



NACDD'S WHOLE CHILD HUB JANUARY 2023

Welcome to NACDD's Whole Child Hub! This monthly newsletter provides states and school districts participating in the *Supports to Advance Emotional Well-Being in Schools Learning Collaborative Cohort* with information related to the project as well as additional resources that support emotional well-being and mental health in the context of the whole child.

Upcoming Dates and Deadlines

Jan. 20, 2023: LEA Assessment Due

The LEA Assessment reviews district-level policies, practices, and programs related to emotional well-being and mental health for students and staff. This tool includes two components: 1) The SHAPE System and 2) The NACDD Supplemental Assessment.

Links:

- [LEA Assessment Instructions](#)
- [SHAPE System](#)
- [NACDD Supplemental Assessment](#)

Feb. 28, 2023: Memorandum of Understanding Due

NACDD will be sending all school districts a Memorandum of Understanding via DocuSign. While the original deadline was Jan. 31, 2023, we are extending the deadline to Feb. 28, 2023. If you have not sent Heidi your program, fiscal and signatory contacts, please send as soon as possible (if you have already sent them, no action is needed at this time). Once signed by LEAs and NACDD, NACDD will issue the first installment of your mini-grant (75% of the total award | \$5,632.50).

Resources to Support Your Work

Professional Development

Webinar: State of the Field 2023: SEL at a Crossroads (CASEL)

Jan. 27, 2023 |
10-11AM PT | 11AM-12PM MT | 12-1PM CT | 1-2PM ET
[Register](#)

School Health Roundup



The latest research and data related to emotional well-being and mental health.

The 2021 National Survey on Drug Use and Health (NSDUH) (from SAMHSA)

The NSDUH provides nationally representative data on the use of tobacco, alcohol, and drugs; substance use disorders; receipt of substance use treatment; mental health issues; and the use of mental health services among those 12 years or older in the United States.

Skim the highlights of the recently released 2021 report.



Professional Development (Continued)

[Webinar Series: 2023 School Mental Health Virtual Learning Series \(NCSMH\)](#)

The National Center for School Mental Health (NCSMH) is hosting a 2023 School Mental Health Virtual Learning Series, covering topics such as organization well-being, staff wellness, and family and community engagement in support of mental health. [See more details](#) and register in time for the Feb. 14 session.

Tip Sheets and Tools

[WSCC Practice Briefs \(UConn\)](#)

The [UConn Collaboratory on School and Child Health](#) created WSCC Policy and Practice briefs that guide evidence-informed practice and policy planning efforts around the Whole School, Whole Community, Whole Child (WSCC) Model. The briefs cover:

- [Social and Emotional Climate](#)
- [Safe Environments](#)
- [Behavioral Supports](#)
- [And more!](#)

[School Connectedness Resources \(CDC\)](#)

In December 2022, the CDC released a [new video](#) focused on school connectedness and its connection to mental health and emotional well-being. The video includes spotlight appearances from Massachusetts and Minnesota, who have implemented policies and practices that contribute to students and their families feeling connected to the school. Check out the rest of the [CDC school connectedness resources](#).

NACDD Contact Information

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School Health Roundup



The State of Mental Health in America – 2023 Report (Mental Health America)

[This report](#) provides data on the prevalence of mental health concerns, as well as issues of access to insurance and treatment.

The 2022 National Survey on LGBTQ Youth Mental Health (The Trevor Project)

This [easy-to-digest report](#) summarizes the experiences of nearly 34,000 LGBTQ youth ages 13-24 across the United States, helping to inform how to best support LGBTQ youth mental health needs.

