



**Supports to Advance Emotional Well-Being in Schools  
Learning Collaborative Cohort  
Spring PD Event  
Recordings + Slides  
February 14, 2024**

**Meeting Objectives:**

By the end of the meeting, participants will be able to:

- Describe at least one best practice related to each of the following topics: Leveraging implementation science, steps for effective implementation of staff well-being initiatives, and cultural competency as it relates to student emotional well-being.
- Explain the importance of leveraging implementation science, effectively implementing staff well-being initiatives, and cultural competency as it relates to student emotional well-being.
- Outline at least one next step you will take related to leveraging implementation science, effective implementation of staff well-being initiatives, and/or cultural competency as it relates to student emotional well-being.

**Master Slides:** <https://chronicdisease.org/wp-content/uploads/2024/02/NACDD-Spring-PD-Event-Master-Slide-Deck-2.14.24.pdf>

**Master Recording:** <https://vimeo.com/nacdd/spring24pd>

<b>Time</b>	<b>Topics</b>	<b>Recording + Slides</b>
12:00 - 12:15 PM ET (15 min)	<b>Welcome</b> <b>Agenda/Framing for the Day</b> <b>Mindful Moment</b>	
12:15 - 12:30 PM ET (15 min)	<b>Effective Implementation 101</b> <b>Leveraging Implementation Science (NACDD)</b>	<ul style="list-style-type: none"> <li>• <a href="#">Slides</a></li> <li>• <a href="#">Recording</a></li> </ul>
12:30 - 1:30 PM ET (60 min)	<b>Effective Implementation: Staff Well-Being</b> <ul style="list-style-type: none"> <li>• <b>An Evidence-Informed Step-by-Step Approach to Implementing Staff Well-Being Initiatives (Child Trends)</b></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Slides</a></li> <li>• <a href="#">Recording</a></li> </ul>

1:30 - 1:40 PM ET (10 min)	<b>Break</b>	
1:40 - 1:45 PM ET (5 min)	<b>Physical Activity Break</b>	
1:45 - 2:45 PM ET (60 min)	<b>Effective Implementation: Student Emotional Well-Being</b> <ul style="list-style-type: none"> <li>• <b>Centering Cultural Competency and Authentic Youth Engagement to Support Student Emotional Well-Being (Mental Health America)</b></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Recording</a></li> </ul>
2:45 - 3:00 PM ET (15 min)	<b>Reflections</b> <b>Wrap Up</b> <b>Evaluation</b>	