



SPINE Scoop | August 2023

Welcome to the SPINE Scoop!

The purpose of this communication is to provide State Partnerships Improving Nutrition & Equity (SPINE) States with regular program updates related to grants administration, evaluation, technical assistance and training, upcoming meetings and events, and other relevant information.

For consistency, the SPINE Scoop will typically be sent the first Monday of each month to streamline the number of emails sent to SPINE state leads; however, time-sensitive and urgent information will be communicated, as needed. We encourage you to share this with your state team members as well.

Please note all links, dates, and resources can also be found on the [SPINE State Internal Hub Webpage](#).

SPINE Shoutout

This month we are shouting out **Iowa**! Iowa has developed an infographic that provides a summary of data that was gathered through targeted assessments, surveys, and environmental scans, that will be used to develop a strategic plan for the Iowa Nutrition Network Partnership. The Iowa Nutrition Network Partnership believes that everyone should have access to opportunities that allow them to eat a healthy diet and live an active lifestyle, and they use evidence-based approaches to promote a healthful diet and lifelong physical activity.

If you would like to have your work featured in the next issue of the SPINE Scoop, please email [Charita James](#).

Summit to Advance Healthy Communities: Reflecting, Sharing and Planning for the Future in San Diego Updates

- **August 17, 2023**, is the deadline for the State Introduction slide. Please use the [State Introduction Slide Template](#) to prepare your slide, and email your completed slide and the name of your team's spokesperson to [Catherine McCann](#) and cc [Charita James](#).
- For more information about the Summit, please review the [June 29 Prep Call recording](#) if you were unable to attend the prep meeting.

Program Updates

Please note that the updated [SPINE 2022-2023 Calendar](#) has been uploaded on the [SPINE Internal Hub](#) under “Year 2 SPINE Program Materials”.

Evaluation Updates

- The SPINE Mid-year Evaluation will be sent out this month via email. We kindly ask that **all SPINE leads and team members who have participated in SPINE T/TA** (webinars, peer exchange, 1:1 calls etc.) **this year share their feedback via the survey.**

Upcoming SPINE Training & Technical Assistance Opportunities

- **August 16-22:** 1:1 Support Calls with Individual States. Please refer to the calendar invite for your state’s date/time and Zoom meeting details.
- **September 13:** SPINE Special Topic Learning Opportunity. Communications 101: Leveraging Communications for Food & Nutrition Security Work. 2:00-3:30 PM ET. At least one representative from each state is **required** to attend. [Register now.](#)
- **September 19:** SPINE Monthly Update Call, 3:00-4:00 PM ET. At least one representative from each state is **required** to attend. [Zoom Meeting Link.](#) Zoom Meeting ID: 867 5536 7312.

Non-SPINE Training and Technical Assistance Opportunities

Webinars & Meetings

- **CDC’s Division of Nutrition, Physical Activity, and Obesity (DNPAO) Seminar Series** (previously recorded). The seminar series showcases the science and practice of DNPAO work—including the latest research, guidelines, and successes. [View now.](#)
- **COVID-19 Policy Implications for USDA Child Nutrition Programs and SNAP. August 9, 2023, 4:00 PM ET.** This session will discuss policies and USDA waivers related to SNAP and child nutrition programs, including school and summer meals, during the COVID-19 pandemic, and lessons learned. [Register now.](#)
- **NACDD General Member Webinar.** Connecting Maternal Health and Chronic Disease for Maternal Mortality Prevention. August 10, 2023, 3:00 PM ET. [Register now.](#)
- **NACDD General Member Webinar.** Breast, Cervical, and Colorectal Cancer Change Packages. August 24, 2023, 3:00 PM ET. [Register now.](#)
- **NACDD’s Learning & Discussion Series - National Strategy on Hunger, Nutrition and Health.** August 17, 2023, 2:00 PM ET. This session will focus on a discussion on Pillar 4 of the National Strategy- Support Physical Activity for All. [Register now.](#)
- **Social Current: Screening for Social Need and the Social Determinants of Health Session 3: Health Access for Special Populations.** September 7, 2022, 2:00PM ET. [Register now.](#)

Resources Pertinent to the SPINE Program

Food and Nutrition Security

- [2023 HOP Recipients](#)
- [Zero Food Waste Coalition: Achieving Zero Food Waste: A State Policy Toolkit](#)

Health Equity

- [American Heart Association: \\$20 million Awarded for Scientific Research to Address Health Challenges in Rural Areas.](#)
- [Change Lab Solutions: Process Evaluation for Equity](#)
- [Journal of Public Health Management & Practice: Understanding Health Equity in Public Health Practice](#)

Sustainability

- [Evaluating Public Health Resources: What Happens When Funding Disappears?](#)

August is National Breastfeeding Month

In recognition of National Breastfeeding Month, the U.S. Breastfeeding Committee hosts a social media advocacy and outreach campaign inviting member organizations, breastfeeding coalitions, partner organizations, and individuals to participate in online action and conversation about the policy and practice changes needed to build a landscape of support for babies and families. Join the celebration of mothers and lactating parents and work to protect, promote, and support breastfeeding and human milk feeding! Please visit the [U.S. Breastfeeding Committee's website](#) for resources, weekly observances, and more information.

NACDD Call for Board Nominations

The National Association of Chronic Disease Directors is proud to announce its 2023-2024 Board of Directors [call for nominations](#)! Eligible nominees may be Chronic Disease Directors or any other chronic disease professional who is currently serving with distinction and innovation as a leader or manager of a state or territorial chronic disease program for a minimum of one year. Self-nominations are welcome. Read more about the [roles and responsibilities](#) of being an NACDD [Board Member](#).

Please [visit the resource page](#) on the [SPINE Internal Hub](#) for more food and nutrition security, health equity, and breastfeeding resources.

Questions? Have a resource to share? Contact [Charita James](#).