



NATIONAL ASSOCIATION OF CHRONIC DISEASE DIRECTORS

Public Health AmeriCorps (Missouri) Service Opportunity III

POSITION OVERVIEW:

Position Name: NACDD Public Health AmeriCorps Service Member

Position Type/Hours: Three Quarter Time/1200 hours **Service Location:** Southeast Missouri State University

Mark F. Scully Building, 1115 Woodland Dr, Cape Girardeau, MO 63701

Living Allowance: \$10,592.00 Education Award: \$4,546.50 Total Award: \$15.138.50

PROGRAM PURPOSE:

The National Association of Chronic Disease Directors (NACDD) is a national public health non-profit agency focused on the health of the public by strengthening state and national leadership and expertise for chronic disease prevention and control. NACDD's core membership is composed of the 58 State and Territorial Health Department Chronic Disease Directors and their staff who protect the health of the public through primary and secondary prevention efforts and work "upstream" on root causes of chronic conditions. NACDD promotes health and reduces the burden of chronic disease through various programs and initiatives in collaboration with the Centers for Disease Control and Prevention's (CDC) Division of Nutrition, Physical Activity, and Obesity and the Division of Population Health, and a team of nationally recognized experts.

To enhance public health resources across the country and support state and local public health settings respond to and recover from the COVID-19 pandemic, the Public Health AmeriCorps (PHA) program supports the recruitment, training, and development of the next generation of public health leaders. In partnership with a State Health Department or similar agency, local health department(s) or other community-based organization(s), and/or a local YMCA or YMCA State Alliance, Service Members will be placed across fifteen states to advance existing efforts around food and nutrition security, safe physical activity access, social connectedness, and health equity, all within the context of the impact of the COVID-19 pandemic.

SPECIFIC SERVICE FUNCTIONS AND RESPONSIBILITIES:

PHA Service Member will engage in and support activities that align with Missouri's State Physical Activity and Nutrition (SPAN) program within designated Missouri communities, including nutrition and physical activity strategies that address health disparities related to poor nutrition, physical inactivity, and/or obesity. Assignments will be related to:

- Promote and assist with statewide Federal Food Service Guideline and Healthy Eating Research Guideline initiatives
 for local public health agencies, worksites, food service management, food policy councils, and food banks/pantries,
 collaborating with community sites to incorporate guidelines into respective nutrition criteria.
- Promote and assist with the expansion of existing fruit and vegetable voucher incentive and produce prescription
 programs, collaborating with applicable State of Missouri departments, food banks, University of Missouri Extension,
 farmers markets, and other community partners.
- Assist with statewide Early Care and Education (ECE) programs to integrate national obesity prevention standards and Farm to ECE into Missouri ECE settings.
- Assist with statewide breastfeeding initiatives for local public health agencies, hospitals, businesses, worksites, and ECE settings to achieve continuity of care for breastfeeding families.
- Participate and collaborate with the Missouri Complete Streets Advisory Committee, Missourians for Responsible
 Transportation, Regional Planning Commissions, and local governments in the promotion of Complete Streets within
 Missouri communities, to increase community access to physical activity throughout Missouri.

DESCRIPTION OF ANTICIPATED SERVICE SCHEDULE:

- Hybrid service hours
- Service hours are to be completed Monday-Friday between the hours of 8:00am and 5:00pm CT. Service hours are in addition to regularly scheduled courses. An alternative schedule may be considered and hours of work may occasionally vary to accommodate for trainings, travel to communities, etc.
- A maximum of 20% of your service hours may be training, education, or other similar approved activities

DESIRED SKILLS & COMPETENCIES

- Effective communication
- Ability to network and make community connections
- Independent worker while still able to connect as a team
- Critical thinking and problem solving
- Dependable and effective time management
- Passionate for improved food and nutrition security within communities
- Interest in community health and improved access for physical activities

REQUIRED COMMITTMENT

- Service members are expected to complete 1200 service hours within a one (1) year timeframe.
 - The service year begins 07/08/2024 and ends 07/07/2025

ORIENTATION AND TRAINING

Members must participate in

- Pre-service orientation
- PHA-specific training
- Program-specific training
- Any other trainings deemed necessary by the Host Service Site supervisor

Note: Trainings will be limited to 20% or less of PHA Service Members service hours

EVALUATION AND REPORTING

PHA Service Members will:

- Complete quarterly assessments of the PHA Program to include their host site experience, trainings, sense of belongingness and inclusivity, interest in pursuing a career in public health, etc.
- Complete monthly reflection forms
- Participate in quarterly performance evaluation and reviews with their Host Service Site supervisor
- Be required to submit service timesheets biweekly

PUBLIC HEALTH AMERICORPS ELIGIBILITY AND REQUIREMENTS

PHA Service Members must:

- Be at least 18 years of age at the commencement of service
- Have a high diploma or its equivalent
- A citizen, national, or lawful permanent resident alien of the United States
- Satisfy the National Service Criminal History Check eligibility criteria pursuant to 45 CFR 2540.202
- Live in the geographic region and within reasonable driving distance of the host service site and support a hybrid work schedule

OTHER PROGRAM ELIGIBILITY AND REQUIREMENTS

- Must be an upper level (3rd or 4th year) undergraduate student or graduate level student enrolled at a college or university pursuing a public health degree or related degree
 - Service Member must be an active student with Southeast Missouri State University's B.S. Nutrition or M.S.
 Applied Nutrition program to be eligible for this opportunity.
- Must be willing to comply with all Host Service Site and applicable community site vaccination and background check requirements, including but not limited to COVID-19, drug screening, criminal background, etc.

PUBLIC HEALTH AMERICORPS PROGRAM BENEFITS

- Living allowance of \$10,592.00 over the course of the term of service
- \$4,546.50 Segal Education Award at the end of a successful service term
- Student loan deferment and interest forbearance
- Increased professional awareness and accumulated real-world experience to enhance job competence following completion of service year
- Join a network of like-minded leaders who are passionate about improving communities and the health and wellbeing of community members

HOW TO APPLY

- Find An Opportunity: Visit the <u>AmeriCorps State and National</u> page. Scroll to "Find an Opportunity". Scroll to the bottom of the page and select "Refine Search". Insert the following for program type: "AmeriCorps State/National", select the state for the service opportunity you're interested in applying, and for program name type: "NACDD PHA". Select "Search" and then "Apply Now!"
- 2. **Register on the MyAmeriCorps Portal:** Before applying for AmeriCorps opportunities, you'll need to create a profile in the AmeriCorps Portal. Creating your profile is a four-step process.
- 3. **Complete Your Application:** Complete the application for the Service Opportunity that you're interested in by providing the requested information about your skills and experiences.
- 4. **Submit Your Application 5/03/24:** Once you've completed your application, you'll be able to submit your application.

FOR MORE INFORMATION

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- Public Health AmeriCorps
- National Association of Chronic Disease Directors