

Ohio Food and Nutrition Security State Profile

Overview

According to the [U.S. Department of Agriculture's Economic Research Service \(USDA ERS\)](#), 11.6% of households in Ohio (OH) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in Ohio was 35.5% in 2020 as reported by the [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

Demographic Overview

[2019 U.S. Census](#) data reports Ohio has an estimated population of 11.68 million. They identify as White (81.7%), Black (13.1%), American Indian and Alaska Native (0.3%), Asian (2.5%), Native Hawaiian and Other Pacific Islander (0.1%) only. According to the 2019 Census report, 4% identify as Hispanic or Latino. 13.1% of Ohio residents experienced poverty in 2019.

Building Resilient Inclusive Communities (BRIC) - OH BRIC Communities

The following counties will be prioritized by the OH BRIC project: Lucas, Marion, and Franklin Counties.

Food Banks, Pantries and Feeding Programs

There are 13 food banks that serve Ohio. The [Ohio Association of Foodbanks](#) serves the 13 food banks of Ohio.

- [Mid-Ohio Food Collective](#)
 - Serves Franklin and Marion Counties.
 - Operates SNAP Assistance, a farm, South Side Roots Cafe, Summer Food Service Program, and has a food pharmacy.
 - Partnered with Franklin County Public Health to assist in getting produce to individuals getting their COVID-19 vaccination.
- [Toledo Northwestern Ohio Food Bank](#)
 - Serves Lucas County.
 - Operates SNAP outreach, a Backpack Program, the Summer Food Service Program, and a mobile market program.

For more information on the other OH food banks, click their names below:

- [Akron-Canton Regional Foodbank](#)
- [Freestore Foodbank](#)
- [Greater Cleveland Food Bank](#)
- [The Foodbank](#)
- [Shared Harvest Foodbank](#)
- [West Ohio Food Bank](#)
- [Southeast Ohio Food Bank](#)
- [Second Harvest Food Bank of North Central Ohio](#)
- [Second Harvest Food Bank of Clark, Champaign, and Logan Counties](#)
- [Facing Hunger Foodbank](#)

Select Food and Nutrition Security Programs

Healthy Food Incentive Programs

- [Produce Perks](#)
- [Youngstown Neighborhood Development Corporation Produce Perks](#) is a collaboration between Mercy Health Foundation Mahoning Valley and another local partner.

Community Nutrition Education Programs

- Expanded Food and Nutrition Education Program (EFNEP)
 - [The Ohio State University Extension](#)
- Supplemental Nutrition Assistance Program Education (SNAP-ED)
 - The Ohio Department of Job and Family Services is the state agency responsible for OH SNAP-Ed. SNAP-Ed implementing agency is:
 - [Ohio State University Extension](#)
 - View more [information](#).

COVID Response

- Pandemic EBT (P-EBT) Program resources are available at the [OH Department of Job and Family Services](#).

Food (Policy) Coalitions and Councils

- View the [Ohio Food Policy Council Directory](#).

Other Collaborators to Consider

- [Children's Hunger Alliance](#) is a nonprofit organization that “provides healthy meals and snacks to children, as well as nutrition and physical activity education to children and their families.”
- [Ohio Organizing Collaborative](#) “builds transformative relational power with everyday Ohioans for statewide social, racial, and economic justice.”
- [Ohio Public Health Association](#) aims “to be the inclusive voice for Public Health, to proactively advocate for policies that reduce health disparities and empower all people to achieve their optimal health, and to advance the practice of public health in Ohio.”

Data Sources and Resources

- [OH Profile of Hunger, Poverty and Federal Nutrition Programs](#) - Food Research and Action Center

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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit [chronicdisease.org](#).