



Supports to Advance Emotional Well-Being in Schools Learning Collaborative Cohort

Webinar: New CDC Resource: Promoting Mental Health and Well-Being in
Schools - An Action Guide for School and District Leaders

April 10, 2024

9-10AM PT | 10-11AM MT | 11AM-12PM CT | 12-1PM ET

Meeting information:

- Zoom Meeting Registration Link:
https://chronicdisease.zoom.us/webinar/register/WN_Raashy0RTLGo0FeZT4_x8q#/registration

Meeting Objectives:

By the end of the meeting, participants will be able to:

- Identify six school-based strategies and associated approaches that can help prevent mental health problems and promote positive behavioral and mental health of students.
- Outline at least one next step to take after the webinar to enhance student mental and behavioral health and well-being.

Meeting Agenda:

12:00 - 12:05 PM ET (5 min)	Welcome Mindful Moment <i>Heidi Milby, NACDD</i> <i>Ashley Krombach, NACDD</i>
12:05 - 12:10 PM ET (5 min)	Overview of NACDD <i>Heidi Milby, NACDD</i>
12:10 - 12:40 PM ET (30 min)	Overview: Promoting Mental Health and Well-Being in Schools: An Action Guide for School and District Leaders <i>Natalie Wilkins, Division of Adolescent and School Health, Centers for Disease Control and Prevention</i> <i>Jorge Verlenden, Division of Adolescent and School Health, Centers for Disease Control and Prevention</i>
12:40 - 12:50 PM ET (10 min)	Q&A
2:45 - 3:00 PM ET (10 min)	Reflections Wrap Up Evaluation <i>Heidi Milby, NACDD</i>