Supports to Advance Emotional Well-Being in Schools

Learning Collaborative Roadmap

- Phase 1: Establishing an Infrastructure
- Phase 2: Implementation & Continuous Quality Improvement

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Learning Collaborative Roadmap

- Aligning Frameworks
- Teaming for Success
- Data-Driven Decision-Making
- Effective Implementation

Staff Emotional Well-Being

Student Emotional Well-Being
Phase 1: Establishing an Infrastructure

Establishing an infrastructure ensures a coordinated and cohesive effort to comprehensive school-based mental health programming. It helps to foster a collaborative environment that brings together cross-sector perspectives, addresses the diverse needs of staff and students, and enables data-informed decision-making for strategic implementation of interventions.
Phase 2: Implementation & Continuous Quality Improvement

Once an equitable infrastructure has been established, interventions to support student and staff emotional well-being are effectively put into practice and are continuously refined based on feedback and outcomes. This fosters a responsive and adaptive system that optimizes the impact of comprehensive school-based mental health.
Learning Collaborative Roadmap

**Aligning Frameworks**
- Aligning emotional well-being/mental health with the Whole School, Whole Community, Whole Child (WSCC) Model & other frameworks

**Teaming for Success**
- Teaming best practices
- Engaging youth as leaders/partners
- Meaningful collaboration and facilitation
- Cross-sector partnerships
- Administrative support

**Data-Driven Decision-Making**
- Resource mapping
- Assessment and screening
- Contextualizing data across populations
- Translating data into action

**Effective Implementation**
- Leveraging implementation science
- Developing an action plan
- SMARTIE goals
- Continuous Quality Improvement (CQI)
- Sustainability and iteration
- Trauma-informed practices
- Evidence-based policies and systems
- Cultural competency/responsiveness
- Funding

**Staff Emotional Well-Being**
* A systems-level approach to:  
  - Comprehensive staff wellness
  - Staff social-emotional learning (SEL)
  - Staff SEL role modeling
  - Organizational supports for staff wellness

**Student Emotional Well-Being**
* A systems-level approach to:  
  - Comprehensive student mental health
  - Universal student supports/early intervention
  - Tiered student supports
  - Social-emotional learning (SEL)
  - Culturally responsive/equitable skills development

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**WSCC**
Whole School, Whole Community, Whole Child