

CENTER FOR ADVANCING
HEALTHY
COMMUNITIES



NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS
Promoting Health. Preventing Disease.

National Strategy on Hunger, Nutrition, & Health *Learning & Discussion Series*

Session 2:

Pillar 1 Improve Food Access and Affordability

April 20, 2023
2:00 – 3:00 p.m. ET



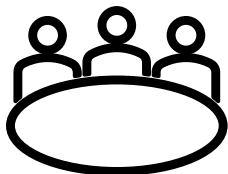
Welcome!



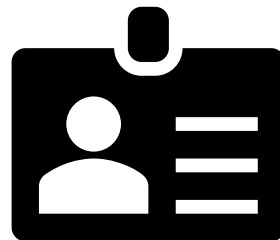
A few reminders...



This meeting will **be recorded**



We **encourage you to share**



Please use the same **display name** as the one you used for register. Display your **pronouns** if you wish.



Please take a moment to complete the **survey, at end of today's meeting**



Use **Chat** for, questions, comments and reactions



Meeting Norms

- Encourage each other to be emotionally, intellectually, and socially engaged
- Feel free to speak *your* truth, while knowing it's only *part of* the truth, and empathizing with the truth *of others*
- Listen to understand
- Practice being vulnerable. It's ok to speak in rough draft.
- Be mindful of the impact of what you say, not just your intention
- Understand that we are all learning
- Be ok with not having all of the answers and be honest about your capacity
- Communicate positive, reflective, constructive feedback for collective solutions

Today's Agenda

2:00-2:05 pm	Welcome & Housekeeping
2:05-2:10 pm	Opener
2:10-2:15 pm	White House Progress on National Strategy
2:15-2:20 pm	Pillar 1 Overview
2:20-2:40 pm	States in Action – Arizona and North Dakota
2:40-2:55 pm	Group/Panel Discussion and Q&A
2:55-3:00 pm	Upcoming Dates/Important Reminders & Closing



Opener

In the chat, share your name and what you hope to learn from or discuss in today's session?

What sector do you represent? Choose the best answer.



Reminder - Purpose of Discussion Series

- **Support dialogue and discussion** around the *National Strategy*
- **Share information and resources** around the implementation of chronic disease prevention and health promotion activities that align with the *National Strategy*
- **Create a space** for NACDD Members to share how their work that aligns with the *National Strategy*

Today's Objectives

1. Provide an overview of the Pillar 1.
2. Discuss state/territorial- and community-level activities that align with Pillar 1 of the *National Strategy on Hunger, Nutrition, and Health*.
3. Identify one action that you can take in your state or community to support implementation of Pillar 1.



White House Progress



White House Progress



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Proposed Rule: Lowered
threshold for states to
participate in Universal
School Meals
Community Eligibility
Changes

Summer EBT Changes

Proposed Child Tax
Credit Changes



About Pillar 1



Pillar 1: Improve Food Access and Affordability

A. Help more individuals experiencing food insecurity benefit from federal assistance programs.

B. Invest in community and economic development to increase access to food

Examples from National Strategy Federal Government Role

- Expand SNAP eligibility for college students, formerly incarcerated individuals, people who have aged out of foster care system, and those providing kinship care
- Address built environment barriers to food access (lack of bike paths, and safe walkways)
- Creation of Indigenous food hubs
- Create more AmeriCorps positions geared towards addressing food insecurity and improving economic development



Pillar 1: Improve Food Access and Affordability

- Advance economic security through refundable Child Tax Credit and other income supports for low-resourced communities
- Increase access to free and nourishing school meals
- Provide summer P-EBT benefits to more children
- Expand SNAP eligibility and enrollment (working across state agencies)
- Increase funding for Older Americans Act nutrition programs for example through improved community-clinical linkages
- Make it easier for eligible individuals to access federal food, human services, and health assistance



Pillar 1: Improve Food Access and Affordability



Working with Extension office to expand the number of farmers accepting EBT payments (Maryland)

Environmental scan of North Nashville to examine the area's food availability landscape and historical causes of food insecurity. (Tennessee)

Working with farmers to accept SNAP for Community Supported Agriculture (Michigan)

Thinking about your work, is your organization implementing or working with partners to carry out any of the Call to Action recommendations in the Pillar 1. (*Select all that apply*)



Pillar 1 - State Sharing

Meet Today's Speakers



Sybil Peters

Program Coordinator Sr.

AZ Health Zone, Pinal County Office
The University of Arizona, Pinal County
Extension



Megan Ditterick

Program Director
FNP/SNAP-Ed & EFNEP
North Dakota State
University
Extension Program

Jacob Davis

Citizen of Turtle Mountain
Chippewa
Tribal Programming Director
Prevent Child Abuse North
Dakota



The University of Arizona Cooperative Extension

Pinal County

AZ Health Zone

- Sybil Peters, Community Outreach Professional III



Formerly the Supplemental Nutrition Education Program

Food Systems

- Summer Feeding Programming
- Community & School Gardening
- Farmers Markets
- Policy Advocacy for Food Insecurity

Child Health

- School Health
- Early Childhood Health and Wellness
- After School Programming
- Child Wellness policy support and advocacy

Active Living

- Active Living policy advocacy
- Built Environment efforts
- Community Engagement
- Adult Direct Education for Nutrition and Physical Activity

The Program focuses on 4 communities in Pinal County



Casa Grande

Coolidge

Florence

Eloy/Toltec &
Arizona City

What we Do



ADVOCACY



DIRECT
EDUCATION



POLICY WORK



COMMUNITY
ENGAGEMENT

Florence Farmers Market

Free
Activities

PARK DAY AT THE FLORENCE FARMER'S MARKET



Take-home Gardening & Nature Education activities
Live Music, Food, Raffles, and Vendors
Saturday, March 11th & April 8th, 2023
8:00 am- 12:00 pm @ Padilla Park
440 N Main St Florence, AZ 85132
(behind Silver King Marketplace)

   THE UNIVERSITY OF ARIZONA
Cooperative Extension **AZ** 





Produce on Wheels Without Waste

SAT

26

NOV

2022

Waste

[HTTPS://BORDERLANDSPRODUCERESCUE.ORG](https://borderlandsproducerescue.org/produce-on-wheels)
[/PRODUCE-ON-WHEELS](https://borderlandsproducerescue.org/produce-on-wheels)

SAN CARLOS PARK

300 W. Central Ave, Coolidge, AZ
85128



Coolidge P.O.W.W.O.W.

Eloy Farmers Market to P.O.W.W.O.W.



Borderlands
Produce Rescue





Community Gardens

Jim Jepsen, Program Coordinator Sr.



THE UNIVERSITY
OF ARIZONA





Florence Community Garden

The Florence Community Garden has been a fixture in the Florence Community since the early 2000's. Starting in 2014 the AZ Health Zone – Pinal County Cooperative Extension program was approached to provide technical assistance and education to the participants and has been a part of the program ever since.





Casa Grande Middle
School
Community Garden



Casa Grande Head Start



SEEDS of HOPE Community Garden



Walker Butte K-8 Elementary School

This project has been very challenging and has come together slowly. It acknowledges the challenges that having a garden present in a school and community setting can be. Currently there are 5 in-ground beds and 3 above raised bed planters. This project has had a variety of successes and is currently growing sweet potatoes as well as fruit trees.



Hope Women's Center

The Hope Women's Center was created so that all the women who participate in the garden earn points for their participating in the garden project that they can use in the centers market. These points can be used on a variety of products to help the women, including food and hygiene products. All the produce from the garden is given to the women from the center to be taken home. The produce has also been prepared on site to introduce the women to new types of vegetables and healthy recipes.



Pinal Healthy & Active App

Stay healthy with just one tap.



Fresh food, recipes, and
fun activities are within
reach. Download the



SCAN
OR VISIT



COMMUNAL APPROACH TO PUBLIC HEALTH: WORKING TOGETHER WITH TRIBAL COMMUNITIES ON FOOD ACCESS

Presenters: Jacob Davis, Megan Ditterick

NDSU's Land Acknowledgement

[HTTPS://WWW.NDSU.EDU/INCLUSIONCOUNCIL/NATIVE_AMERICAN_INITIATIVES/](https://www.ndsu.edu/inclusioncouncil/native_american_initiatives/)

We collectively acknowledge that NDSU, a land grant institution, gathers on the traditional lands of the Oceti Sakowin (Dakota, Lakota, Nakoda) and Anishinaabe Peoples in addition to many diverse Indigenous Peoples still connected to these lands. We honor with gratitude Mother Earth and the Indigenous Peoples who have walked with her throughout generations. We will continue to learn how to live in unity with Mother Earth and build strong, mutually beneficial, trusting relationships with Indigenous Peoples of our region.



**STANDING ROCK
SIOUX TRIBE**

Donate to the Standing Rock Tribe at
<https://www.standingrock.org/>



Donate to Turtle Mountain Tribal Arts Association at
<https://heartoftheturtlegallery.com/donate/>



**NATIVE GOVERNANCE
CENTER**

Beyond Land Acknowledgment
<https://nativegov.org/beyond-land-acknowledgment/>

Presenters



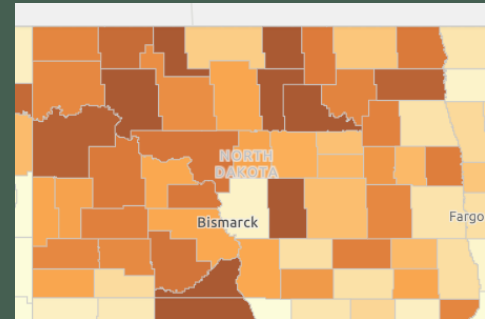
Jacob Davis
Citizen of Turtle Mountain Chippewa
Tribal Programming Director
Prevent Child Abuse North Dakota



Megan Ditterick
Program Director
FNP/SNAP-Ed and EFNEP
NDSU Extension

About the ND CDC HOP project

- Five-year CDC grant funds **15** 1862 land grant universities to work with extension services to increase access to healthier foods and accessible places for physical activity
 - Leverage Extension capacity & evidence-based outreach
 - Target community and societal levels
- Cooperative agreement
- Eligible communities in counties with > 40% adults with obesity (Rolette and Sioux in 2019)



NDSU

EXTENSION

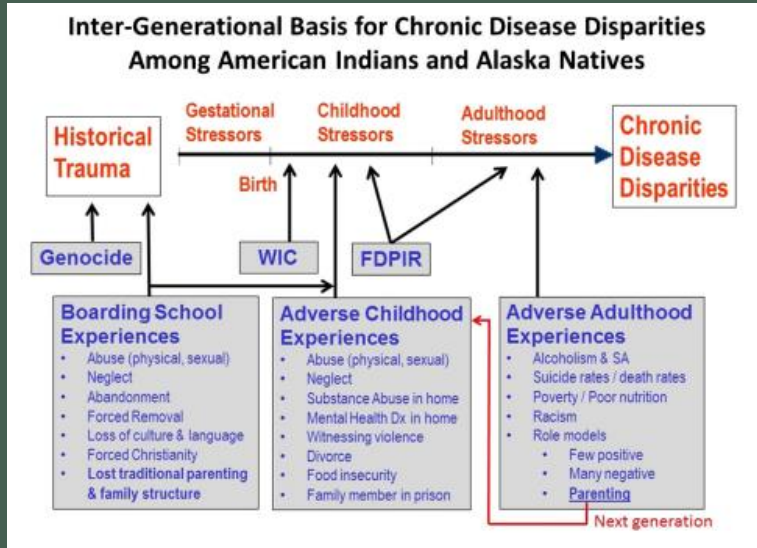
NDSU

PUBLIC HEALTH



Prevent Child Abuse
North Dakota™

Historical Trauma



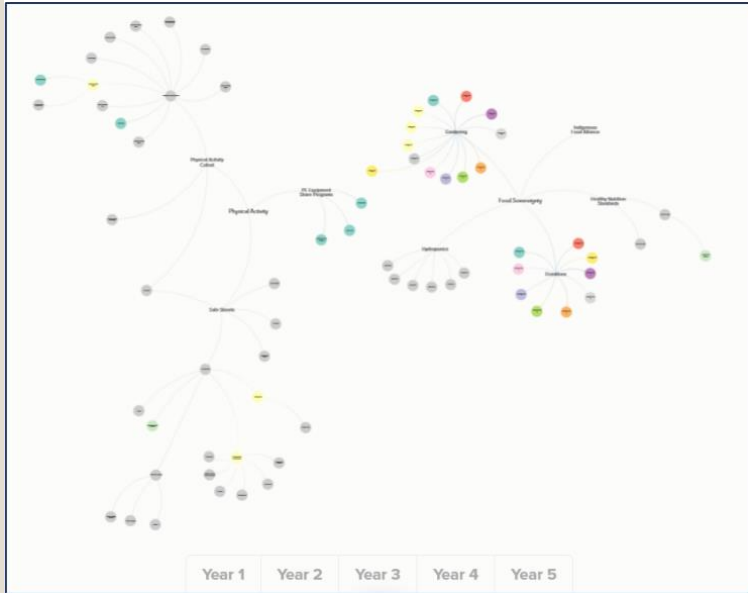
- For the last 500 years, tribal communities have suffered from systematic destruction
- Genocide/Colonization/Assimilation led to historical loss of **population, land, family, identity and culture**
- Relocation and Historical Loss
Symptoms: **poverty, mental illness, substance dependence, diabetes & other chronic illnesses, dysfunctional family dynamic, food insecurity, lack of education, unemployment, etc.**



Self-Healing Community Model (SHCM) Framework

- *The SHCM builds the capacity of communities to define and solve problems most relevant to them and generates new cultural norms that mirror the values and aspirations that community members have for their children. It requires investment in the processes of healthy community and family life: engagement, learning, innovation and reflection. Uncommon partners across disciplines, systems and cultures must be invited to share resources, high expectations, respect, and a commitment to a new sense of shared identity—one of hope, optimism, efficacy, curiosity and welcoming.*
- [Self-Healing Community Report](#)

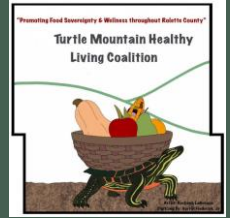
- Cross-sector partnerships enhanced through the development of community coalitions and task forces
 - 54 Community Champions
 - 17 Major Entities
 - E.g. Turtle Mountain Band of Chippewa and Sitting Bull College
 - 39 Different Programs
- Food Sovereignty Alliance with 5 tribal colleges



Hydroponics – Standing Rock



Hydroponics – TMBC



Partnership Gardens



Challenges and Lessons Learned

Pandemic impacts on work

- Switch to virtual, community priorities shifted, influx of other funding

Bureaucratic processes created challenges to community relationships

Misalignment of funder expectations and community needs/wants

- **Created positions in the community/focused on relationships to move work forward**
- **Invested further in each community – money into local contracts, etc.**
- **Pulled together diverse expertise areas**
- **Was adaptable to changing course, internal/external partners as necessary**
- **Learned "language" of how to frame community-driven activities with CDC HOP expectations**

Best Practices

- Ensure enough time and safe spaces to build relationships of trust and transparency
 - Making sure all voices have a seat at the table
- Empower and provide direct resources to the communities to influence change
- Provide culturally inclusive approaches to each tribal community
 - E.g., Importance of family, where the community is seen as family also
- Recognize that all tribal communities are different from each other
 - Historical context, culture, language, environment, community dynamics
- Use traditional knowledge and Indigenous ways of knowing
 - Incorporating/promoting cultural and traditional healing community activities





Group/Panel Discussion



Closing & Reminders



What's Next?

Session 3

Thursday, May 18 | 2:00-3:00 PM ET

*Pillar 2: Prioritize the Role of Nutrition and
Food Security in Overall Health*

**Interested in sharing your state's work
related to Pillar 2 during Session 3?**

Please contact

Mara (mgalic@chronicdisease.org) and
Charita (cjames_ic@chronicdisease.org)



Discussion Series 2023 Calendar

Third Thursday of each month at 2:00 PM ET

- **May 18- Pillar 2:** Integrate Nutrition and Health
- **June 15- Pillar 3:** Empower All Consumers to Have Access to Healthy Choices
- **July 20 - Pillar 4:** Support Physical Activity for All
- **August 17 - Pillar 5:** Enhance Nutrition and Food Security Research
- **Sept 21 -** State Sharing of Successes, Challenges, and Lessons Learned
- **Oct 19 -** State Sharing of Successes, Challenges, and Lessons Learned; What's Next

Reminder!

Please take a moment
to complete the survey
at the end of this
meeting!





Thank you!!
