

## **2022 GEAR Group: Examining the Disparate Impact of and Solutions to Health Debt after the COVID-19 Pandemic**

### ***Resources and References Document***

#### **About NACDD GEAR Groups**

GEAR Groups explore their topic through case presentations, short didactic presentations, and active discussions throughout four 90-minute video conferences. A facilitator and strategist guide each discussion to explore opportunities for improvement through partnerships, promising interventions or policies, data, and evaluation. The 2022 GEAR Groups focused equity as a foundation and community voice at the center.

#### **About: Examining the Disparate Impact of and Solutions to Health Debt after the COVID-19 Pandemic**

This GEAR Group explored strategies that chronic disease practitioners can use to transition to a post-pandemic world with a focus on addressing and mitigating health debt. Using chronic disease programming as a foundation, case presentations explored effective or promising practices that enable state health departments to address health debt and emerge as more equitable and strengthened entities ready to embrace the new normal. Meetings were held in 2022 on May 4, 10, 17, and 24.

#### **Participating states**

- North Dakota
- Utah
- Vermont
- Wisconsin

#### **Resources and References**

Participants shared the following resources during the four-week GEAR Group in May 2022. The linked articles or resources do not necessarily represent the official views of individual participants, participants' respective organizations, or NACDD.

##### **Chronic Disease and COVID-19**

1. [Rise in Blood Pressure Observed Among US Adults During the COVID-19 Pandemic](#)
2. [Studies link Covid-19 infection with increased risk of new diabetes diagnosis](#)
3. [COVID-19 Continues to Cause Some People to Put Off Care](#)
4. [Missed and Delayed Preventive Health Care Visits Among US Children Due to the COVID-19 Pandemic](#)
5. [Black Patients With Type 1 Diabetes Hit Hard by DKA During Pandemic](#)

##### **Building Trust and Shifting Power in Community**

1. [Building a Trust-Based Philanthropy to Shift Power Back to Communities](#)

### **Patient Risk Assessment**

1. [PRAPARE Protocol for Responding to and Assessing Patients Assets, Risks and Experiences](#)

### **Self-Monitored Blood Pressure**

1. [Target: BP](#)
2. [Self-Measured Blood Pressure Monitoring \(SMBP\) Implementation Toolkit](#)
3. [Self-Measured Blood Pressure Monitoring at Home: A Joint Policy Statement From the American Heart Association and American Medical Association](#)
4. [Blood Pressure Toolkit for Providers](#)
5. [August 2021 Impact Brief: NACDD HOSTS QUARTERLY CALL OF THE MILLION HEARTS COLLABORATION](#)
6. [A National Analysis of Self-Measured Blood Pressure Monitoring Coverage and Reimbursement](#)
7. [An Economic Case for Self-Measured Blood Pressure \(SMBP\) Monitoring](#)
8. [Self-Measured Blood Pressure Monitoring: Voices from the Field](#)

### **Hypertension screening and oral health**

1. [Hypertension Screening in Dental Settings](#)
2. [Medical-Dental Integration in Public Health Settings: An Environmental Scan](#)
3. [June 4, 2021 AC4OH RADM Timothy Ricks \(nv.gov\)](#)

### **Community Clinical Linkages**

1. [Agency for Healthcare Research and Quality- Community Clinical Linkages](#)
2. [Developing Community-Clinical Linkages for WISEWOMAN Programs](#)
3. [The Surgeon General's Call to Action to Control Hypertension \(hhs.gov\)](#)

### **Implicit bias, Racism and impacts on Health Equity**

1. [Dr. Camera Jones: Allegories on Race and Racism \(TED Talk\)](#)
2. [Combating implicit bias and stereotypes](#)
3. [Roots of Health Equity Training](#)

### **Finance Tools**

1. [Utah Department of Health. \(2021\). Utah Primary Care Spend Calculation Project: A Report for the Utah Academy of Family Physicians.](#)
2. [Center for Medicare and Medicaid Innovation. \(2021\). Global and Professional Direct Contracting Model PY2022 Financial Operating Guide: Overview.](#)