



NACDD'S WHOLE CHILD HUB

FEBRUARY 2023

Welcome to NACDD's Whole Child Hub! This monthly newsletter provides states and school districts participating in the *Supports to Advance Emotional Well-Being in Schools Learning Collaborative Cohort* with information related to the project as well as additional resources that support emotional well-being and mental health in the context of the whole child.

Upcoming Dates and Deadlines

Feb. 28, 2023: Memorandum of Understanding Due

NACDD has sent all school districts a Memorandum of Understanding via DocuSign. To receive the 1st installment of mini-grant funds (75% of the total award | \$5,632.50):

- Sign the MOU via DocuSign (if you haven't already done so)
- Download, complete and submit this [start-up invoice](#) to [Crystal Doxie](#). NOTE: You must have submitted all components of the LEA Assessment to receive funds.
- If you prefer to receive funds via direct deposit, complete the [ACH form](#) and submit to [Crystal Doxie](#) with your start-up invoice.

Mar. 28, 2023 – REQUIRED Webinar: Engaging Students in Building Emotional Self-Awareness

This project requires that each participating SEA and LEA send at least 1 representative from their team to participate live. Webinar participation is open to anyone, so please promote widely among your network! Promotional materials coming soon.

Presented by Mental Health America, Child Trends and NACDD, join this webinar panel discussion to learn from others on the importance of youth mental health literacy, how personal, social and cultural identities impact how youth identify and manage emotions, and strategies educators can use to support students in developing self-awareness and emotional regulation.

Mar. 28, 2023

11AM-12PM PT | 12-1PM MT | 1-2PM CT | 2-3PM ET
[Register](#)

Save-the-Dates: 22-23 Learning Collaborative Cohort Calendar Finalized

NACDD has finalized the [project calendar](#) for the remainder of the school year. Meeting invitations are forthcoming.

School Health Roundup



The latest research, data and news related to emotional well-being and mental health.

Youth Risk Behavior Survey (YRBS) Report Now Available (CDC)

[The report](#) summarizes recent data and 10-year trends on health behaviors among U.S. high school students.

Mar. 10, 2023 is International SEL Day!

International SEL Day celebrates the importance of social-emotional learning. The theme this year is Uplifting Hearts, Connecting Minds. [Learn more](#) and get ideas for how to celebrate in your school community.



Resources to Support Your Work

Professional Development

Webinar: Getting to Know the Healthy Schools Branch at CDC

CDC will provide an overview of CDC's Healthy Schools Branch, including the branch's scope of work and research priorities while also learning about the Whole School, Whole Community, Whole Child (WSCC) framework, Comprehensive School Physical Activity Programs (CSPAP), and examples of implementation from the field.

Feb. 28, 2023

10-11AM PT | 11AM-12PM MT | 12-1PM CT | 1-2PM ET

[Register](#)

Webinar Series: Adolescent Mental Health Crisis Dialogue Series: Go Deep on Strategies for Distinctive Communities

Join the Aspen Institute in a five-part webinar series that highlights mental health within the context of diverse youth. [Learn more](#) and register for the first session on **Mar. 9, 2023 from 3:30-4:30pm ET**.

Submit an Abstract to Share Your Success

[SEL Exchange \(Nov. 7-9, Atlanta, GA\)](#): Hosted by CASEL, the SEL Exchange brings together SEL leaders from around the world to promote social-emotional competence of children and adults. [Learn more](#) and submit an abstract by **Mar. 14, 2023**. Let me know if you want support or would like to submit an abstract together.

NACDD Contact Information

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Resources and Tools

Funding Sustainable School-Based Mental Health Programs Toolkit

Effective School Solutions created a [succinct guide](#) to funding school-based mental health programs. See pg. 14 of the guide for a checklist that guides you through various state and federal funding sources.

Classroom WISE: Increase Mental Health Literacy

[Classroom WISE](#) is a no-cost 3-part training package that includes a self-paced online course, video library featuring practicing teachers and students, comprehensive resource collection and website for K-12 educators on mental health literacy.

TeacherWISE: Improve Teacher Well-Being

[TeacherWISE](#) is a research-informed, no-cost 6-hour program that helps teachers and school staff manage five areas of their well-being: Physical, Occupational, Intellectual, Social and Emotional.

