Make the Time yourself,







Enroll ONLINE today for Every Woman Matters and the Nebraska Colon Cancer Screening Program.



www.dhhs.ne.gov/ewm

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Every Woman Matters (EWM) is a program that can help you get a health check up. EWM may pay for exams based on health history and program guidelines:

Breast and Cervical Cancer Screening

- Pelvic exam with a Pap test
- Clinical breast exam
- Mammogram

Heart Disease and Diabetes Screening

- Blood pressure check
- Cholesterol check
- Blood sugar (glucose) check
- Health and wellness information for living a healthier life

How do I Qualify?

- Must be 40-74 years of age
- Must be a citizen or legal resident of Nebraska
- Must meet program income guidelines
- Must not have health insurance that would pay for preventive services

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The Nebraska Colon Cancer Screening **Program** (NCP) offers enrollment, screening and education information to Nebraska men and women who are 45 through 74 years of age.

Tests and services may include fecal occult blood test (FOBT) kit for at-home testing and/or colonoscopy. All screenings are based upon family and personal history and must be **pre-approved** by NCP staff.

- Colon cancer is easiest to treat when found early.
- In the early stages, there are no symptoms
- Colon cancer is the 2nd leading cause of cancer death for both men and women in Nebraska

How do I Qualify?

- Must be 45-74 years of age
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"Helping Nebraskans Live Better Lives"

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Web: www.dhhs.ne.gov/womenshealth www.dhhs.ne.gov/menshealth

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