

CENTER FOR ADVANCING
HEALTHY
COMMUNITIES



NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS

Promoting Health. Preventing Disease.

Supports to Advance Emotional Well-Being in Schools

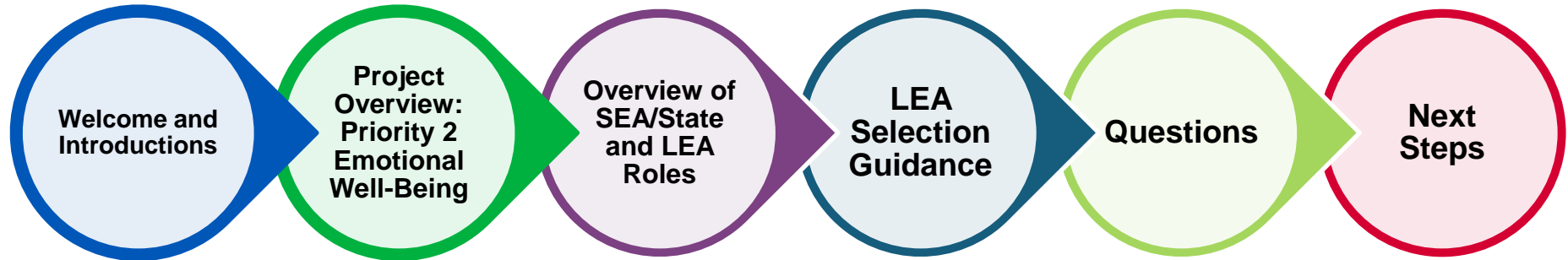
State Welcome Call

October 30, 2023
1:00 – 2:00 p.m. ET

The *National Initiative to Advance Health Equity in K-12 Education by Prevention Chronic Disease and Promoting Healthy Behaviors* project is supported by the Centers for Disease Control and prevention (CDC) of the U.S. Department of Health and Human Services (HHS). The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS or the U.S. Government.

Welcome Call Objectives

- Describe the project: *Supports to Advance Emotional Well-Being in Schools Learning Collaborative Cohort.*
- Differentiate between the roles of SEA/State and LEA Teams in project implementation.





Welcome and Introductions

Introductions: NACDD and Partners

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Introductions: NACDD



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NACDD at a Glance

Founded in **1988**, the National Association of Chronic Disease Directors is a national, nonprofit, professional Association.

We **advocate, educate,** and **provide technical assistance** to inform programming and grow chronic disease prevention knowledge, leadership, and capacity among our Membership.

7,000
MEMBERS NATIONWIDE

35+
PROJECTS

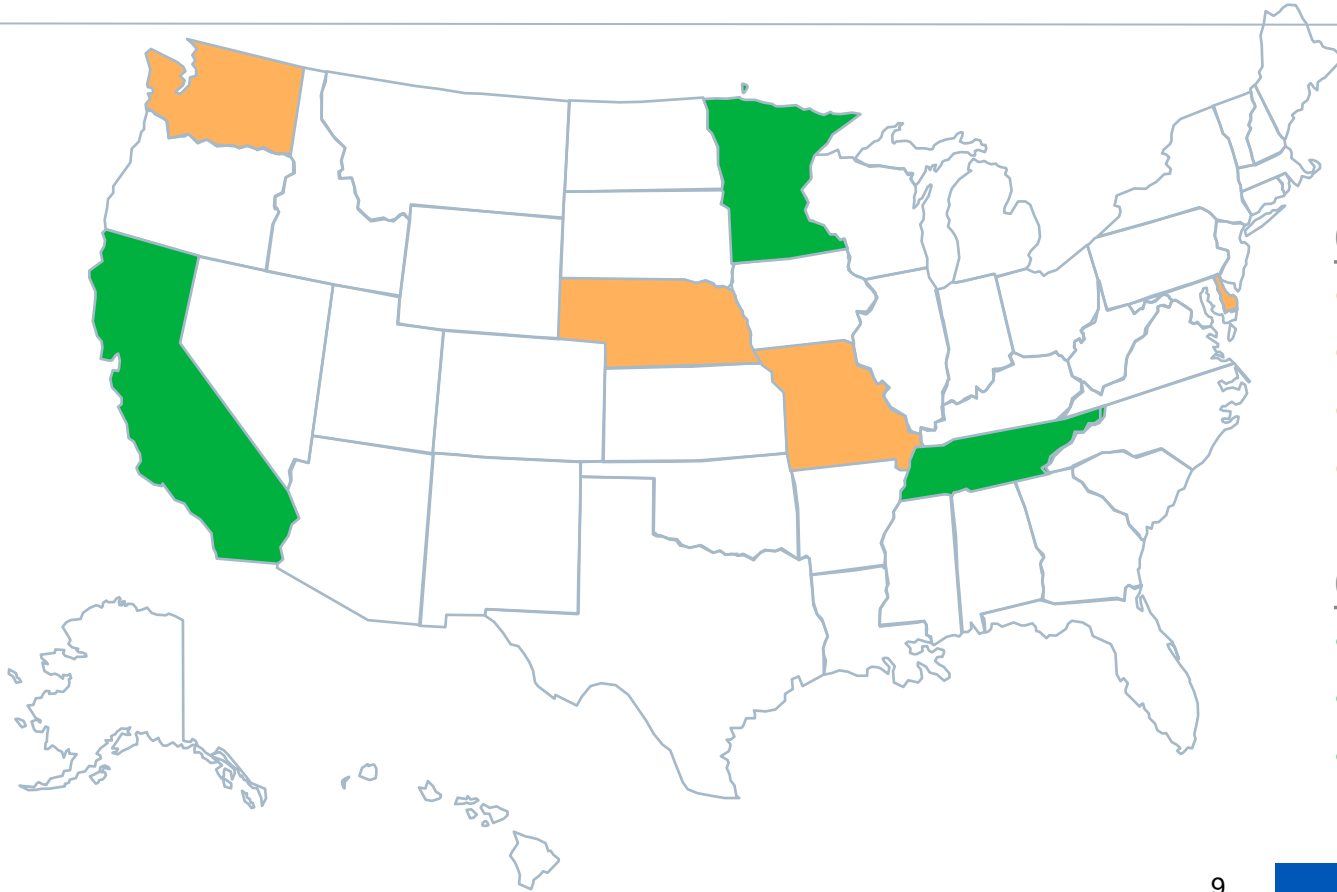
60+
SUBJECT MATTER
EXPERTS

50
STAFF MEMBERS

59
STATE AND
TERRITORIAL CHRONIC
DISEASE DIRECTORS

>\$40 M
REVENUE





Cohort 1

- Delaware
- Missouri
- Nebraska
- Washington

Cohort 2

- California
- Minnesota
- Tennessee

Introductions: In the Chat...

Introduce yourself by sharing the following in the chat:

- 1) Name
- 2) Role
- 3) Organization
- 4) Rose/Thorn →

- 1) **Rose:** What's one thing you're most proud of that your state has accomplished around student/staff emotional well-being?
- 2) **Thorn:** What's one challenge your state is working on as it relates to student/staff emotional well-being?



Project Overview

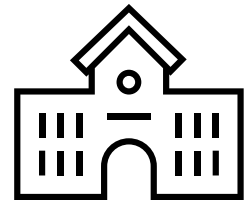
Priority 2: Emotional Well-Being

DP22-2203: National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

- Four (4) Priority Areas: This work focuses on Priority 2: Emotional Well-Being

Length: 5-year cooperative agreement

Goal: Improve the health and well-being of children, adolescents, and school staff in underserved and disproportionately affected communities



Priority 2: Emotional Well-Being

Goal: Support SEAs, districts, schools, and NACDD's constituents in developing, implementing, and evaluating evidence-based policies, practices, and programs that support emotional well-being of both students and staff in disproportionately affected communities

Four main strategies:

1. Professional Development and Technical Assistance
2. Dissemination
3. Partnership
4. Implementation

Cohort *Learning Collaborative*

- Each year, NACDD will engage a cohort of up to 2-4 SEAs and 4-8 LEAs collectively across all states

Funding *Mini-grants*

- Participating LEAs will receive mini-grants to support their participation in the cohort

Collaborative Learning

Each cohort will participate in a five-step, two-phased process over the course of an estimated 18-24 months

Cohort 1: 22-23 and 23-24 school years

Cohort 2: 23-24 and 24-25 school years





SEA/State and LEA Roles



Roles: General

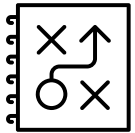
SEA/state team role	LEA/local team role
<p>Big picture: Support funded LEAs and extend learnings across LEAs in your state</p> <p>Identify 3-6 team members, including representation from State Department of Health and State Education Agency</p> <p>Convene with NACDD team:</p> <ul style="list-style-type: none"> • All SEAs: 5-6 <i>times/year (every other month)</i> • Individual LEA with SEA teams: 9 <i>times/year (monthly)</i> • All SEA + LEA teams: 3-4 <i>times/year (quarterly)</i> 	<p>Big picture: Enhance implementation of evidence-based policies, practices and programs to support emotional well-being.</p> <p>Identify 3-6 administrator and district/school staff members to participate on LEA team</p> <p>Convene with NACDD team:</p> <ul style="list-style-type: none"> • Individual LEA with SEA teams: 9 <i>times/year (monthly)</i> • All SEA + LEA teams: 3-4 <i>times/year (quarterly)</i>

Roles: Step 1, Assess (Nov 23–Jan 24)



SEA/state team role	LEA/local team role
<p>Engage and support identified LEAs (2/state) in completing the LEA assessment</p> <p>Be in the know re: the results and learnings both at your state's level and at an aggregate cohort level</p>	<p>Complete assessments on behalf of the LEA/district</p> <p>Review and discuss assessment results and learnings with state team and NACDD team</p> <p>*1st mini-grant installment provided after LEA Assessment and MOU are submitted</p>

Roles: Step 2, Plan (Jan–Mar 24)



SEA/state team role	LEA/local team role
<p>Support LEAs in development of Action Plan and as applicable, ensure alignment with state goals/priorities with respect to emotional well-being</p>	<p>Develop Action Plan informed by assessment results and learnings</p> <ul style="list-style-type: none">• Collaborate with determined partners, including equity-focused leaders and youth, to support development of plan <p>*NACDD will provide template</p>



Roles: Step 3, Implement (Mar 24–May 25)



SEA/state team role	LEA/local team role
Support implementation of Action Plan, as needed	Implement Action Plan and report on progress

Roles: Step 4, Learn (Ongoing)



SEA/state team role	LEA/local team role
<p>Engage in 2 PD opportunities annually and associated evaluations in support of LEAs; all PD opportunities will be recorded</p> <p>Participate in Training of Trainers (ToT) cadre (including associated evaluations) to support overall sustainability of efforts in your state (this occurs as part of SEA Bi-monthly Call)</p> <p>Use/adapt information from email campaign and overall learnings for sharing with other LEAs in the state</p>	<p>Engage in 2 PD opportunities annually and associated evaluations; all PD opportunities will be recorded</p> <p>Actively review and share email campaign distributions + overall learnings</p>

Roles: Step 5, Evaluate (Ongoing)



SEA/state team role	LEA/local team role
<p>Support LEAs in evaluation efforts</p> <p>Complete End-of-Project Survey</p> <p>Complete Post-Project Survey</p>	<p>Complete evaluation activities including written action plan updates, End-of-Project Survey, and Post-Project Survey</p> <p>*2nd mini-grant installment provided after End-of-Project Survey is submitted</p>

A Note on Evaluation for LEAs



- Written Action Plan Updates (semi-annual)
- Surveys
 - Post-PD Surveys (after each of the 2 PD opportunities and All SEA/LEA calls)
 - End-of-Project Survey (Spring '25)
 - Post-Project Survey (Fall '25)
- Conversations, as needed, to capture additional context/information



LEA Selection Guidance



Criteria

At the district level (i.e., LEA)

Selected LEAs will represent communities that are underserved, economically marginalized, and disproportionately affected by chronic diseases and chronic disease risk factors

Demonstrate interest, readiness, and capacity to increasingly adopt evidence-based policies, practices, and programs

Ability to engage a team of 3-6 members to participate on LEA team

Optimally dedicated to promoting a Whole Child approach and brings understanding of WSCC

School community focus – responsive to student, family, and community voices – to promote emotional well-being

Ability to engage in MOU/agreement with NACDD to support dissemination of funds



Questions



Next Steps



Next Steps

By Fri, November 3 (or sooner)

If you haven't already confirmed your 2 LEAs for participation in the learning collaborative, aim to do so and provide contact information or e-introduction to Heidi.

Upcoming dates to add to calendar and share among your state and LEAs:

- **Fall PD Event (SEAs/LEAs):**
Wednesday, November 15, 12-4PM ET.
[Registration link](#).
- **All SEA Call:** Wednesday, December 13, 12-1PM ET. [Registration Link](#).
- [23-24 Calendar](#)

Key Project Resources

- Project Webpage: <https://chronicdisease.org/nacdd-school-health/>
 - Project materials, call recordings, historical newsletters, etc.
 - Created specifically for SEAs/LEAs participating in the Learning Collaborative
- NACDD School Health Resource Repository:
<https://chronicdisease.org/page/schoolhealth/>
 - WHAT: Evidence-based resources, toolkits, tip sheets, etc. that support student and staff mental health and emotional well-being
 - WHO: Anyone can access this page when visiting NACDD's website
- [23-24 Calendar](#)
- [Project Overview Document](#)



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Thank you!
