National Association of Chronic Disease Directors

PEG ADAMS PEER-TO-PEER PROGRAM

For Diabetes Council Members



The Peg Adams Peer-to-Peer Program has matched Learners and Guides for more than two decades. The program is named after the late Peg Adams from West Virginia who made it a practice to welcome new state staff and create a sense of community.

The purpose of the Peer-to-Peer Program is to link new state staff with experienced staff working in diabetes so they can talk through challenges, share successes, and increase their professional networks. Email <u>nacdd.diabetes@chronicdisease.org</u> to get involved.



BENEFITS at a Glance

Peer networking

- Safe space for asking questions, group problem solving, activity sharing, and resource exchange
- Introduction to partnering with NACDD and CDC for diabetes prevention and management activities
- Introduction to Diabetes Council activities and opportunities
- Opportunity to work on a national level

My mentor has done a great job creating openended discussions about relevant topics and barriers we may be facing. Together, we have problem solved, shared resources, and kept one another in the loop of any trainings and opportunities that could help us succeed in our work.

> Kat Ortiz, MPH, CHES Indiana Department of Health

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Since 1988, National Association of Chronic Disease Directors and its more than 7,000 Members have worked to strengthen statebased leadership and expertise for chronic disease prevention and control in all states, territories, and nationally. Learn more at chronicdisease.org. 101 W. Ponce De Leon Avenue, Suite 400, Decatur, GA 30030