

New York State Food and Nutrition Security State Profile

Overview

According to the [U.S. Department of Agriculture's Economic Research Service \(USDA ERS\)](#), 10.5% of households in New York (NY) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in New York was 26.3% in 2020 as reported by the [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

Demographic Overview

[2019 U.S. Census](#) data reports New York has an estimated population of 19.45 million. They identify as White (69.6%), Black (17.6%), American Indian and Alaska Native (1%), Asian (9%), Native Hawaiian and Other Pacific Islander (0.1%) only. According to the 2019 Census report, 19.3% identify as Hispanic or Latino. 13% of New York residents experienced poverty in 2019.

Building Resilient Inclusive Communities (BRIC) - NY BRIC Communities

The following counties will be prioritized by the NY BRIC project: Bronx, Chemung and Sullivan Counties.

Food Banks, Pantries and Feeding Programs

There are 10 food banks that serve New York. [Feeding New York State](#) is the state association that supports the work of these food banks.

- [FeedMore Western New York](#)
 - Provides nutrition education, cooking classes, and a community garden.
 - Provides home-delivered meals, mobile pantries, SNAP outreach, and community meals.
 - View a list of [partner agencies](#).
- [Food Bank of the Southern Tier](#)
 - Serves Chemung County.
 - Operates mobile food pantries, a backpack program, kids farmers market, and summer meals program.
 - Has a Healthy Harvest Program to provide fresh produce to the community.
- [Feeding Westchester](#)
 - Operates a backpack program, mobile food pantries, SNAP outreach, senior food box program, and provides nutrition education.
 - For a list of [partner agencies](#).
- [Long Island Cares](#)
 - Provides senior food boxes, veteran food boxes, mobile food pantries, and conducts nutrition education.

- [Regional Food Bank of Northeastern New York](#)
 - Serves Sullivan County.
 - Provides nutrition education and operate a farm.
 - Operates mobile food pantries, summer meals, senior food deliveries, and school pantries.
 - View a list of [partner agencies](#).
- [Island Harvest](#)
 - Provides nutrition education, backpack programs, summer meals, school pantry programs, veteran food boxes, senior mobile pantry, and runs a farm.
- [City Harvest](#)
 - Operates mobile markets and provides nutrition education.
- [Food Bank for New York City](#)
 - Provides nutrition education and SNAP outreach. Operates campus pantries and provides financial education.
- [Foodlink, Inc.](#)
 - Operates a backpack program, mobile pantries, offers culinary training, has a community farm, and provides nutrition education.
- [Food Bank of Central New York](#)
 - Operates a food co-op, kids cafe, summer meal program, and mobile food pantry.
 - Provides nutrition education.
 - View a list of [partner agencies](#).

Select Food and Nutrition Security Programs

Healthy Food Incentive Programs

- Community-supported agriculture is a SNAP led by [Glynwood Center for Regional Food and Farming](#).
- [Double Up Food Bucks](#) led by Field & Fork Network.
- Health Bucks led by [City of New York](#)
 - Health Bucks are available year-round at all [NYC farmers markets](#) that accept EBT to purchase fresh [fruits and vegetables](#).
- Gus Schumacher Nutrition Incentive Program (GusNIP)
 - *Current Funding:*
 - Double Up Food Bucks New York State: Innovating Technologies and Expanding Geographies (2020-2024) led by [Field & Fork Network, Inc.](#)
 - Big Apple Incentives: Increasing Fruit and Vegetable Purchase and Consumption Through Expanded Affordability (2020-2024) led by [Fund for Public Health in New York, Inc.](#)

Community Nutrition Education Programs

- Expanded Food and Nutrition Education Program (EFNEP)
 - [Cornell University, Food and Nutrition Education in Communities](#)

- Supplemental Nutrition Assistance Program Education (SNAP-ED)
 - The [New York Office of Temporary and Disability Assistance](#) is the state agency responsible for the NY SNAP-Ed program known as Eat Smart New York (ESNY). SNAP-Ed implementing agencies include:
 - Bronx Works
 - Children’s Aid Society
 - Common Threads
 - Cornell Cooperative Extension of Albany County
 - Cornell Cooperative Extension of Alleghany County
 - Cornell Cooperative Extension of Erie County
 - Cornell Cooperative Extension of Oneida County
 - Cornell Cooperative Extension of Onondaga County
 - Cornell Cooperative Extension of Orange County
 - Cornell Cooperative Extension of St. Lawrence County
 - Cornell Cooperative Extension of Steuben County
 - Cornell Cooperative Extension of Suffolk County
 - Cornell Cooperative Extension of Wayne County
 - NY Common Pantry
 - New York Department of Health - Eat Well Play Hard in Child Care Settings
 - New York Department of Health - Health Beverage Social Marketing
 - New York Department of Health - Just Say Yes to Fruits and Vegetables
 - New York State Department of Agriculture and Markets
 - New York State Department of Health
 - New York State Office for the Aging
 - View more [information](#).

COVID Response

- Pandemic EBT (P-EBT) Program resources are available at the [NY Office of Temporary and Disability Assistance](#).

Food (Policy) Coalitions and Councils

- [Chautauqua County Food Policy Council](#)
- [Cortland Food Project](#)
- [Food and Health Network of South Central New York](#)
- [Food Policy Council of Buffalo and Erie County](#)
- [Suffolk County Food Policy Council](#)
- [Syracuse-Onondaga Food Systems Alliance](#)
- [Tompkins County Food Policy Council](#)

Other Collaborators to Consider

- [City Harvest](#) aims to end hunger in communities throughout New York City through food rescue and distribution, education, and other practical, innovative solutions.
- [City Meals on Wheels](#) provides nourishing meals and vital companionship to New York City's homebound elderly.
- [Community Food Advocates](#) is an economic justice-based policy and advocacy organization working to strengthen food and income support for low-income New Yorkers.
- [GrowNYC](#) provides small family farms the opportunity to sell their locally grown products directly to consumers and ensures that all New Yorkers have access to the fresh, locally grown food.
- [Health and Welfare Council of Long Island](#) works to ensure that the region is a welcoming and inclusive place for everyone to live.
- [Healthy Community Alliance](#) aims to improve quality of life in rural communities through broad-based, inclusive partnerships that support wellness and prevention.
- [Hunger Action Network of New York State](#) aims to end hunger and its root causes, including poverty.
- [Hunger Free NYC](#) aims to enact the policies and programs needed to end domestic hunger and ensure that all Americans have sufficient access to nutritious food.
- [Hunger Solutions New York](#) works to alleviate hunger in New York.
- [Just Food](#) is a nonprofit organization fighting for food sovereignty.

Data Sources and Resources

- [NY Profile of Hunger, Poverty, and Federal Nutrition Programs](#) - Food Research and Action Center
- [Understanding New York City's Food Supply](#) - Columbia University

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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit chronicdisease.org.