



Colorectal Cancer in Iowa



2 Colorectal cancer is the 2nd leading cause of cancer death in Iowa and in the U.S.¹

45 is the age to start screening for colorectal cancer.

The lifetime risk of developing colorectal cancer is about **1 in 24**.³

About colorectal cancer:

- ✓ Screening for colorectal cancer saves lives.
- ✓ There are several screening test options. Talk to your doctor about which is right for you.
- ✓ You may need to begin screening before age 45 if you have above average risk for colorectal cancer because of other health issues or family history.⁵
- ✓ Don't wait for symptoms to get screened. Precancerous polyps and colorectal cancer don't always cause symptoms early on.
- ✓ Check out ways to reduce your risk of colorectal cancer here: <https://www.cancer.org/cancer/colon-rectal-cancer/causes-risks-prevention/risk-factors.html>.

¹ <https://cancerstatisticscenter.cancer.org/#/state/iowa>, <https://fightcolorectalcancer.org/about-colorectal-cancer/general-information/facts-stats/>

² <https://www.cancer.org/cancer/colon-rectal-cancer/detection-diagnosis-staging/detection.html>

³ <https://www.cancer.org/cancer/colon-rectal-cancer/about/key-statistics.html>

⁴ <https://fightcolorectalcancer.org/about-colorectal-cancer/general-information/survival-rates/>

⁵ <https://fightcolorectalcancer.org/about-colorectal-cancer/screening/when-get-screened/>

⁶ <https://cancerstatisticscenter.cancer.org/#/state/iowa>

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Colorectal cancer affects men & women equally.

1 in 3 adults (age 45+) are not up-to-date with colorectal cancer screening.²

There is a **90%** five-year survival rate when colorectal cancer is caught early.⁴

Here's a great resource for colorectal cancer: <https://coloncancercoalition.org/get-educated/what-you-need-to-know/colon-cancer-facts/>

In Iowa an estimated **1,600** Iowans will be diagnosed with colorectal cancer and **540** will die from the highly treatable cancer in 2022⁶.

