Falls, motor vehicle crashes, assaults, and sports injuries can all result in head injury. Hurting your head can also cause an injury to your brain. A traumatic brain injury, or TBI, is an injury that affects how the brain works. It may be caused by a bump, blow, jolt, or penetrating injury to the head.¹

In 2017, there were over 200,000 hospitalizations for TBI, which cost 74% more than non-TBI hospital stays.²

Men are three times more likely to die from a TBI than women.³

Adults age 75 and older are more likely to die from a TBI compared to all other age groups.³

Certain professions may have a higher risk of TBI, such as athletes, construction workers, military members, and police and law enforcement.⁴

Severe changes in thinking skills, a characteristic of dementia, may develop years after an injury took place and the person appears to have recovered from its immediate effects.⁵

Repeated TBIs increase your risk for dementia.⁵

References
NACDD About Statement:
Since 1988, the National Association of Chronic Disease Directors and its more than 7,000 Members have worked to strengthen state-based leadership and expertise for chronic disease prevention and control in all states, territories, and nationally.

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