***Biden- Harris Administration***

***National Strategy on Hunger, Nutrition and Health***

**Call to Action for a Whole of Society Response by Pillar**

***Access the*** [***Full Report***](https://www.whitehouse.gov/wp-content/uploads/2022/09/White-House-National-Strategy-on-Hunger-Nutrition-and-Health-FINAL.pdf)

**Pillar 4—Support Physical Activity for All**
Make it easier for people to be more physically active—in part by ensuring that everyone has access to safe places to be active—increase awareness of the benefits of physical activity, and conduct research on and measure physical activity

*Call to Action for a Whole-of-Society Response*

* *State, local, and territory governments should adopt jurisdiction-wide plans and proclamations to promote CDC’s Active People, Healthy Nation as well as adopt and implement Complete Streets policies and Safe Routes to School programs.*
* *State governments should offer free passes for children and/or families to state parks. • State, local, and territory governments should increase accessibility for community members with disabilities to exercise at local parks or workout facilities.*
* *State governments should consider establishing and monitoring implementation of more rigorous physical education requirements in schools to meet or exceed the Physical Activity Guidelines for Americans’ recommendations for children and adolescents.*
* *Correctional facilities should provide opportunities for exercise for persons in custody.*
* *Employers should encourage physical activity in the workplace, including by promoting the use of stairs instead of elevators and active modes of transportation to work, and by providing access to spaces to be physically active at work.*
* *City bike share companies should subsidize their membership costs for individuals with lower incomes. • The private sector should invest in building parks and safe sidewalks in underserved neighborhoods*
* *The private sector, non-profits, and local governments should work together to create shareduse agreements to make open spaces, sports facilities, and fields open to school*