SEA/LEA Quarterly Call Resources
May 10, 2023

Teaming

- Creating a Sustainable Culture of Learning & Health at the District Level (RMC Health): https://www.rmc.org/wp-content/uploads/2020/01/District-Level-Destination.pdf
  - Includes content related to groups vs. teams
- Teaming Guide (NCSMH): https://www.schoolmentalhealth.org/media/SOM/Microsites/NCSMH/Documents/Quality-Guides/Teaming-7.16.21.pdf
- Team Alignment Tool (NCSMH): https://dm0gz550769cd.cloudfront.net/shape/79/799dc5cfeca7d3e7dac9d7c5081a0780.pdf
- Creating a High Performing Team (RMC Health): https://www.rmc.org/wp-content/uploads/2015/01/TravelGuideTeam.pdf
- Creating a Representative SEL Team (CASEL): https://schoolguide.casel.org/focus-area-1a/create-a-team/
- Guide to Developing Team Norms (UPenn): https://www.med.upenn.edu/uphscovid19education/assets/user-content/documents/leading/guide-to-establishing-team-norms-final.pdf
- Sharing Power with Communities Field Guide (Community Wealth Partners): https://communitywealth.com/wp-content/uploads/2023/04/Sharing-Power-with-Communities-Field-Guide-v5.pdf
- Approaches to Sharing Power (Search Institute): https://d2pck61xhq74q6.cloudfront.net/Resources-Hub/Class-or-Group-Setting/Ref-325_Approaches-to-sharing-power.pdf

Employee Well-Being

- Healthy School, Healthy Staff, Healthy Students: A Guide to Improving School Employee Wellness (NACDD): https://chronicdisease.org/resource/resmgr/school_health/school_employee_wellness/nacdd_schoolemployeewellness.pdf
- Teacher Stress and Health: Effects on Teachers, Students, and Schools (RWJF):
  - Issue Brief: https://www.rwjf.org/content/dam/farm/reports/issue_briefs/2016/rwjf430428
  - Video: https://www.youtube.com/watch?v=90f5eEqrZG8

Student Emotional Well-Being

- 3 Signature SEL Practices Playbook (CASEL): https://schoolguide.casel.org/uploads/sites/2/2018/12/SEL-3-Signature-Practices-Playbook-7.5.22.pdf