



## SPINE Scoop | June 2023

### Welcome to the SPINE Scoop!

The purpose of this communication is to provide State Partnerships Improving Nutrition & Equity (SPINE) States with regular program updates related to grants administration, evaluation, technical assistance and training, upcoming meetings and events, and other relevant information.

For consistency, the SPINE Scoop will typically be sent the first Monday of each month to streamline the number of emails sent to SPINE state leads; however, time-sensitive and urgent information will be communicated, as needed. We encourage you to share this with your state team members as well.

Please note all links, dates, and resources can also be found on the [SPINE State Internal Hub Webpage](#).

### SPINE Shoutout

This month we are shouting out **New Jersey**! New Jersey will be presenting on their SPINE work and how they have meaningfully collaborated with tribal communities, during the Physical Activity and Nutrition Partner Engagement Learning Lab (PAN PELL) on June 7th. PAN PELL is facilitated by NACDD and brings together a cohort of states to learn strategies on how they can improve their physical activity and nutrition activities while centering healthy equity and collective impact. This is a great opportunity for the SPINE New Jersey team to highlight their work and share best practices and lessons learned with other states.

If you would like to have your work featured in the next issue of the SPINE Scoop, please email [Charita James](#).

### Program Updates

Based on suggestions and feedback from SPINE teams, moving forward, we will alternate months for SPINE Update Meetings and 1:1 meetings. Please see the tentative schedule below.

- SPINE Monthly Update Meetings will be held: July 18, 2023, September 19, 2023 & November 21, 2023.
- SPINE 1:1 calls will be held during the following months: June 2023, August 2023, October 2023; and an optional 1:1 call is scheduled in December 2023. Please refer to the calendar invites for your state's date/time and Zoom meeting details.

## Action Plans, Progress Reports, and Evaluation

**Quarter 2 Progress Reports are due July 14, 2023, COB.** Progress Reports should be entered in your state's dashboard in the [SPINE Project Management Hub](#). Please review the [reporting guidance](#) before submitting your report.

## Grant Administration/Budgets

**Quarter 2 Invoices are due July 31, 2023, by COB.** Invoices should be sent to Crystal E. Doxie, [cdoxie@chronicdisease.org](mailto:cdoxie@chronicdisease.org).

## Past SPINE Trainings & Technical Assistance Recordings & Materials

- May SPINE Update Meeting. [Agenda](#) | [Recording](#) (passcode: W@&6v+5c) | [Slides](#)
- May SPINE Peer Exchange: Integrating Lived Experience into Food and Nutrition Security Work. [Agenda](#) | [Recording](#) (passcode: \*!#1Da0m) | [Slides](#) | [Jamboard Link](#) | [Post Survey](#)

## Upcoming SPINE Training & Technical Assistance Opportunities

- **June 14, 2023:** SPINE Special Topic Learning Opportunity: Screening for Food Insecurity, 2:00-3:30 PM ET. At least one representative from each state is **required** to attend. [Register now](#).
- **June 6-19, 2023:** 1:1 Support Calls with Individual States. Please refer to the calendar invite for your state's date/time and Zoom meeting details.

## Non-SPINE Training and Technical Assistance Opportunities

### Conferences

- [2023 National Breastfeeding Conference and Convening](#). June 8-10, 2023, Bethesda, MD. The U.S. Breastfeeding Committee is hosting their first in-person conference since 2019. The theme this year is *Expanding Connections and Partnering for Progress*. [Register now](#).
- [APHA Policy Action Institute](#). June 15-June 16, Washington, DC & Virtual. This Institute will bring together public health leaders, students and advocacy experts for a collaborative event to discuss proven and proposed policy solutions to tackle today's most pressing health threats at the local, state and federal levels. [Register now](#).
- National Association of Community Health Workers

### Webinars & Meetings

- **BRIC Peer Exchange**. June 24, 2023, 2:00 PM ET. Sustaining BRIC Strategies in Rural Communities. [Register now](#).
- **NACDD General Member Webinar**. June 8, 2023, 3:00 PM. Public Health Approaches, Health Misinformation Research, and State Policies for Prostate Cancer Screening and Treatment. [Register Now](#).
- **NACDD General Member Webinar**. June 24, 2023, 3:00 PM. Impact and Translation of NACDD Technical Assistance Methods. [Register Now](#).

- **NACDD's Learning & Discussion Series - National Strategy on Hunger, Nutrition and Health.** June 15, 2023. 2:00 PM ET. This session will focus on a discussion on Pillar 3 of the National Strategy- Integrate Nutrition and Health. [Register now.](#)

## Resources Pertinent to the SPINE Program

### Food and Nutrition Security

- [Advancing Food Security for Military Families: Self-paced Course](#)
- [Experiences of Farmers Market Vendors in a Healthy Food Incentive Program](#)
- [Healthy Foods in Convenience Stores: Benefits, Barriers, and Best Practices](#)
- [The Implementation of a Nutrition Intervention in Food Pantries: The Spirit of SWAP](#)
- [USDA's 12 Regional Food Business Centers finalists](#)
- [Working With Rural Producers to Expand EBT in Farmers' Markets: A Case Study in Hardeman County, Tennessee](#)

### Health Equity

- [2023 County Health Rankings Report](#)
- [Addressing the Gap Between Academic Research and Grassroots Public Health Practice: Supporting Policy, Systems, and Environmental Changes in Rural Communities](#)
- [Dietary Guidelines for Americans: Race, Culture & Adapting the Recommendations for All](#) (Association of State Public Health Nutritionists)
- [Places Comparison Report](#)

### Breastfeeding

- [Breastfeeding in infancy and mortality in middle and late adulthood: A prospective cohort study and meta-analysis](#)
- [Trust Black Women: Using Photovoice to Amplify the Voices of Black Women to Identify and Address Barriers to Breastfeeding in Southeast Georgia](#)

## Summit to Advance Healthy Communities: Reflecting, Sharing & Planning for the Future Updates

The Summit will take place in San Diego, CA on August 29- 30, 2023 at the Westin San Diego Gaslamp Quarter (910 Broadway Circle, San Diego, California, 92101). This Summit will convene NACDD-funded Building Resilient and Inclusive Communities (BRIC) and State Partnerships Improving Nutrition and Equity (SPINE) recipients and other subject matter experts to share lessons learned and plan for program sustainability. Registration information and travel instructions will be sent via email in the coming days.

Please [visit the resource page](#) on the [SPINE Internal Hub](#) for more food and nutrition security, health equity, and breastfeeding resources. Also, remember that you can [submit questions anonymously](#) before SPINE T/TA opportunities (i.e., Special Topic Learning Opportunity, Peer Exchange, & Monthly Update meeting).

Questions? Have a resource to share? Contact [Charita James](#).