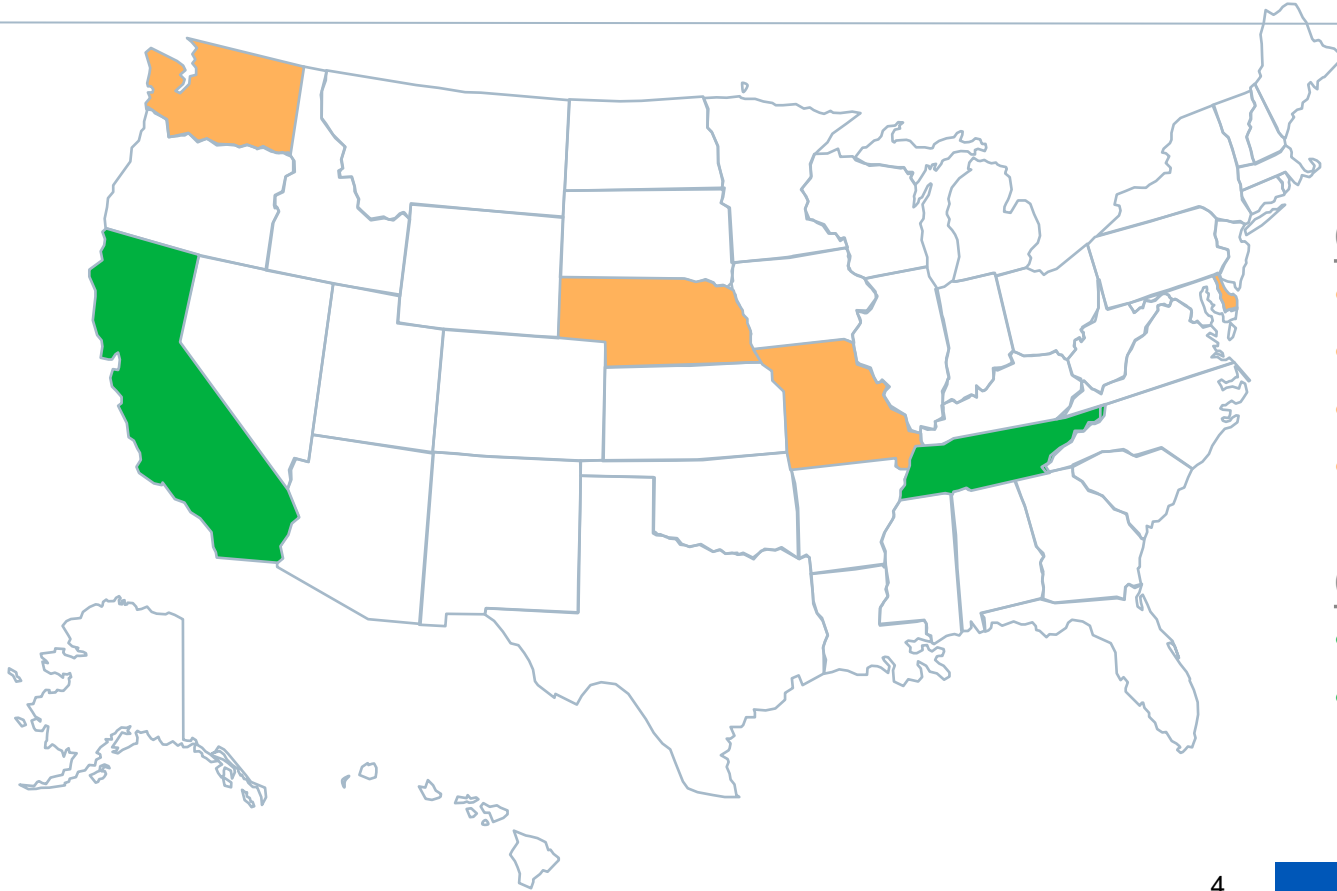
The *National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors* project is supported by the Centers for Disease Control and prevention (CDC) of the U.S. Department of Health and Human Services (HHS). The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS or the U.S. Government.



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# Welcome

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## Cohort 1

- Delaware
- Missouri
- Nebraska
- Washington

## Cohort 2

- California
- Tennessee

## Delaware (DE)

Christina School District

Caesar Rodney School District

## Missouri (MO)

Monett R-1 School District

Neosho School District

Breckenridge R-I School District

Richards R-V School District

## Tennessee (TN)

TBD – Will join in 24-25

## Nebraska (NE)

Papillion LaVista Community School District

## Washington (WA)

Kelso School District

Seattle Public Schools

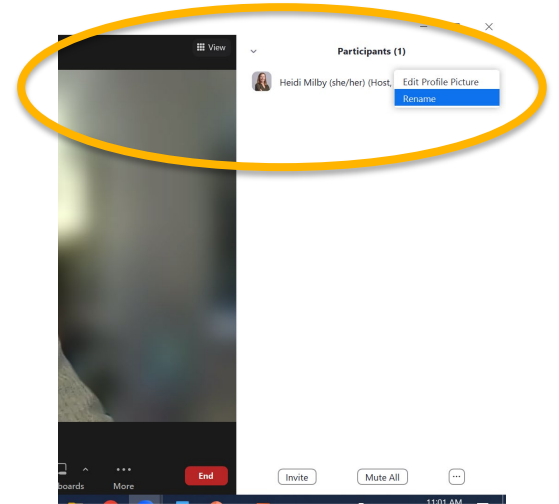
## California (CA)

Kernville United School District

# Zoom Name

- To change your Zoom name, click on:
  - Participants
  - Click on 3 dots
  - Rename

*NAME (preferred pronouns),  
ORGANIZATION*



# A Quick Reminder...

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- We are working to schedule focus groups this month to support our evaluation. Tell us when you're available!

**States please fill out [this State poll](#)**

**LEAs please fill out [this LEA poll](#)**

- End-of-Project Surveys are due this **Friday, May 10**

**[States](#)**

**[LEAs](#)**



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# Warm Up Activity

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# End-of-School Haiku

- We're going to write! 😊
- Theme: The end of the school year is upon us! How does it make you feel?
- Share your Haiku on Jamboard:  
<https://jamboard.google.com/d/1TQdKPw9GPQkJOs5qps0wNSYhgDpjlddqhcmlYpCusGk/edit?usp=sharing>



## A HAIKU HOW-TO

Five syllables in the first line

Seven syllables in the second line

Five syllables in the last line

# Call Objectives

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- Identify successful emotional well-being approaches happening in other school districts across the country
- Strengthen relationships with other school districts and states participating in the learning collaborative by sharing successes, challenges and/or providing resources/support to others



# Agenda

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**Welcome**

**School District  
Spotlight: Christina  
School District (MTSS)**

**Q&A**

**Cohort 1 School District  
Celebrations**

**Feedback Gathering:  
2024+ Community of  
Practice**

**Wrap Up and Next  
Steps**



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# School District Spotlight: Christina School District

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# We Want to Hear From You

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- To what extent does your district or state utilize an MTSS approach for student social, emotional and behavioral health?
- (Districts): Do you have a District-Level MTSS Coordinator?
- (Districts): Do you have school-level MTSS Coordinators?



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# Q&A

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**May 22, 2024 - Empowering School Leaders: Building a Comprehensive MTSS Framework for Student Mental Health Care (Effective School Solutions)**

In this webinar, Dan Lemond, Senior Director of Strategic Partnerships for Effective School Solutions will discuss the latest statistics concerning the youth mental health crisis, strategies for crafting a Multi-Tiered Systems of Support (MTSS) Framework to tackle behavioral and mental health issues, and viable funding sources to sustain a resilient continuum of care.

**May 22, 2024**  
**3:30PM ET**  
[Register](#)

**May 30, 2024 - Implementing MTSS to Expand Mental Health Services to Students (Mental Health Technology Transfer Center)**

Historically, school psychologists functioned in narrow roles in school districts, and many school districts lacked the mental health services students require. Multi-tiered Systems of Support (MTSS) is based on a public health model of providing services and interventions to students as needed. This training will discuss the components of a school-based behavioral health model that addresses students' mental health needs from prevention/promotion to early intervention to intensive services.

**May 30, 2024**  
**4PM ET**  
[Register](#)

# Additional MTSS Resources



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# Cohort 1 School District Celebrations

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# Feedback Gathering: 2024+ Community of Practice

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Please take a few minutes to complete a brief evaluation for this call:

[https://chronicdisease.zoom.us/survey/K7oTWn7TCceS-diLq5c\\_6Sr8ooo7utCIDZIFYUQSRislwGiu9es.hdzxVxljpydhqxxw/view?id=Ci5FvuSZTQeRU5\\_25MurHg#/sharePreview](https://chronicdisease.zoom.us/survey/K7oTWn7TCceS-diLq5c_6Sr8ooo7utCIDZIFYUQSRislwGiu9es.hdzxVxljpydhqxxw/view?id=Ci5FvuSZTQeRU5_25MurHg#/sharePreview)

## Community of Practice

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- These calls will shift into a Community of Practice, where current and former States/LEAs can participate in peer-to-peer sharing and learning
- Will involve calls + an online peer-to-peer sharing platform where you can post questions, resources, etc.



# Community of Practice *Draft Objectives*

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- Provide a space for peer-to-peer sharing among local and state leaders pursuing emotional well-being efforts in schools, leveraging the tenets of adult learning principles.
- Promote sharing of evidence-based and promising practices to address emotional well-being for students and school staff.
- Advance project-specific short- and intermediate-term outcomes, including:
  - Increased ability to identify and promote the use of evidence-based school health strategies and guidelines.
  - Increased use of CDC and other evidence-based tools and resources.
  - Increased adoption and implementation of evidenced-based school health policies, practices, and programs among CDC-funded SEAs, districts, and schools.
  - Increased systems and environments that support and improve the physical, mental, and emotional well-being of students and school staff.



# We Want to Hear From You

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- Do you currently participate in a Community of Practice (CoP) related to emotional well-being/mental health for students or staff?
- What is your preferred frequency for meeting as a CoP?
- What is your preferred length of time for CoP calls?
- At this moment in time, what are your state/district's top 3 needs as it relates to staff and/or student emotional well-being?
- What types of functions would you like to see in a CoP? Select your top 2.
- Would you rather have the CoP focus on a broad array of topics or hone in on a few specific topics?
- What else should we consider as we develop this CoP?

## We Want to Hear From You

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- What can your district share with others?

<https://docs.google.com/spreadsheets/d/1xWd0taUF7dILqZ5dOb7UEYTtBuhlo5P-g-pcjjcJOv8/edit#gid=0>



# Additional Ways for Staying in Touch

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- Continue to be a member of NACDD:  
<https://members.chronicdisease.org/NACDD/Create-Account/Join-main.aspx>
- NACDD School Health Resource Repository:  
<https://chronicdisease.org/cahc/school-health/>
- Participate in our School Health Community of Practice!
  - Calls
  - Engage Platform for peer-to-peer sharing:  
<https://engage.chronicdisease.org/home>
- Contact us! We'll be here 😊

Heidi Milby, MPH  
Associate Director  
NACDD, Center for Advancing Healthy Communities  
[hmilby@chronicdisease.org](mailto:hmilby@chronicdisease.org)

Ashley Krombach  
Public Health Consultant  
NACDD, Center for Advancing Healthy Communities  
[akrombach\\_ic@chronicdisease.org](mailto:akrombach_ic@chronicdisease.org)





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# Wrap Up and Next Steps

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Please take a few minutes to complete a brief evaluation for this call:

[https://chronicdisease.zoom.us/survey/K7oTWn7TCceS-diLq5c\\_6Sr8ooo7utCIDZIFYUQSRislwGiu9es.hdzxVxljpydhqwww/view?id=Ci5FvuSZTQeRU5\\_25MurHg#/sharePreview](https://chronicdisease.zoom.us/survey/K7oTWn7TCceS-diLq5c_6Sr8ooo7utCIDZIFYUQSRislwGiu9es.hdzxVxljpydhqwww/view?id=Ci5FvuSZTQeRU5_25MurHg#/sharePreview)