

Not insured?

The New York State Cancer Services Program (CSP) offers free colorectal cancer screening for eligible, uninsured New York State residents.

Your local CSP is:



You may also call
1-866-442-CANCER (2262)
to find a program near you.

If uninsured, consider enrolling
in a health plan through the
New York State of Health.
For more information call the help
line at **855.355.5777** or visit:
nystateofhealth.ny.gov

Get the Facts about **FIT**

Testing for colorectal cancer
at home is easy with FIT!



If you are 45 years and older
you should get tested for
colorectal cancer.

Ask your health care provider
about colorectal cancer testing
and if FIT is the right test
for you!



Cancer Services
Program

A program of the Department of Health



Department
of Health



Did you know?

- Colorectal cancer (also called colon cancer) is the #2 cause of cancer deaths, but with regular testing, it doesn't have to be.
- Screening tests can find colorectal cancer early when treatment may work best.
- Tests can find growths (polyps) so they can be removed before they turn into cancer.
- Colorectal cancer or polyps may not cause symptoms. Don't wait for symptoms before you get tested.
- There is more than one way to test for colorectal cancer. Whichever test you chose, getting tested is the right choice.

What is FIT?

FIT is a stool-based screening test for colorectal cancer that is done once a year.

FIT stands for **Fecal Immunochemical Test**.

FIT is done at home and mailed to a lab.

FIT looks for blood in the stool, which could be an early sign of cancer.

Why use FIT?

FIT is safe, affordable, and easy to do.

FIT is done in the privacy of your home.

FIT You don't need to take time off from work, change what you eat, or stop taking medicines.

Who should be tested for colorectal cancer?

- Most people should start testing for colorectal cancer at age 45. People with a personal or family history of colorectal cancer or polyps may need to start earlier.

What if my test result is negative?

- A negative result means that no blood (an early sign of cancer) was found in the stool.
- A **FIT** test should be done every year, even if the test is negative.

What if my results come back positive?

- If the test is positive, a colonoscopy is needed to see if there is cancer, a polyp, or other cause of bleeding.
- When colorectal cancer is found and treated early, it can be cured.
- When polyps are found and removed, colorectal cancer can be prevented.