

# COUPLING THE NATIONAL DPP AND WALK WITH EASE



## Benefits To Coupling National DPP + Arthritis Foundations' WWE:

- One platform - two interventions
- Low-cost physical activity program to support National DPP participants
- Improve program retention

**Contact Iowa Community HUB to become a pilot program and receive the following at no cost:**

- Guidance integrating WWE with your National DPP cohort
- Program management system for data collection and reporting
- Referrals and personalized navigation
- Online participant engagement platforms
- Training opportunities

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