

**SOUTH DAKOTA BUREAU  
OF HUMAN RESOURCES**  
500 East Capitol Avenue  
Pierre, SD 57501

**AARGH!**  
I FORGOT  
OUR WEDDING  
ANNIVERSARY!



# **WE ALL FORGET THINGS. DON'T LET THAT HAPPEN WITH YOUR SCREENINGS.**

*Getting regular screenings may help find breast, cervical and colorectal (colon) cancers early when treatments work best. As part of your South Dakota State Employee Health Plan, cancer screenings are covered as a FREE preventative service without meeting your deductible.*

*For those at average risk, screening is recommended starting at the following ages.*

<b>CERVICAL CANCER SCREENING</b>	<b>BREAST CANCER SCREENING</b>	<b>COLORECTAL CANCER SCREENING</b>
<b>AGE 21</b>	<b>AGE 40-50</b>	<b>AGE 45</b>

*Talk to your doctor about when to begin screening, which test is right for you, and how often to get screened.*

**VISIT [HTTPS://BHR.SD.GOV/BENEFITS/](https://bhr.sd.gov/benefits/)  
to learn more about coverage.**

**DON'T FEEL EMBARRASSED.  
GET SCREENED!**

