Oregon Food and Nutrition Security State Profile

Overview

According to the U.S. Department of Agriculture's Economic Research Service (USDA ERS), 9.2% of households in Oregon (Ore.) experienced food insecurity between 2018-2020. The prevalence of obesity among adults living in Oregon was 28.1% in 2020, as reported by the Behavioral Risk Factor Surveillance System (BRFSS).

Demographic Overview

2019 U.S. Census data reports Oregon has an estimated population of 4,217,737. They identify as white (86.7%), Black (2.2%), American Indian and Alaska Native (1.8%), Asian (4.9%), Native Hawaiian and Other Pacific Islander (0.5%) only. According to the 2019 Census report, 13.4% identify as Hispanic or Latino. In 2019, 11.4% of Oregonian residents experienced poverty.

Charitable Food System

Food Banks and Pantries

- Oregon Food Bank
  - View more information on programs offered.
  - Serves Oregon counties: view specific counties.
  - View a pantry locator.

- CCA Regional Food Bank
  - View more information on programs offered.
  - Serves Clatsop County.
  - View a pantry locator.

- NeighborImpact
  - View more information on programs offered.
  - Serves Deschutes, Crook, and Jefferson Counties and the Confederated Tribes of Warm Springs
  - View a pantry locator.

- South Coast Food Share
  - View more information on programs offered.
  - Serves Coos and Curry Counties.

- Linn Benton Food Share
  - View more information on programs offered.
  - Serves Linn, Benton, and Lincoln Counties and select services in Polk County.
  - View a pantry locator.

- Josephine County Food Bank
  - Serves Josephine County.
  - View a pantry locator.

- Klamath/Lake Counties Food Bank
  - View more information on programs offered.
  - Serves Klamath-Lake Counties.
  - View a pantry locator.

- Community Connection of Northeast Oregon, Inc
  - View more information on programs offered.
  - Serves Baker, Grant, Union, and Wallowa Counties.

- Yamhill Community Action Partnership
  - View more information on programs offered.
  - Serves Yamhill County.
  - View pantry locator.

- Access Food Share
  - View more information on programs offered.
  - Serves Jackson County.
  - View a pantry locator.

- CAPECO Food Share
  - View more information on programs offered.
  - Serves Umatilla, Morrow, Gilliam, Wheeler, Sherman, Wasco, and Hood River Counties.

- Food Share of Lincoln County
  - View more information on programs offered.
  - Serves Lincoln County.
  - View a pantry locator.

- Feeding Umpqua
  - Click here for more information on programs offered.
  - Serves Douglas county.

- Columbia Pacific Food Bank
  - View more information on programs offered.
  - Serves Columbia County.
  - For pantry locator, click here.

- Clark County Food Bank
  - Click here for more information on programs offered.
  - Serves Clark county.
  - View a pantry locator.

Feeding Programs

- Senior Feeding
  - Senior Farmers Market Nutrition Program is administered by Oregon Health Authority in partnership with the Oregon Department of Human Services
  - Congregate and Home-Delivery nutrition programs led by Oregon Department of Human Services

Select Food and Nutrition Security Programs

Healthy Food Incentive Programs

- Gus Schumacher Nutrition Incentive Program (GusNIP)
  - *Current Funding*:
    - Double Up Food Bucks Oregon Expansion: Innovating to Reach More Farmers Markets, Groceries, and CSAs (2020-2023) led by Farmers Market Fund.
    - CSA Partnerships for Health: Connecting Local Farmers and Health Clinics for Well-Nourished Communities (2020-2023) led by Friends of Zenger Farm.

Community Nutrition Education Programs

- Expanded Food and Nutrition Education Program (EFNEP)
  - Oregon State University Extension

- Supplemental Nutrition Assistance Program Education (SNAP-Ed)
  - The Oregon Department of Human Services is the state agency responsible for OR SNAP-Ed. SNAP-Ed implementing agencies include:
    - Oregon State University Extension
  - View more information.

COVID Response

- Pandemic EBT (P-EBT) Program resources are available at the Oregon Department of Human Services.

Food (Policy) Coalitions and Councils

- For a list of food policy councils in Oregon.

Other Collaborators to Consider

- National Farm to School Network - Oregon increases access to local food and nutrition education to improve children's health, strengthen family farms, and cultivate vibrant communities.
- Partners of Hunger Free Oregon is a statewide anti-poverty advocacy organization focused on ending hunger in Oregon.

Data Sources and Resources

- Oregon Profile of Hunger, Poverty and Federal Nutrition Programs - Food Research and Action Center

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The National Association of Chronic Disease Directors (NACDD) and its more than 7,000 Members seek to strengthen state-based leadership and expertise for chronic disease prevention and control in states and nationally. For more information, visit chronicdisease.org.