



**STATE PARTNERSHIPS**  
— IMPROVING —  
**NUTRITION & EQUITY**

Post Summit Discussion:

# What's Next, Sustainability & Reflections

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September 13, 2023 | 2:00-3:30 PM ET

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# WELCOME!

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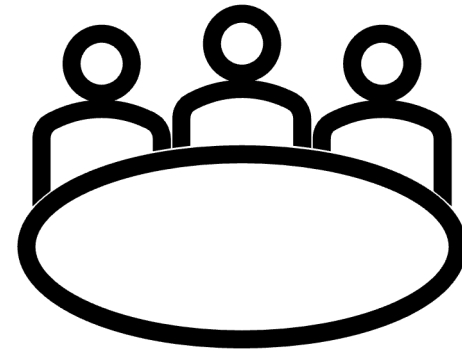




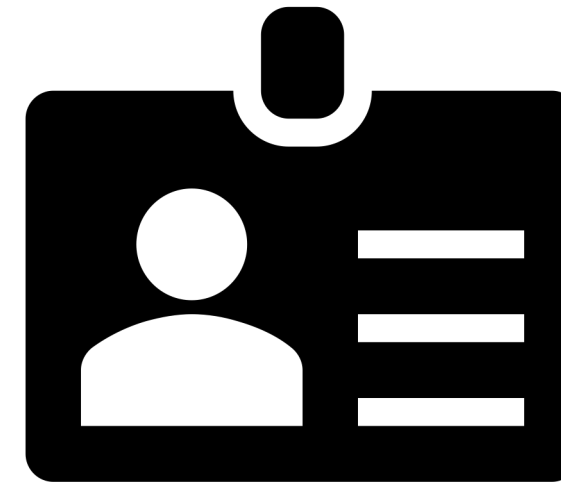
# A few reminders...



This meeting will **be recorded.**



We **encourage you to share.**



Please put **your state** alongside your name. Display your **pronouns** if you wish.



Please take a moment to complete the **survey, at end of today's meeting.**



Ask **questions via chat** or **raise your hand** if you would like to ask a question off mute.



Use the **chat & reaction buttons** for comments engagement.





# SPINE Meeting Norms 2023

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- Encourage each other to be emotionally, intellectually, and socially engaged
- Feel free to speak *your* truth, while knowing it's only *part of* the truth, and empathizing with the truth *of others*
- Listen to understand
- Practice being vulnerable. It's ok to speak in rough draft.
- Be mindful of the impact of what you say, not just your intention
- Understand that we are all learning
- Be ok with not having all of the answers and be honest about your capacity
- Communicate positive, reflective, constructive feedback for collective solutions





# Agenda

<b>Time</b>	<b>Agenda Item</b>
<b>2:00-2:05 pm</b>	Welcome
<b>2:05-2:10 pm</b>	Opening Activity
<b>2:10-2:20 pm</b>	Summit Reflection & Recap
<b>2:20-3:15 pm</b>	Sustainability Plan Peer Feedback
<b>3:05-3:20 pm</b>	Breakout Group Report Back
<b>3:20-3:25 pm</b>	Q&A
<b>3:25-3:30 pm</b>	Next Steps & Closing

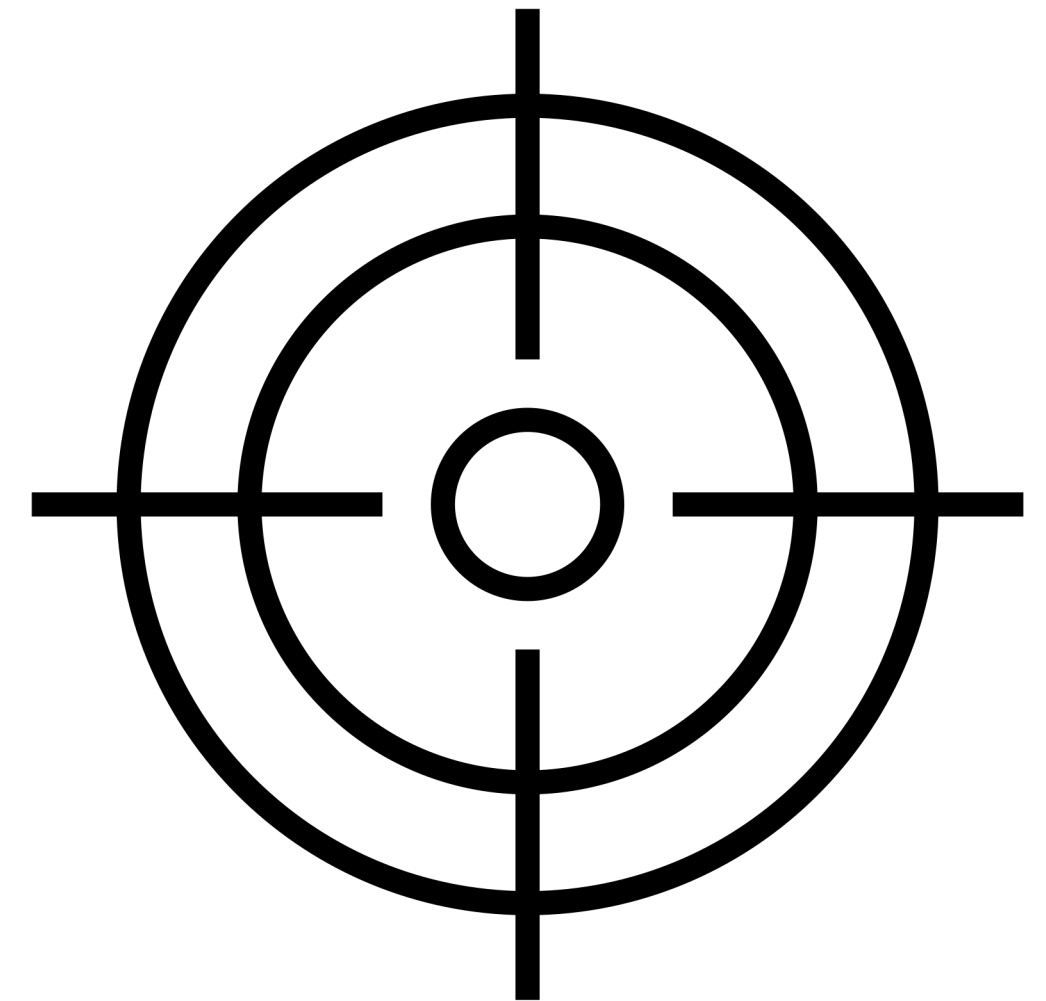




# Session Objectives

The purpose of today's session is to:

- ✓ Discuss your sustainability plans and next steps for SPINE work
- ✓ Discuss strategies shared during the Summit that can support and sustain SPINE work
- ✓ Identify at least one action item or improvement that can be made to strengthen sustainability plans based on feedback received today





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# Opening Activity

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## Reflection Activity: Mentimeter Activity

Head on over to [menti.com](https://menti.com) and enter the code 7529 8985 to participate in the opening activity & complete the following statement.

I left the Summit feeling \_\_\_\_\_ about the next steps for my SPINE work.





I left the Summit feeling \_\_\_\_ about the next steps for my SPINE work?

10 responses





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# Summit Recap: Key Takeaways

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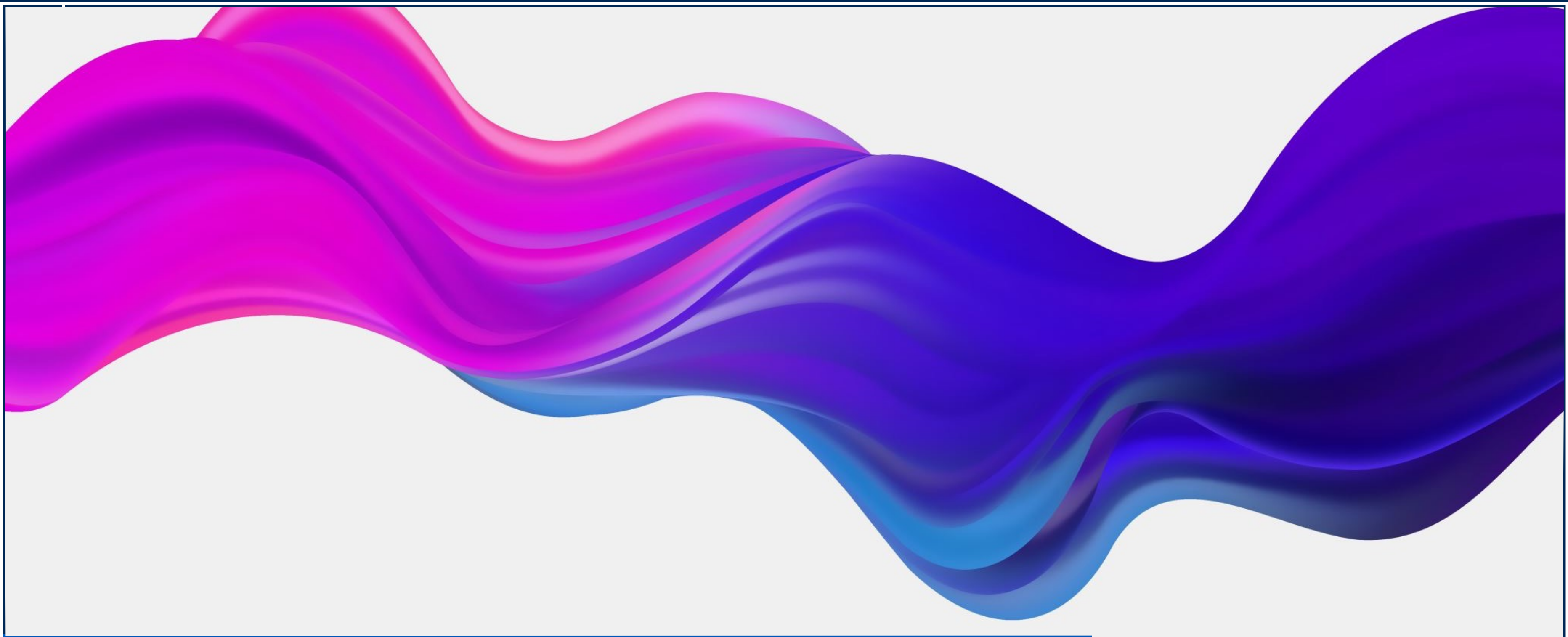


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# How to Engage Non-Traditional Partners

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# PRACTICAL STEPS



**NATIONAL ASSOCIATION OF  
CHRONIC DISEASE DIRECTORS**  
Promoting Health. Preventing Disease.

INNOVATION

Think outside  
the gas tank

“Fuel comes in many  
forms”





# ACTIVITY: What Do You Need Besides Money?

## NEED

Food?

Bikes?

Bike Helmets

Experts/Advocates?

Exercise Bands?

Activity Trackers?

Cell Phones?

Internet Access?

Policy Change

## RESOURCE

Kroger, Foodbanks, Restaurants

Google “free bikes”

Bell Helmets

Local Universities

LatexTubing.com

Fitbit

Nokia

Verizon

Public Officials at ever level (school board, tax comm, transit officials)





## Brookhaven Luncheon with Chris Chelette, Children's Healthcare of Atlanta



ACTIVITY:  
Connect Partners TO Their Value



## PARTNER PROSPECTS

Senior Centers?  
Youth Centers (B&G)?  
Medical Clinics/Hospitals?  
Civic Groups?  
Sports Teams (youth and professional?)  
Hobby Organizations?  
Business Groups?  
Food Banks  
Govt. Agencies & Assoc: Transportation, Housing?  
Restaurants?  
Grocery Stores?  
Universities & Community Colleges?  
Legislators  
Faith Leaders?

## POTENTIAL VALUE

Isolation Interventions  
Nutrition Influence  
Referrals  
Volunteer workforce  
Influence & endorsement  
Walking, biking, loneliness  
Reach Employees & funding  
Coordination & collaboration  
Bike lanes, healthy housing  
Cooking classes  
Mobile produce/access  
Education & volunteerism & awareness  
Policy & influence  
Influence & advocates





# ACTIVITY:

## Get Practical: Pick Up The Phone



## PRACTICAL PARTNERSHIP BEHAVIORS

Get Out of Your Office

Join

Speak Up

Tech Up

Email Strategically

Invite

Invite Yourself

Introduce Yourself

Talk About Your Work

**Go to Conferences, Meetings, Fairs, Festivals,  
Chamber of Commerce, Civic Groups**

**Pick up the Phone**

**Customize messages & materials**

**Can you help me? Who should I contact? (then  
you have a referral)**

**Legislators, mayors, CMO, biz owners**

**To meetings**

**To local orgs (i.e. Latin American Association)**

**Neighbors, airplanes, parties**



Take Away #1:

**Build Relationships  
And Partnerships Will  
Follow**

A decorative background on the left side of the slide, consisting of overlapping, semi-transparent red and pink geometric shapes, primarily triangles and polygons, creating a complex, crystalline pattern.

Take Away #2:

**“Personal over  
Efficient”**

Then...

Personal Will Become  
**Efficient**

An abstract background on the left side of the slide, composed of overlapping, semi-transparent geometric shapes in various shades of red and pink, creating a dynamic, layered effect. The shapes are primarily triangles and polygons, some pointing towards the right.

*Take Away #3:*

**Everyone Wants To  
Be A Hero.**

**Ask for Help and  
Let Them Save  
The Day.**



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# Systems for Sustainability

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# Systems for Sustainability

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- Leverage 1115 Waivers
- Collaborate with other programs (within chronic disease unit and external) from a common space
- Implement policy, systems and environmental strategies
- Leverage State Plans
- Leverage Additional Funding







# Poll Question

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- Which of these do you plan to leverage to sustain your SPINE work?
  - 1115 Waivers
  - Partnerships
  - Implementing PSE strategies
  - State Plans
  - Additional Funding
  - Other (please type in chat)





What are your concerns with sustaining your SPINE work? (*please type your response in the chat or come off mute and share.*)





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# Sustainability Plan Peer Feedback

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# Breakout Group Instructions

- Each state will have 10 mins to present their sustainability plans (5 mins to present & 5 mins for feedback), and any questions regarding their sustainability plan
- Please be prepared to provide feedback on your peers' plans
- Group assignments:
  - Main Room: OK, KS, NH, IA, NJ
  - Breakout Room: MD, MI, NV, OR





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# Breakout Group Report Back

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# Pause and Reflect

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One thing you heard today that will be useful in your SPINE work moving forward?





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# Q&A

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# Closing & Next Steps

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# Announcements/Reminders

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## Training & T/TA

- **September 19:** SPINE Monthly Update Call, 3:00-4:00 PM ET. At least one representative from each state is **required** to attend. [Zoom Meeting Link](#). Zoom Meeting ID: 867 5536 7312.
- **September 21:** NACDD's Learning & Discussion Series on the White House National Strategy on Hunger, Nutrition & Health, Focusing on Pillar 5 of the National Strategy. [Register now](#).
- **October 18:** SPINE Meeting, 2:00 PM. ET. Sustainability. At least one representative from each state is **required** to attend. [Register Now](#).
- **October 18-25:** 1:1 Support Calls. Please refer to the calendar invite for your state's date/time and Zoom meeting details.

## Upcoming Deadlines/Reminders

- **October 16.** Quarter 3 Progress Reports are due
- **October 31.** Quarter 3 Invoices are due to Crystal E. Doxie

**Visit the [SPINE Internal Hub](#) for additional announcements, reminders, and webinar replays!**





**Thank you!**

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