



SPINE Scoop | September 2023

Welcome to the SPINE Scoop!

The purpose of this communication is to provide State Partnerships Improving Nutrition & Equity (SPINE) States with regular program updates related to grants administration, evaluation, technical assistance and training, upcoming meetings and events, and other relevant information.

For consistency, the SPINE Scoop will typically be sent the first week each month to streamline the number of emails sent to SPINE state leads; however, time-sensitive and urgent information will be communicated, as needed. We encourage you to share this with your state team members as well.

Please note all links, dates, and resources can also be found on the [SPINE State Internal Hub Webpage](#).

SPINE Shoutout

This month we are shouting out **all the SPINE States!** Thank you for all your effort to attend and participate in the Summit for Advancing Healthy Communities meeting in San Diego, California! A special thank you to the SPINE states that presented during the meeting: Kansas, New Hampshire, New Jersey, Michigan, & Oregon.

Action Plans, Progress Reports, and Evaluation

Quarter 3 Progress Reports are due October 16, 2023, COB. Progress Reports should be entered in your state's dashboard in the [SPINE Project Management Hub](#).

Grant Administration/Budgets

Quarter 3 Invoices are due October 31, 2023, by COB. Invoices should be sent to Crystal E. Doxie, cdoxie@chronicdisease.org. Please cc [Charita James](#) on the email.

Program Updates

Please note that the updated [SPINE 2022-2023 Calendar](#) (updated August 2023) has been uploaded on the [SPINE Internal Hub](#) under "Year 2 SPINE Program Materials".

Past SPINE Trainings & Technical Assistance Recordings & Materials

- August BRIC & SPINE Webinar. Partnering with Prevention Research Centers to Sustain Public Health Work. [Recording](#) & [Slides](#).

Upcoming SPINE Training & Technical Assistance Opportunities

- **September 13:** SPINE Special Topic Learning Opportunity. Summit to Advance Healthy Communities, Post Discussion. 2:00-3:30 PM ET. At least one representative from each state is **required** to attend. Please note that the time and date may be subject to change. [Register now.](#)
- **September 19:** SPINE Monthly Update Call, 3:00-4:00 PM ET. At least one representative from each state is **required** to attend. [Zoom Meeting Link.](#) Zoom Meeting ID: 867 5536 7312.
- **October 18-25:** 1:1 Support Calls. Please refer to the calendar invite for your state's date/time and Zoom meeting details.

Non-SPINE Training and Technical Assistance Opportunities

Webinars & Meetings

- **2025 Dietary Guidelines Advisory Committee Meeting 3.** September 12, 2023, 1:00-4:00 PM & September 13, 2023, 9:00 AM - 3:30 PM ET. [Register now.](#)
- **Healthy Eating Research. Being Who We Say We Are – Negotiating Power and Building Relationships in Food Systems Research.** September 11, 2023, 1:00 PM ET. [Register now.](#)
- **NIH: Advancing Health Equity Through Culture-Centered Dietary Interventions to Address Chronic Diseases.** September 28 & September 29 2023, 12:00- 5:00 PM. [Register now.](#)
- **NACDD General Member Webinar. Propelling Public Health With Media Partnerships.** September 14, 2023, 3:00 PM ET. [Register now.](#)
- **NACDD General Member Webinar. Understanding Long COVID and its Relationship to Chronic Conditions.** October 12, 2023, 3:00 PM ET. [Register now.](#)
- **NACDD's Learning & Discussion Series on the White House National Strategy on Hunger, Nutrition & Health.** September 21, 2:00 PM ET. This session will focus on a discussion of Pillar 5 of the National Strategy- Enhance Nutrition and Food Security Research. [Register now.](#)
- **West Coast Climate & Management Forum. Achieving Zero Food Waste: State Policy Toolkit and EPA's Climate Pollution Reduction Grants.** September 13, 2023, 11:00 AM PT. [Register now.](#)

Resources Pertinent to the SPINE Program

Food and Nutrition Security

- [2023 SPAN Recipients](#)

Health Equity

- [Becoming a More Inclusive Leader](#)
- [Federal Policy to Advance Racial, Ethnic, and Tribal Health Equity](#)

- [Pathways to a Racially Just Food System](#)
- [Rural Policymaking: Resources to Advance Rural Prosperity & Racial Equity](#)
- [Strategies for Equitable Policymaking](#)
- [Undoing the Drivers of Health Inequity](#)

Breastfeeding

- [ABCs for Professionals- A training resource for lactation professionals, doctors, nurses, midwives, and doulas.](#)
- [Breastfeeding Benefits Both Baby & Mom](#)

HHS Nutrition Policy Fellowship

The Office of Disease Prevention and Health Promotion at the U.S. Department of Health and Human Services is offering a Health Policy fellowship. The participant will gain professional experience in a health policy setting and assisting in the coordination and development of the 2025-2030 Dietary Guidelines for Americans. For more information and to complete an application visit [HHS Health Policy Fellow](#).

Please [visit the resource page](#) on the [SPINE Internal Hub](#) for more food and nutrition security, health equity, and breastfeeding resources.

Questions? Have a resource to share? Want to be featured in the SPINE Shotout? Contact [Charita James](#).