

## South Dakota Food and Nutrition Security State Profile

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### Overview

According to the [U.S. Department of Agriculture's Economic Research Service \(USDA ERS\)](#), 11.2% of households in South Dakota (S.D.) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in SD was 33.2% in 2020, as reported by the [Behavioral Risk Factor Surveillance System \(BRFSS\)](#).

### Demographic Overview

[2019 U.S. Census](#) data reports South Dakota has an estimated population of 884,659. They identify as white (84.6%), Black (2.3%), American Indian and Alaska Native (9.0%), Asian (1.5%), Native Hawaiian and Other Pacific Islander (0.1%) only. According to the 2019 Census report, 4.2% identify as Hispanic or Latino. In 2019, 11.9% of South Dakota residents experienced poverty.

### Charitable Food System

#### Food Banks and Pantries

- [Feeding South Dakota](#)
  - View [more information](#) on programs offered.
  - Serves South Dakota: view [specific counties](#).
  - View a [pantry locator](#).

#### Feeding Programs

- Senior Feeding
  - Congregate and Home-Delivery nutrition programs led by [South Dakota Department of Human Services](#)

### Select Food and Nutrition Security Programs

#### Healthy Food Incentive Programs

- [Double Up Food Buck South Dakota](#) led by South Dakota State University Extension.

#### Community Nutrition Education Programs

- Expanded Food and Nutrition Education Program (EFNEP)
  - [South Dakota State University Extension](#)
- Supplemental Nutrition Assistance Program Education (SNAP-Ed)
  - The [South Dakota Department of Social Services](#) is the state agency responsible for SD SNAP-Ed. SNAP-Ed implementing agencies include:
    - [South Dakota State University Extension](#)
  - View [more information](#).

### **COVID Response**

- Pandemic EBT (P-EBT) Program resources are available at the [South Dakota Department of Social Services](#).

### **Food (Policy) Coalitions and Councils**

- For a [list of food policy councils](#) in South Dakota.

### **Other Collaborators to Consider**

- [National Farm to School Network - South Dakota](#) increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.
- [Sioux Falls Thrive](#) aims to improve the support systems on which children and their families depend.

### **Data Sources and Resources**

- [South Dakota Profile of Hunger, Poverty and Federal Nutrition Programs](#) - Food Research and Action Center
- [Growing Healthy Families and Communities SNAP-Ed Impact Report](#) (October 2019-September 2020) - SDSU Extension

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The Improving Food Security, Access to Safe Physical Activity, and Social Connectedness (otherwise known as the Building Resilient Inclusive Communities, or BRIC) program is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$7,000,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

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