



SPINE Scoop | December 2022

Welcome to the SPINE Scoop!

The purpose of this communication is to provide State Partnerships Improving Nutrition & Equity (SPINE) States with regular program updates related to grants administration, evaluation, technical assistance and training, upcoming meetings and events, and other relevant information.

For consistency, the SPINE Bulletin will typically be sent the first Monday of each month to streamline the number of emails sent to SPINE state leads; however, time-sensitive and urgent information will be communicated, as needed. We encourage you to share this with your state team members as well.

Please note all links, dates, and resources can also be found on the [SPINE State Internal Hub Webpage](#).

SPINE Shoutout

This month we are shouting out **Iowa**! The Iowa SPINE team leads the Iowa Nutrition Network Partnership (INNP), a group of Iowa stakeholders that work with the USDA and other federally funded nutrition programs. The group has been working towards a strategic plan for the past year with the hopes of it to provide direction in creating action steps with policy, systems and environmental (PSE) changes in addressing food and nutrition security throughout the state. The INNP recently released a report in partnership with Altarum titled, "[Best Practices in Addressing Food and Nutrition Security with Policy, Systems and Environmental Change Projects](#)." This report pulls information from grey literature and a nationwide scan of food policy councils, food plans and SNACs (State Nutrition Action Councils). The report will be used to inform the INNP's strategic and evaluation plans. Additionally, the Iowa team has partnered with the University of Iowa to conduct a survey and follow up interviews with Iowa stakeholders exploring organizations utilization of and interest in PSE changes to address food and nutrition security.

Upcoming SPINE Training & Technical Assistance Opportunities

- Please note that no SPINE Training & Technical Assistance opportunities will be offered in December. If you would like to schedule a 1:1 with your SPINE TA Liaison, please send them an email.

Grant Administration/Budgets

- **December 15, 2022 deadlines:**
 - SPINE Y1 Quarter 4 Invoice due
 - SPINE Y2 Budget due
 - Invoices and budgets should be sent to Crystal E. Doxie, cdoxie@chronicdisease.org by COB. Please cc your SPINE TA Liaison on the email.
- December 31, 2022- SPINE Budget reviewed and approved

Action Plans, Progress Reports & Evaluation

- **December 15, 2022 deadlines:**
 - SPINE Y1 Quarter 4 Progress Report due. Progress Reports should be entered into the [SPINE Project Management Hub](#) by COB. Please refer to the [SPINE Progress Reporting Guidance](#) document for information on how to submit your progress report.
 - SPINE Y2 SAP draft due by COB. Please email the document to your SPINE TA Liaison. For guidance on completing your Y2 SAP, please refer to the [Year 2 SPINE State Action Plan Guidance](#) document.
- December 31, 2022- Y2 SAP reviewed and approved

Non-SPINE Training and Technical Assistance Opportunities

Conferences

- National Network of Public Health Institutes (NNPHI) Annual Conference: *Bridging Partners to Advance Health Equity*. May 9-May 11, 2023, Washington DC. [Abstracts being accepted](#) until 11:59 PM ET, December 7, 2022. [Register now](#).

Webinars & Meetings

- **Addressing Racial/Ethnic Disparities in Breastfeeding Through Community and Hospital-Based Approaches.** December 14, 2022, 8:30 AM ET. The purpose of this webcast will be to summarize trends in disparities in breastfeeding measures, identify contributing factors, describe successful initiatives to increase breastfeeding and reduce disparities, and discuss examples of steps being taken to implement these strategies in New York. [Register now](#).
- **Food Insecurity and Health: Strategies to Address Community Needs (on demand).** Listen to NIHCM's food insecurity webinar to hear leading experts discuss factors that reduce access to nutritious and affordable food and explore solutions such as community-based food system partnerships targeting vulnerable populations. [Access now](#).
- **NACDD General Member Webinar.** December 8, 2022, 3:00 PM ET. [Making "Upstream" Mainstream in State Health Departments \(Part 2\)](#). Join to hear from state public health practitioners leading the journey upstream to focus on the social and institutional inequities that affect health. [Register now](#).
- **Serving up Solutions: Building the evidence on Produce Rx Programs (on demand).** Join The Rockefeller Foundation and Kaiser Permanente as they share the newest and largest

collection of findings to date on the effectiveness of produce prescription programs and their positive impacts on participants and communities. [Access now](#).

- **Racial Equity 101 (on demand)**. The series includes [three previously recorded webinars](#) that begin to lay the foundation for an understanding of the principles of racial equity. [Complete the registration form](#) to access the series.
- **SPAN, HOP & REACH-Are you Applying in 2023**. December 15, 2022, 3:00 PM ET. Participants will gain insight into SPAN, HOP, and REACH from the nearly three years the Division of Nutrition, Physical Activity, and Obesity at CDC has held meetings for invited national organizations. During the meeting you will also be able to discuss [topics](#) and share ideas. Contact shana@asphn.org or diane@asphn.org with questions. [Register now](#).

Resources Pertinent to the SPINE Program

Food and Nutrition Security

- [Healthy Food Policy Project](#). The Healthy Food Policy Project (HFPP) identifies and elevates local laws that seek to promote access to healthy food while also contributing to strong local economies, an improved environment, and health equity, with a focus on socially disadvantaged and marginalized groups.

Health Equity

- [Sowing Seeds of Health for Justice](#). This guide developed by NACDD links to several health equity tools, including the new [Health Equity Primer](#) (the Primer lays out well-defined terminology, evidence-based theory, and provides case studies). *Sowing Seeds of Health for Justice* also reinforces NACDD's commitment to health equity and combatting racial disparities through its content and introduces Members to NACDD's new platform to connect and engage with public health peers, the NACDD Engagement Community.

Breastfeeding

- [Nutrition in the First 1,000 Days](#). This collection of articles presents the state of science, research needs, and policy agenda for optimal maternal and child nutrition in the United States. The importance of breastfeeding in the first 1,000 days is highlighted throughout many of the articles

Power-Building Partnerships for Health

- [Power-building Partnerships for Health](#) cultivates powerful collaborations between local health departments and community power-building organizations to advance health equity. Human Impact Partners has released a [call for applications](#) for health departments and community power-building organizations to participate in the 2023 Power-building Partnerships for Health, a nine-month program to build relationships, trust, and strategic actions together. 30K is being granted to support community organizers' time and participation and support power-building activities. Apply by January 7, 2023. [Apply now](#).

Active People, Healthy Nation Walkability Virtual Academy (WVA) Request for Funding Assistance

- The [application](#) for the [Active People, Healthy Nation Walkability Virtual Academy](#) (WVA) is now live. NACDD/CDC will select up to eight local/regional interdisciplinary teams and will provide funding in the amount of \$5,000 for WVA participation and initiating action plan implementation strategies that improve walkability, movability and community and transportation design. Applications are due via email to [Karma Edwards](#) by 11:59 pm ET on January 13, 2023. See videos of the academy in action [here](#) and [here](#).

Please [visit the resource page](#) on the [SPINE Internal Hub](#) for more food and nutrition security, health equity, and breastfeeding resources. Also, remember that you can [submit questions anonymously](#) before SPINE T/TA opportunities (i.e., Special Topic Learning Opportunity, Peer Exchange, Office Hour, & Monthly Update meeting).

Questions? Have a resource to share? Contact [Patrilie Hernandez](#) and [Charita James](#).