

CENTER FOR ADVANCING  
**HEALTHY**  
COMMUNITIES



NATIONAL ASSOCIATION OF  
**CHRONIC DISEASE DIRECTORS**

Promoting Health. Preventing Disease.

# Supports to Advance Emotional Well-Being in Schools

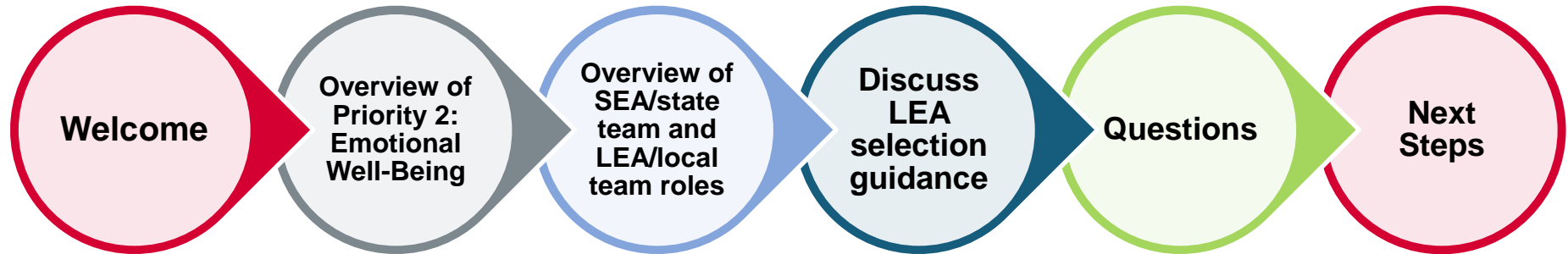
---

Welcome Call with State Teams

---

October 28, 2022  
12:00 – 1:00 p.m. ET

The *National Initiative to Advance Health Equity in K-12 Education by Prevention Chronic Disease and Promoting Healthy Behaviors* project is supported by the Centers for Disease Control and prevention (CDC) of the U.S. Department of Health and Human Services (HHS). The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS or the U.S. Government.





---

# Welcome, Introductions, and Housekeeping

---

# Introductions: NACDD



Vishwarupa [Vish] Vasani, MPH (she/her)  
Associate Director, Center for Advancing Healthy  
Communities



Amanda Martinez, MPH, MSN, RN (she/her)  
Public Health Consultant, Center for Public Health  
Leadership



Leah Rimkus, MPH, RD (she/her)  
Sr. Program Evaluator, Center for Advancing  
Healthy Communities



Jennie Hefelfinger, MS (she/her)  
Vice President, Center for Advancing Healthy  
Communities

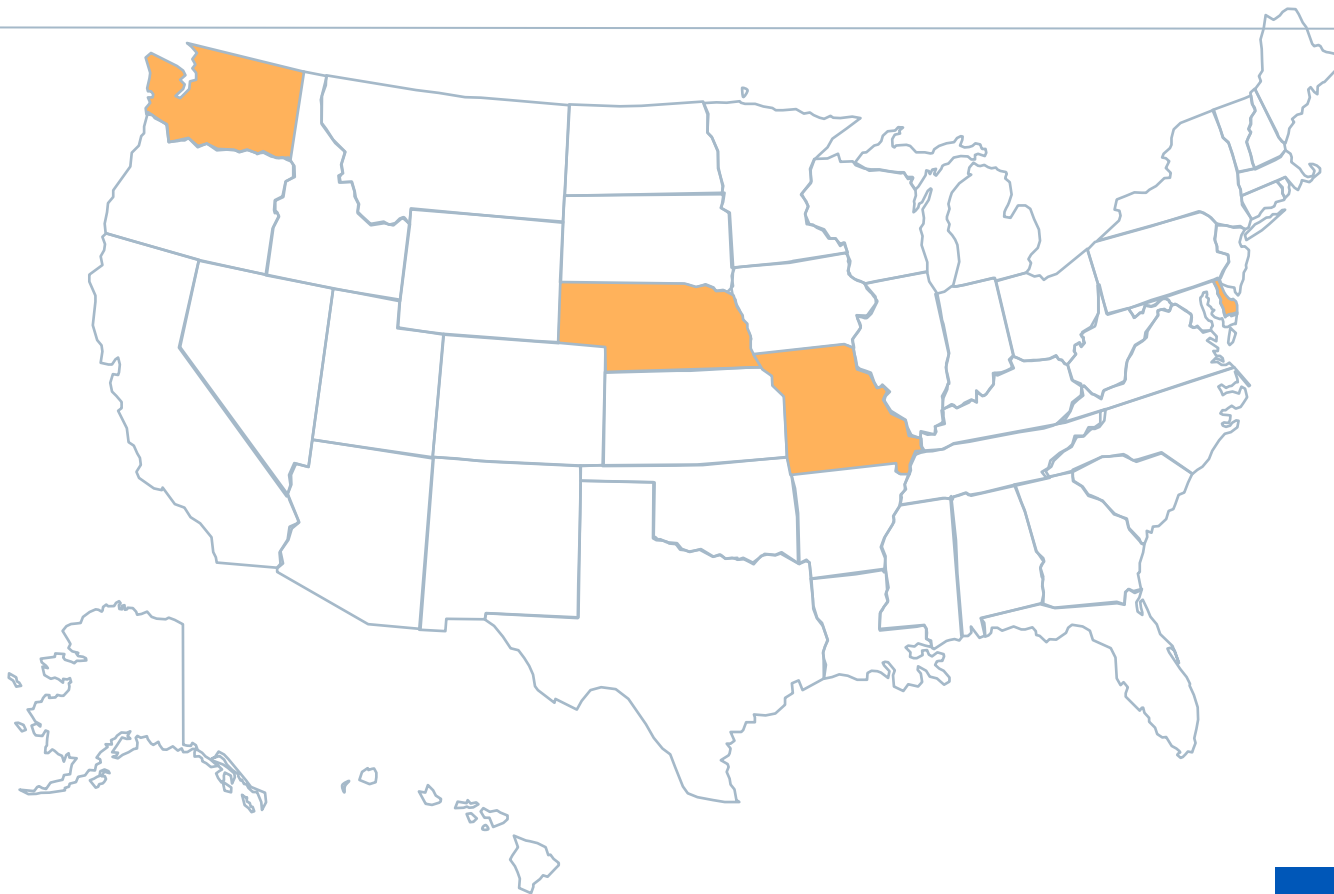
# Introductions: Partners

---





# Welcome and Introductions: States





---

# Priority 2: Emotional Well-Being

---



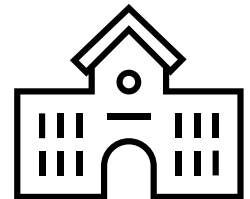
# CDC Cooperative Agreement

---

**DP22-2203:** National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

**Length:** 5-year cooperative agreement

**Goal:** Improve the health and well-being of children, adolescents, and school staff in underserved and disproportionately affected communities



# Priority 2: Emotional Well-Being

---

**Goal:** Support SEAs, districts, schools, and NACDD's constituents in developing, implementing, and evaluating evidence-based policies, practices, and programs that support emotional well-being of both students and staff in disproportionately affected communities

## **Four main strategies:**

1. PD and T/TA
2. Dissemination
3. Partnership
4. Implementation



## Cohort *Learning Collaborative*

---

- Each year, NACDD will engage a cohort of up to 2-4 SEAs and a minimum of 5 LEAs collectively across all SEA states

## Support *Mini grants*

---

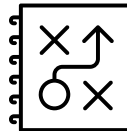
- Participating LEAs will receive mini grants to support their participation in the cohort

# Collaborative Learning

---

Each cohort will participate in a five-step, two-phased process over the course of an estimated 18-24 months

*Assess* ▶ *Learn* ▶ *Plan* ▶ *Implement* ▶ *Evaluate*





---

# Roles and Engagement in Activities

---



# Roles: General

SEA/state team role	LEA/local team role
<p data-bbox="117 309 846 358"><b>Engage in Welcome Call on 10/28</b></p> <p data-bbox="117 426 726 467">Convene with NACDD team:</p> <ul data-bbox="117 483 846 704" style="list-style-type: none"> <li data-bbox="117 483 784 524">• All SEAs: <i>every other month</i></li> <li data-bbox="117 540 846 645">• Individual SEA with LEA teams: <i>monthly</i></li> <li data-bbox="117 661 846 704">• All SEA + LEA teams: <i>quarterly</i></li> </ul> <p data-bbox="117 776 933 881">Support National Technical Assistance Partnership (NTAP), as needed</p>	<p data-bbox="987 309 1634 358">Engage in Welcome Call, TBD</p> <p data-bbox="987 426 1763 582">Identify 3-6 administrator and school staff members to participate on LEA team</p> <p data-bbox="987 658 1595 698">Convene with NACDD team:</p> <ul data-bbox="987 715 1715 881" style="list-style-type: none"> <li data-bbox="987 715 1715 820">• Individual SEA with LEA teams: <i>monthly</i></li> <li data-bbox="987 836 1715 881">• All SEA + LEA teams: <i>quarterly</i></li> </ul> <p data-bbox="987 948 1537 993">Support NTAP, as needed</p>



# Roles: Step 1, Assess (~3 months)

SEA/state team role	LEA/local team role
<p>Engage in and support identified LEAs (2/state) in completing the internal and external assessments</p> <p>Be in the know re: the results and learnings both at your state's level and at an aggregate cohort level</p>	<p>Complete 2 assessments (internal and external) on behalf of the LEA/district</p> <p>Review and discuss assessment results and learnings with state team and NACDD team</p> <p>*Mini grants to be initiated at this point</p>

## Roles: Step 2, Learn (Ongoing)

SEA/state team role	LEA/local team role
<p>At least one member of state team (ideally lead) participates in minimum of three PD and T/TA opportunities in support of LEA teams</p> <p>Participate in Training of Trainers (ToT) cadre and related PD and T/TA opportunities (including associated evaluations) to support overall sustainability of efforts in your state</p> <p>Encouraged to use/adapt information from email campaign distributions for sharing with other LEAs in the state</p>	<p>Engage in minimum of three PD and T/TA opportunities and participate in associated evaluations; all PD and T/TA opportunities will be recorded</p> <p>Actively review and share email campaign distributions</p>



## Roles: Step 3, Plan (~3 months)

---

<b>SEA/state team role</b>	<b>LEA/local team role</b>
<p>Support LEAs in development of Plan of Action and as applicable, ensure alignment with state goals/priorities with respect to emotional well-being</p>	<p>Develop a Plan of Action, informed by assessment results and learnings</p> <ul style="list-style-type: none"><li>• Collaborate with determined partners, including equity-focused leaders and youth to support development of plan</li></ul>



## Roles: Step 4, Implement (~6 months)

---

<b>SEA/state team role</b>	<b>LEA/local team role</b>
Support implementation of Plan of Action, as needed	Implement Plan of Action and report on progress

## Roles: Step 5, Evaluate (Ongoing)

SEA/state team role	LEA/local team role
Support evaluation of Plan of Action, as needed	Complete evaluation of Plan of Action activities  Prepare for sustaining Plan of Action activities  *Mini grants execution complete at this point

Note: SEA/state team and LEA roles are subject to change as the work initiates and matures in year 1 of the project.



---

# LEA Selection Guidance

---



# LEA Brainstorming on Questionnaire

Strategic interest in expanding emotional well-being efforts of students and staff

Readiness and support from leadership

Alignment with district priorities around addressing mental health and well-being systemically

Experiencing high rates of health disparities and poverty

Interest in addressing related barriers to learning and teaching (e.g., reduce disproportionate disciplinary practices)

Mini grant support would allow for continuation of existing efforts

## We'd like to hear from you...

---

***In the context of the COVID-19 pandemic, how have you (states) been conducting general outreach with LEAs/districts?***

***How are you building those relationships?***



# Criteria

---

At the district level (i.e., LEA)

Selected LEAs will represent communities that are underserved, economically marginalized, and disproportionately affected by chronic diseases and chronic disease risk factors

Demonstrate interest, readiness, and capacity to increasingly adopt evidence-based policies, practices, and programs

Ability to engage a team of 3-6 administrator and school staff members to participate on LEA team

Optimally dedicated to promoting a Whole Child approach and brings understanding of WSCC

School community focus – responsive to student, family, and community voices – to promote emotional well-being

Ability to engage in MOU/agreement with NACDD to support dissemination of funds

# Guidance



Per brainstorming on questionnaire and criteria mentioned earlier, identify two (2) LEAs to engage within your state as part of this learning collaborative cohort



Receive email confirmation from LEAs re: partnership



Notify NACDD of LEA selection and proposed members of the LEA team **by Friday, November 18** (share email confirmations as attachments)



# NACDD's Next Steps

---

- Schedule Welcome Call, Part Two
- Initiate assessment efforts (Step 1)
- Initiate mini grant relationships during Step 1
- Initiate program planning
  - Synthesized learnings from questionnaires and NCSMH application
  - Will synthesize LEA assessment results

*To inform the development of PD and T/TA opportunities  
(Step 2, Learn)*



---

# Questions

---



---

# Next Steps

---



# Next Steps

<p><b>By Fri, November 4</b></p> <p>Email confirmation from states re: your participation in the learning collaborative cohort and related activities</p> <p>Template forthcoming from NACDD</p>	<p><b>By Fri, November 18:</b></p> <ul style="list-style-type: none"><li>• Finalize LEA selection and notify NACDD</li><li>• What primary platform(s) do you use to share information/ resources (e.g., your website, another platform or mechanism)?</li><li>• Are there other resources your state may be developing or leveraging?</li></ul>	<p><b>Be on the look out for:</b></p> <p>Targeted questions stemming from questionnaire and/or NCSMH application to enhance our baseline knowledge of your efforts</p>
--	---	--

# Key Contact

---



For now, continue reaching out to Vish Vasani,  
[vvasani@chronicdisease.org](mailto:vvasani@chronicdisease.org)

Note: This will change in the coming month(s)



---

# Thank you!

---