



**States and Districts Working Together to Advance Comprehensive
School Employee Wellness
Webinar Summary and Resources
April 18, 2023**

Presented by: [National Association of Chronic Disease Directors](#), [Child Trends](#),
[Mental Health America](#)

Resources Shared During the Webinar

Multi-Dimensional Well-Being

- CDC Well-being concepts: <https://www.cdc.gov/hrqol/wellbeing.htm>
- US Surgeon General's Framework for Workplace Mental Health & Well-Being: <https://www.hhs.gov/surgeongeneral/priorities/workplace-well-being/index.html>
- Video Introducing the Surgeon General's Framework for Workplace Mental Health & Well-Being:
https://www.youtube.com/watch?v=2_ifFuTGdk

Social Determinants of Health

- CDC Health Equity Video Series:
<https://www.cdc.gov/healthequity/whatis/videos/index.html>
- Pathways to Health Equity (National Academies):
<https://webassets.nationalacademies.org/healthequity/>
- Community Schools Playbook:
<https://communityschools.futureforlearning.org/>

Policy-Related Resources

- Ensuring Equitable Funding (Aspen Institute):
https://assets.aspeninstitute.org/wp-content/uploads/2018/04/ESSA-EnsuringEquitableFunding.pdf?_ga=2.111028037.1560190211.1680471787-1004035840.1680471787
- The Education Combination: 10 Dimensions of Education Resource Equity to Unlock Opportunities for Every Student. (Alliance for Resource Equity):
<https://www.educationresourceequity.org/toolkit/education-combination>

Policy-Related Resources (cont.)

- *Putting Local School Wellness Policies into Action: Stories from School Districts and Schools (CDC):* <https://www.cdc.gov/healthyschools/npao/pdf/schoolwellnessinaction.pdf>
- *Recruit and Retain Educators (NEA):* <https://www.nea.org/student-success/recruit-and-retain-educators>
- *Model Local Wellness Policy Guidance (Healthier Generation):* <https://api.healthiergeneration.org/resource/2>

Focusing on Equity in Your Team

- The [*Diversity Toolkit: A Guide to Discussing Identity, Power, and Privilege*](#) from the University of Southern California provides detailed activity plans that can be used to facilitate further group discussion
- *Data Equity Walk Toolkit:* <https://west.edtrust.org/data-equity-walk-toolkit/>

Planning-Related Resources

- NACCD's School Employee Wellness toolkit: <https://chronicdisease.org/healthy-school-staff-students-a-guide-to-improving-school-employee-wellness/>
- This toolkit outlines opportunities for employees, labor unions, and management to partner to improve school employee wellness (Kaiser Permanente): https://thrivingschools.kaiserpermanente.org/wp-content/uploads/2021/06/Wellbeing-Guides-Part-1-and-2_School_Employee_June-2021.pdf
- The Community Toolbox describes a SWOT analysis in more detail: <https://ctb.ku.edu/en/table-of-contents/assessment/assessing-community-needs-and-resources/swot-analysis/main>
- The Community Toolbox describes a root cause analysis, including worksheets and some helpful videos: <https://ctb.ku.edu/en/table-of-contents/assessment/assessing-community-needs-and-resources/swot-analysis/main>