

September GEAR Group Exploring Upstream Strategies to Advance Rural Health

General Reading Resources

Equity, multisector collaboration and innovation for rural health: lessons from the National Rural Assoc Conference <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10329269/pdf/nihms-1913634.pdf>

Understanding and Addressing Social Determinants of Health: Opportunities to Improve Health Outcomes (Rural Health Value – RUPRI) <https://www.ruralcenter.org/sites/default/files/2022-12/Understanding%20and%20Addressing%20Social%20Determinants%20of%20Health%20-%20Opportunities%20to%20Improve%20Health%20Outcomes%2C%20A%20Guide%20for%20Rural%20Health%20Care%20Leaders.pdf>

National Rural Health Resource Center – Health Equity
<https://www.ruralcenter.org/resources/toolkits/health-equity>

Defining Rural Population Health and Health Equity (National Org of State Office of Rural Health) – 2020 Issue Brief

https://nosorh.org/wp-content/uploads/2019/08/Defining-Rural-Population-Health-and-Health-Equity-Issue-Brief_Final.pdf

MA state definition of rural: <https://www.mass.gov/info-details/state-office-of-rural-health-rural-definition>

RJWF document on talking about SDOH: https://www.leaders4health.org/wp-content/uploads/2020/02/RWJ_Talk_About_Social_Determinants_of_Health.pdf

NACDD Health Equity Primer <https://chronicdisease.org/health-equity-primer-2022/>

CMS Framework for Advancing Health Care in Rural, Tribal and Geographically Isolated Communities
<https://www.cms.gov/files/document/cms-geographic-framework.pdf>

CMS Framework for Health Equity 2022-2032
<https://www.cms.gov/files/document/cms-framework-health-equity-2022.pdf>

Some Data Resources

- RHI Hub <https://www.ruralhealthinfo.org/>
- The Rural Data Portal <https://ruraldataportal.org/otherresources.aspx>
- Rural Health Research Gateway <https://www.ruralhealthresearch.org/topics/health-disparities-and-equity>
- Community Commons (search “Rural”) <https://communitycommons.org/search?q=rural>
- NORC Rural Health Mapping Tool <https://ruralhealthmap.norc.org/>

ChangeLabSolutions Rural Resources

Rural Policymaking (has a number of downloads avail Advancing Racial Equity in Rural Communities 7/23; Advancing Rural Prosperity 5/23; Rural Policymaking in Action 5/23; State and local policies with potential to advance racial equity and rural prosperity 7/23)

<https://www.changelabsolutions.org/product/rural-policymaking>

Long range planning for health, equity & prosperity: A primer for local governments

<https://www.changelabsolutions.org/product/long-range-planning-primer>

Rural Aperture Project—1)Defining Rural America and 2)Who Lives in Rural America data stories recently published.

<https://ruralinnovation.us/resources/mapping-and-data-analytics/the-rural-aperture-project/>

Resources from Diane Hall, Director CDC Office of Rural Health

<https://health.gov/our-work/national-health-initiatives/equitable-long-term-recovery-and-resilience/framework>

Thriving Together <https://thriving.us/vital-conditions/> (a new framework for thinking about social determinants)

<https://www.healthaffairs.org/content/forefront/organizing-around-vital-conditions-moves-social-determinants-agenda-into-wider-action>

<https://www.healthaffairs.org/content/forefront/meeting-individual-social-needs-falls-short-addressing-social-determinants-health> (helping people understand that social needs is not the same asSDOH or structural drivers of health)

Some Resources for Examples of What Works in Rural:

NORC rural COVID success stories: <https://www.norc.org/research/projects/covid-19-vaccination-success-stories-in-rural-communities.html>

RHHub Rural Health Models and Innovations <https://www.ruralhealthinfo.org/project-examples>

National Rural Health Day Community Stars <https://powerofrural.org/about-nrhd/>

What Works? Strategies to Improve Rural Health (2016)

<https://www.countyhealthrankings.org/reports/what-works-strategies-improve-rural-health>